

42nd MEETING

NATIONAL BIOETHICS ADVISORY COMMISSION

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I N D E X

1		
2		
3	Opening Remarks	
4	Harold T. Shapiro, Ph.D.	3
5		
6	<u>ETHICAL ISSUES IN INTERNATIONAL RESEARCH</u>	
7		
8	Discussion of Draft Report	8
9	Harold T. Shapiro, Ph.D.	
10	Ruth Macklin, Ph.D.	
11	Alice Page, J.D., M.P.H.	
12		

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P R O C E E D I N G S

OPENING REMARKS

HAROLD T. SHAPIRO, Ph.D.

DR. SHAPIRO: Colleagues, I would like to get started.

First of all, I want to thank Marjorie and a number of early birds who showed up for the video. Someone suggested if we started all our second day meetings with a video we would start promptly. I do not -- probably we are not going to test that proposition but, in any case, thank you all for being here.

Let me say a few words about where I --

PROFESSOR CAPRON: Could we also thank Robyn and her daughters and her husband?

DR. SHAPIRO: Very appropriate. Yes, for the wonderful time last evening. Thank you very much for mentioning that, Alex. Thank you. I hope you will convey to Robyn our appreciation. Thank you very much for mentioning it.

DR. MESLIN: Sure will.

DR. SHAPIRO: Let me tell you where I think we are now on the International Report since we only have an hour-and-a-half left. We are going to get everything done in an hour-and-a-half.

My proposal is as follows: We are going to

1 go through as promised some alternative
2 recommendations coming from Chapter 4. Recall we
3 were discussing about what the alternative
4 recommendations we might make regarding what is owed
5 to participants subsequent to a trial. You all have
6 in front of you a document that looks -- which has
7 these reformulated recommendations in front of them.

8 With respect to Chapter 4 Recommendation 2
9 there are four alternatives, which are just for
10 purposes of our discussion to see where we really
11 want to come out on this. That will be -- we will
12 turn to that in a moment. And then there are some
13 recommendations which we are struggling with on 7
14 from Chapter 2, Recommendation 7 or 7 and 8 depending
15 on how we end up numbering these, where Ruth and
16 Alice have some suggestions here based on their own
17 conversations yesterday.

18 In a few moments I am going to turn to Ruth
19 so we can go -- she will explain that and we can go
20 through and make our -- at least some initial
21 decisions on those issues.

22 We will then turn to Chapter 5 and get at
23 least an initial set of comments with respect to
24 Chapter 5, the current draft of Chapter 5, from
25 commissioners.

26 Hopefully, we will then have some time left
27 to at least get some initial reactions also to the

1 material that Alex left with us yesterday. I hope
2 many people have had a chance to read that in the
3 interim and I will certainly ask Alex to speak about
4 that. That is alternative material to material we
5 already have in Chapter 1.

6 But let me say before we turn to look at
7 these recommendations, Chapter 5 and so on and so
8 forth, let me say a word about where I think we are
9 on the broad nature of this report.

10 I have just spoken to Ruth just a few
11 moments ago this morning. I would like myself a
12 chance to -- as I said to Ruth -- rethink in some
13 global way just the whole structure of the report and
14 its nature and what it is that we say. So I am going
15 to take a stab at redrafting this report over the
16 next month or so dealing with some issues which I
17 have not fully -- there are some issues here which I
18 have not fully thought out yet. There are some
19 issues which I think are purely pedagogical issues as
20 I explained to Ruth a few moments ago.

21 To take an example of a simple example, and
22 I keep forgetting what is in what chapter but there
23 is a -- on Chapter 3 there is a very long, and I
24 think very useful description of clinical trials,
25 alternative clinical trials, and I actually think it
26 is extremely useful material. I am not sure,
27 however, it belongs in the text as opposed to an

1 appendix with the text really focusing on why it is
2 it is important to understand these things and
3 sending people to an appendix. That is a purely
4 pedagogical organizational issue.

