

APPENDIX D

SUMMARY OF TREATMENT LITERATURE

Case Studies (n of 1)

Author(s) / Year	Technique / Approach	Follow-up Period
Lindner, 1950	Psychoanalytic	not specified
Reider, 1960	Psychoanalytic	not specified
Harris, 1964	Psychoanalytic	not specified
Victor and Krug, 1967	Psychoanalytic (paradoxical intention)	not specified
Goorney, 1968	Behavioral (aversive therapy)	12 months
Kraft, 1970	Behavioral (systematic desensitization)	1 year
Cotler, 1971	Behavioral (aversive and covert sensitization)	9 months
Bannister, 1977	Cognitive (rational emotive therapy and covert sensitization)	2.5 years
Dickerson and Weeks, 1979	Behavioral (behavioral counseling)	15 months
Rankin, 1982	Behavioral (behavioral counseling)	2 years
Toneatto and Sobell, 1990	Cognitive	6 months
Hollander et al., 1992	Pharmacotreatment	not specified
Seager et al., 1992	Behavioral (marriage counseling)	not specified
Sharpe and Tarrier, 1992	Cognitive (relaxation training, imaginal and in vivo exposure, cognitive restructuring)	10 months
Haller and Hinterhuber, 1994	Pharmacotreatment (carbamazepine)	not specified

Noncontrolled / Descriptive

Author(s) / Year	Sample Size	Technique /Approach	Follow-up Period
Bergler, 1958	60	Psychoanalytic	not specified
Barker and Miller, 1966	5	Behavioral (aversive therapy)	several months - 2 years
Boyd and Bolen, 1970	9	Psychoanalytic (marital group therapy)	end of treatment
Seager, 1970	14	Behavioral (electrical aversion therapy)	1-3 years
Koller, 1972	20	Behavioral (aversive therapy)	6 months - 2 years
Moskowitz, 1980	3	Pharmacotreatment (lithium)	not specified
Greenberg and Marks, 1982	7	Behavioral (desensitization)	6 months
Greenberg and Rankin, 1982	26	Behavioral (stimulus control exposure and covert sensitization)	9 months - 5 years
Salzman, 1982	4	Behavioral (aversion)	not specified
Russo et al., 1984	60	Multimodal (group therapy, education, Gamblers Anonymous, discharge plan)	1 year
Taber et al., 1987	57	Multimodal (group therapy, education, Gamblers Anonymous, discharge plan)	6 months
Hudak et al., 1989	99 treated (26 followed-up)	Multimodal (education, individual, family and group therapy, communication skills training, specific discharge plan)	4 years
Arribas and Martinez, 1991	4	Cognitive (self-monitoring, exposure, stimulus control, response prevention, cognitive restructuring, family intervention, relapse prevention)	3 and 6 months

Author(s) / Year	Sample Size	Technique /Approach	Follow-up Period
Schwarz and Lindner, 1992	58 treated (25 contacted at 2-year follow-up)	Multimodal (medical, group, individual, occupational and family therapy)	1 and 2 years
Sylvain and Ladouceur, 1992	3	Cognitive (education, cognitive restructuring, relapse prevention)	3 and 6 months
Bujold et al., 1994	3	Cognitive (cognitive /behavioral)	3, 6, and 9 months
Ladouceur et al., 1994	4	Cognitive (information about gambling, cognitive restructuring, problem-solving training, social skills training, relapse prevention)	3 and 6 months
Stinchfield and Winters, 1996	274 (Sample for whom discharge, 6 and 12 month data obtained)	Multimodal (individual and group psychotherapy, lectures, participation in self-help groups, family counseling)	Discharge, 6 and 12 months
Hand, 1998	68	Multimodal (motivational interviewing, behavior therapy, family counseling)	not specified

Controlled (random assignment and comparison groups)

Author(s) / Year	Sample Size	Technique /Approach	Follow-up Period
McConaghy et al., 1983 ^c	20 (imaginal desensitization = 10 aversive = 10)	Behavioral	1 year
McConaghy et al., 1988	20 (imaginal desensitization = 10 imaginal relaxation=10)	Behavioral	1 month and 1 year
McConaghy et. al, 1991	120 (imaginal desensitization = 60 ^a other behavioral procedures = 60 ^b)	Behavioral	2-9 years
Echeburua et al., 1994	64 (individual stimulus control = 16 in vivo exposure with response prevention = 16 group cognitive restructuring = 16 waiting List = 16)	Cognitive	6 months
Sylvain et al., 1997	29 (cognitive/behavioral = 14 control = 15)	Cognitive	6 and 12 months

^a = 33 followed-up.

^b = 30 followed-up.

^c = labeled as controlled, but random assignment not mentioned.