5 But there are a series of issues like that
6 which I think want to think through a little more
7 carefully than I have had a chance to really think
8 through so far with respect to again what it is that
9 is owed, the recommendations we are going to talk
10 about here in a moment.

11 Speaking now only for myself, I want to
12 think through more deeply than I have what the real
13 basis of that obligation is. I think I have a clear
14 idea in my mind and I want to at least get a chance
15 to put that more carefully before the commission
16 before we move ahead, et cetera. I am not going to
17 go through a long list of these things. There are
18 not probably a very long list but they are nontrivial
19 issues.

20 And so I am going to -- I want the
21 opportunity if the commission agrees to take a stab
22 at that. That means that we will probably delay --
23 not probably, definitely will delay the public
24 comment period because I do not think that I am going
25 to be able to get through that in less than a month
26 and then provide a new chapter -- not a new chapter,
27 a new draft perhaps or a new somewhat altered in some

1 way -- I do not want to predict right now -- for the
2 commission to think about.

3 There are other kinds of issues, which I am
4 not going to take time this morning because I really
5 want us to focus on the recommendations which are
6 still a little unresolved in my own mind and as I
7 said to Ruth this morning I do not want to just come
8 up with this on an ad hoc basis and always sending
9 back someone else to write them out and take care of
10 them.

11 I think that is not a stable process so that
12 I am going to take a shot at incorporating all -- in
13 my thinking of course -- all the comments and
14 suggestions that have come up from various members of
15 the commission, especially a lot of the material that
16 has come over e-mail, which has been very helpful at
17 least to my own thinking.

18 So I wanted to just mention that and tell
19 you -- I now see that our schedule is going to
20 probably move back about 30 days, something of that
21 nature, something close to that, but at least I -- if
22 the commission is willing to tolerate that, I think
23 that at least speaking for myself I would just feel
24 more comfortable with the nature of the arguments
25 that we are putting forward.

26 Now whether -- the irony of all this is I
27 might do all that deep and wonderful thinking and

1 change absolutely nothing regarding the
2 recommendations. That is a clear possibility. As a
3 matter of fact, it is a high probability but at
4 least, speaking for myself, I want to have a chance
5 to think through the arguments more carefully than
6 perhaps I have and I may be the only one here in that
7 position but I think that ought to be done.

8 So that is how we are going to proceed but
9 that is not something we need to have a lot of
10 discussion on this morning.

11 I want to turn directly to the
12 recommendations. If any of you have any concerns
13 about that change in the schedule, let's take it up
14 at the break and so on. I do not want to take our
15 valuable time this morning. There is flexibility in
16 all that.

17 So let's turn now to the material you have
18 in front of us, Chapter 4, Recommendation 2.

19 Ruth, would you like to just describe these
20 various options here and then we can open it up for
21 discussion?

22 ETHICAL ISSUES IN INTERNATIONAL RESEARCH

23 DISCUSSION OF DRAFT REPORT

24 DR. MACKLIN: Yes. There are now four
25 options. This is apropos yesterday's discussion.
26 There was some uncertainty both about the wording and
27 the substance.

1 The current version is listed as option A
2 and that is what currently appears as Recommendation
3 2 in Chapter 4. The other three are variations and
4 we intentionally refrained from using the adjectives
5 "strong and weak" because yesterday when we were
6 discussing these there was -- those words were used
7 but it is not entirely clear that they are useful in
8 this discussion.

9 So let's just look at them. (A) is as it
10 stands. The one we heard yesterday.

11 (B) is substantially changed. "After the
12 trial is concluded sponsors should continue to
13 provide the research, product or other effective
14 treatment provided during the research to the
15 participating subjects for as long as they need it
16 and if they would not otherwise have access to an
17 established effective treatment. The product should
18 be provided free of charge or at an affordable cost
19 to be negotiated by the relevant parties."

20 Now you see what this says, it actually -- I
21 will use the word "strong." I mean it strongly here
22 requires providing the effective treatment to the
23 subject for as long as they need it so that that is
24 not up for negotiation. What is up for negotiation
25 is whether it is free of charge or at an affordable
26 price and the price itself would be negotiated.

27 So that takes away some of what was in

1 version A, some of which is to be negotiated. Here
2 it says clearly what they should get.

3 Version C begins with the presumption, as it
4 says, "a presumption exists that after the trial is
5 concluded sponsors should continue to provide the
6 research product or other effective treatment
7 provided during the research to the participating
8 subjects if they would not otherwise have access to
9 an established effective treatment."

10 The second sentence, "The length of time and
11 the costs are to be negotiated among the relevant
12 parties."

13 Now the difference between A and C is that A
14 begins by saying "Sponsors should continue to provide
15 it," and then leaves things up to the negotiation
16 where (C) simply states a presumption. It does not
17 state it in the form of a should.

18 And then finally (D) is the version in which
19 everything is negotiated. "Sponsors should negotiate
20 with health authorities in the host country whether
21 any products provided during the research will
22 continue to be made available to participating
23 subjects who still need them after the trial is
24 concluded and, if so, the costs and duration of those
25 products."

26 All four versions are addressing the
27 question of people who were participants, who needed

1 a treatment during or something during the trial, got
2 either the effective treatment or perhaps -- I mean,
3 the experimental treatment that was successful or
4 perhaps in the control arm an established effective
5 treatment, and they still need it after the trial.

6 DR. SHAPIRO: Alta, are you with us?

7 PROFESSOR CHARO: Yes, I am.

8 DR. SHAPIRO: Thank you very much. Good
9 morning.

10 PROFESSOR CHARO: Good morning.

11 DR. SHAPIRO: Alex, is this a clarifying
12 question?

13 PROFESSOR CAPRON: Yes.

14 DR. SHAPIRO: Yes.

15 PROFESSOR CAPRON: I want to make sure that
16 I understand the revision has another change which I
17 think I like and you say the research project --
18 product or other effective treatment. That is to be
19 responsive to the situation in which it was found
20 that the experimental intervention was not useful but
21 the established was. Is that correct?

22 DR. MACKLIN: Yes. And, in fact -- well,
23 either. It could be either. In other words, it
24 could be --

25 PROFESSOR CAPRON: Yes, okay.

26 DR. MACKLIN: -- it could be that the
27 established effective treatment turned out not to be

1 effective or too harmful but there was a control arm
2 that had an established effective treatment or it
3 could be that the product -- the experimental product
4 is successful but afterwards for whatever reason that
5 may not be available but some effective treatment
6 would be available. That is the change, you are
7 right.

8 PROFESSOR CAPRON: And just also to -- that
9 change could be made in version A, I suppose, as
10 well, or was that intended only to be made in the
11 others?

12 DR. MACKLIN: The intention was just to have
13 one that stands as the current version.

14 PROFESSOR CAPRON: I see. Okay.

15 DR. MACKLIN: It could be made. I mean,
16 that could be an amendment to A, you know, but this
17 was just to say what it currently says because that
18 is what we debated yesterday and then these
19 alternatives.

20 PROFESSOR CAPRON: Could I ask one other
21 question? In light of Larry's concern about the
22 relationship between Recommendation 2 and
23 Recommendation 4, would we have a chance to discuss
24 the possibility that even in the strong version B,
25 the phrase would be "as long as they need it until it
26 becomes -- until such time as it becomes a licensed
27 product that is available for treatment" or some

1 such. I mean, there is a difference between forever
2 and, as Larry said, there was some discussion in 4,
3 Recommendation 4, about what happens to the rest of
4 the people in the country. Or is that a -- is
5 that incompatible with --

6 DR. MACKLIN: Well, I mean that essentially
7 weakens B because this says if they would not
8 otherwise have access to it. Now it could be a
9 licensed product but they may not have access to it
10 because although it is a licensed product they just
11 simply cannot afford it. So it is a different -- it
12 would make a different point.

13 DR. SHAPIRO: Let me suggest something here.
14 Just a way of proceeding in our discussion.

15 PROFESSOR CAPRON: I also wanted to say
16 thank you. I think it was very helpful to have these
17 alternatives.

18 DR. SHAPIRO: I want to focus, if it is all
19 right with the commissioners, on item B here.
20 Although we are trying to avoid strong and weak, good
21 and bad, and those kinds of phrases, it is very hard
22 to do so. But B obviously is -- I mean, to me, is
23 the clearest and strongest obligation if you want to
24 put it that way. It is a strong obligation.

25 And in some ways, to me, it is the clearest
26 and most satisfactory because as, I think, maybe Eric
27 pointed out yesterday, if -- you do not have a

1 stopping rule with B. Whereas otherwise you need a
2 stopping rule and it is hard to figure out what that
3 rule would be. If it is not the end of the trial is
4 not a good stopping rule then everything -- anything
5 else is pretty arbitrary as well.

6 And so I really want to see if -- if the
7 commission is uncomfortable with B or some
8 appropriate version of B then, of course, we have to
9 move to A, C or D and have that discussion. But it
10 seems to me that either saying we like or feel
11 uncomfortable with B, that is too much in some way,
12 would be helpful to get -- either accept that or put
13 it aside and go on with the next recommendation.

14 Larry?

15 MI: As I said before, I think we have an
16 obligation. There should be an obligation to the
17 trial participants but I am not for -- and I am
18 totally uncommitted for ever commitment.

19 DR. SHAPIRO: Eric?

20 DR. CASSELL: Well, I feel the same way. I
21 mean, on what basis should they have such an
22 obligation? That they were able to do a trial and
23 there is no end to it and it does not matter what it
24 costs. I just do not think that can happen. It just
25 cannot happen. And I do not think we ought to have
26 recommendations that really are not do-able.

27 DR. SHAPIRO: Bette?

1 MS. KRAMER: I had a clarifying question.
2 Would this include if it were a placebo arm in a
3 study, would this include the people in the placebo
4 arm?

5 DR. MACKLIN: Yes.

6 MS. KRAMER: Okay. Thank you.

7 DR. SHAPIRO: Other comments or questions
8 with respect to B? I do not understand why it is not
9 do-able. It may not be advisable but why is it not
10 do-able?

11 DR. CASSELL: Well, I mean, I suppose it is
12 a very expensive drug. Do-able in the sense of
13 anything can be done, right? Enough might and enough
14 concern and enough real care, and you can do
15 anything.

16 DR. SHAPIRO: Okay. That is fine. I
17 understand.

18 Rhetaugh?

19 DR. DUMAS: I would argue that it is do-able
20 and it says to provide it either free or at an
21 affordable cost. So it need not necessarily be
22 something that is free forever. I like B and I would
23 support that one.

24 DR. SHAPIRO: Steve, and then Larry, and
25 then Arturo.

26 MR. HOLTZMAN: There are many products which
27 one might wish to test which in their nature do not

1 take the form of a pill. They take the form of, for
2 example, an infusion product, which assumes an
3 infrastructure of a certain kind and type. For
4 example, refrigeration, electricity, clinics, et
5 cetera, et cetera.

6 The issue of a provision to a subject
7 population who are participants from the perspective
8 of a sponsor, say a pharmaceutical company, is not
9 the cost. If you are dealing with a few thousand
10 people, all right, being able to provide it in terms
11 of the cost of the drug for free or whatnot is not
12 your issue.

13 I am more concerned about the do-ability of
14 this for all cases and the pragmatics of it. So
15 suppose the participant moves, for example. Is there
16 an obligation to continue to follow them?

17 So I am inclined more to the presumption and
18 it being a strong presumption, all right, that
19 dealing with the individual case by case to see what
20 makes it possible.

21 DR. SHAPIRO: Thank you.

22 Larry?

23 DR. MIIKE: I had the same -- I was just
24 going to make the same comment as Steve. It is --
25 especially if -- just look at the consequences of it.
26 You have an NIH and a CDC project going on in these
27 countries. How are you going to actually implement

1 this in any way? I just do not see it. Especially
2 now you have a tempering phrase here, "at affordable
3 cost." I suppose that means affordable cost to the
4 host country and the participants. I just do not see
5 any way in which you can do this.

6 DR. SHAPIRO: Arturo?

7 DR. BRITO: I have a little bit of a
8 discomfort with this because of several reasons. One
9 is something we have talked about before, is about
10 the therapeutic misconception or the idea of undue
11 inducements to get people to participate or what have
12 you, and it is really more undue inducement, the
13 therapeutic misconception here. The other is I fear
14 that this may deter people from doing some research
15 in foreign countries.

16 I think that the obligation here is really -
17 - and I have kind of swung back this way. The
18 obligation here to the participants just to be honest
19 from the get go of what will and will not be
20 available. And I think as long as the participants
21 are not made worse off, okay, through a research
22 study, then the obligation is not necessarily to
23 continue to provide the treatment.

24 DR. SHAPIRO: Rhetaugh?

25 DR. DUMAS: It raises a question in my mind,
26 though, of what the benefit is then to the host
27 country and to the people who are involved. It seems

1 to me that if it is not feasible to carry forward
2 whatever it is that is being tested in the research
3 then it is not feasible to do it in that country.

4 MR. HOLTZMAN: Not necessarily. Right. I
5 can think of the situation, for example, with an
6 infusion product which could be broadly available in
7 the urban centers of a country where there is
8 electricity but not in the rural areas and some of
9 the participants in the trial may have come from
10 rural communities.

11 DR. DUMAS: So in a sense you would exploit
12 the rural dwellers in the interest of the more urban
13 ones.

14 MR. HOLTZMAN: That is -- I am imagining a
15 situation in which there is a broad base in the trial
16 and I can imagine people also who become mobile and
17 move.

18 DR. DUMAS: Okay. I think that this does
19 not say that if there are exigencies, I cannot say
20 that word too good, that cannot be overcome that they
21 could not be negotiated. I think a setting for the
22 principle and then if there are reasons they find
23 that make it impossible then it is impossible but I
24 do not think we should eliminate the principle.

25 DR. SHAPIRO: Jim?

26 PROFESSOR CHILDRESS: I think we seem to
27 have a lot of agreement actually just despite the

1 unclarity about which recommendation to emphasize.
2 And I am torn because I think that whether we use the
3 language of ideal or strong obligation or prima facie
4 obligation or presumption that there seems to be a
5 consensus that we really want to state something here
6 that this is a direction that ought to be pursued
7 vigorously.

8 And yet the pragmatics that have been
9 emphasized, the questions of feasibility and so
10 forth, are certainly very strong and point in the
11 direction of some kind of negotiation. And I guess
12 that pushes me more sort of along the lines of Steve
13 towards something like C as long as that presumption
14 is understood in a very strong way.

15 DR. SHAPIRO: Other comments?

16 Now one could -- if pragmatic concerns, that
17 is logistical concerns of one kind or another are the
18 reasons to not stick with B, that is one set of
19 issues. That can be accommodated by some kind of
20 language. However, there are other reasons to be
21 against B which have been raised here, such as the
22 incentive structure is wrong and so on. There are
23 different kinds of reasons to be against B. Some of
24 which are pragmatic but others are much more -- are -
25 - cannot be overcome in some sense. The incentive
26 issue cannot be overcome as long as you have that.
27 And those of you concerned that this -- as Arturo, I

1 think, may have said that this accentuates the
2 therapeutic misconception and so on, that cannot be
3 overcome either if you are promising health benefits
4 of this kind. It is just a sort of built in
5 principle.

6 So for whatever set of reasons you might
7 have, different commissioners, how many of you would
8 favor moving from B to something -- I do not want to
9 say less indifferent than -- how many of you would
10 favor moving from that and using something like C or
11 A as a basis for trying to form a recommendation? I
12 want to have a show of hands.

13 All those in favor of moving in that
14 direction?

15 (A show of hands.)

16 DR. SHAPIRO: Alta?

17 PROFESSOR CHARO: I am sorry, Harold.

18 DR. SHAPIRO: Yes.

19 PROFESSOR CHARO: I am sorry. I am a little
20 bit confused. I thought that A was the current
21 version. So when you talk about moving from B, I am
22 a little confused.

23 DR. SHAPIRO: B is the -- what, I guess, I
24 call the stronger version, that is it has an
25 indefinite time period associated with it.

26 PROFESSOR CHARO: Right.

27 DR. SHAPIRO: That is the difference -- a

1 key difference between B and A where that issue is up
2 -- time is one of the issues to negotiate under A,
3 the current version. Whereas in B time is not a
4 negotiable thing.

5 PROFESSOR CHARO: Right. No, I guess -- I
6 am sorry. I apologize. Every once in a while
7 without the hand motions it is a little hard to
8 follow the discussion.

9 DR. SHAPIRO: I understand.

10 PROFESSOR CHARO: Are you now asking people
11 to raise their hands in favor of A/C?

12 DR. SHAPIRO: Right.

13 PROFESSOR CHARO: As opposed to B?

14 DR. SHAPIRO: Correct.

15 PROFESSOR CHARO: Okay.

16 DR. SHAPIRO: Thank you very much.

17 Let me see a show of hands again. I am
18 sorry.

19 (A show of hands.)

20 PROFESSOR CHARO: I will put a hand up for
21 C.

22 DR. SHAPIRO: Okay. It is clear that a
23 majority of the commission really prefers moving to
24 something like A or C.

25 PROFESSOR CAPRON: Was her hand --

26 DR. SHAPIRO: Her hand was up.

27 PROFESSOR CAPRON: Oh, her hand was up.

1 DR. SHAPIRO: Hand was up. A/C. Okay.

2 And now let's just put B aside for a moment
3 and see if there are any suggestions regarding A and
4 C or I guess people want to be close to a strong
5 presumption. I guess that is how Jim phrased it.

6 Is that the general feeling here, Alex?

7 PROFESSOR CAPRON: The problem that I have
8 been having in the discussion is trying to figure out
9 how we would state the criteria for judging that the
10 presumption has been rebutted because we have done
11 that vis-a-vis other recommendations and explained
12 criteria. And that is actually -- I mean, to me -- I
13 have been sitting here trying to come up with a list.

14 On the one hand there are reasons for
15 limiting vis-a-vis any particular participant of the
16 type Steve has raised where it becomes logistically
17 difficult because of choice made by the participant.

18 Would the notion that NIH cannot without
19 multi-year budgets commit itself indefinitely into
20 the future, is that a reason? Is the fact that the
21 company is a small biotech company developing a
22 vaccine and its financial underwriters are unwilling
23 to place its existence at risk? Is the notion that
24 it would simply be too -- so burdensome that the rate
25 of innovation would decline that the company says,
26 well, you know, we could be testing ten or 15
27 different promising things but with this kind of

1 obligation we are only going to test one because the
2 financial obligation even for a large company -- I
3 mean, I do not know what the list -- and these are --
4 in other words, these are policy considerations why
5 it may not make sense to have the policy rather than
6 individual factors which an IRB or -- I mean, this is
7 not even for an IRB.

8 The other times we have an IRB we have a
9 process where that involves a group of people who are
10 applying a set of criteria. Here it seems to me we
11 are setting up something where if it does not happen
12 people from the outside will say either, "Well, that
13 was anticipated and the way they went about deciding
14 not to do that met the criteria that were set and it
15 is a legitimate choice. It is not an unethical
16 research project for that reason."

17 I do not know what that process would be or
18 what criteria people would be expecting to apply. I
19 have that difficulty.

20 DR. MIIKE: May I respond to that?

21 DR. SHAPIRO: Yes, Larry?

22 DR. MIIKE: I want to respond in two ways.
23 One is that I do not -- I do not see why we are
24 putting a presumption exists in front of this one.
25 We should just make a bold statement that this should
26 be done. Second of all -- that makes it a little
27 stronger.

1 Second of all, whatever we do, it is not a
2 legal mandate or something that is going to be
3 absolutely -- they have to do. It is sort of like it
4 is our ethical -- we are making an ethical statement
5 about it here. So what would then happen in cases of
6 NIH, et cetera, is that this is our recommendation.

7 Our recommendation is not, oh, you guys can
8 -- you know, maybe if you want to negotiate on
9 continue providing the effective treatment, that is
10 fine. Because all we are doing is sort of raising
11 the standard about what they should be doing. So
12 whatever we suggest, if people choose to ignore it,
13 they are going to ignore it.

14 But I think that -- what the importance is
15 that we do not say it is a presumption that there
16 should be -- there is an obligation to provide these
17 benefits but there should be flexibility enough in
18 terms of the time and how it actually is going to be
19 priced, et cetera.

20 PROFESSOR CAPRON: Larry, I agree.

21 MI: I think that is all we are saying.

22 PROFESSOR CAPRON: I agree with you and I
23 was already starting to try to write out -- if we had
24 the first sentence -- in other words, if we had B and
25 then we had another sentence which says this
26 presumption may be overcome -- and I was trying then
27 to say what it was that would overcome it because I

1 agree with you it is a matter of looking at
2 something.

3 I mean, suppose this did not -- suppose NIH
4 launches a big trial of something and does not do
5 this. And suppose we were still in existence and
6 someone came to us and said, "Did they do the right
7 thing?" I guess I would want to know, well, how hard
8 did they try to do this? I mean, what -- did they
9 cost it out? Did they figure out what was involved?
10 Did they take the considerations of the types Steve
11 raised and so forth? Did they go through all that?

12 But I would like to let them know in advance
13 the criteria I would use in saying, yes, this was
14 reasonable after all. They operated under what was
15 really a presumption and they overcame the
16 presumption. Or is it just ad hoc'ing on our part?

17 DR. SHAPIRO: Okay. A number of people want
18 to talk.

19 Eric?

20 DR. CASSELL: Well, I find what Alex has
21 said persuasive and I am trying to figure out a way
22 where we can make it clear. What we feel is that a
23 sponsor has an obligation to subjects in a trial
24 after the trial is concluded. That is our
25 presumption that that obligation exists.

26 The minute we begin to specify it, we get
27 into the kinds of troubles that Alex was just talking

1 about. I really believe that our statement -- the
2 ethical -- the statement of ethics is an obligation
3 continues after a trial is over to the participants
4 of the trial. The nature, duration and extent of
5 that obligation should be negotiated before the trial
6 starts.

7 DR. SHAPIRO: Okay.

8 Steve?

9 MR. HOLTZMAN: What I do not like about C is
10 the fact that the word "presumption" feels awfully
11 thin. Okay. I think we are all kind of responding
12 to that. And yet at the same time I actually
13 disagree with you, Larry, that the should is just a
14 hortatory, whatever the word is, word there.

15 I mean, I think the way we think about
16 ourselves or ought to think about ourselves is if we
17 write a "should" it means that we would be happy if
18 it was codified that no trial would be undertaken
19 unless it met the condition.

20 So my view is that we want something that
21 says there is a rebuttable presumption. Okay.

22 I would then go along with Eric that I think
23 that what is less important. It is not so much the
24 length of time and the cost, it is also the nature.

25 And the kind of case I have in mind is where
26 someone like the CDC gets together with the
27 representatives of a Health Ministry of a country and

1 says, "The fastest way we can prove this is by doing
2 clinical trials in 15 or 18 or 30 sites broadly
3 distributed around the country. Now if successful,
4 what is the infrastructure we will need to be able to
5 provide for all?"

6 And it is possible you will not be able to
7 provide for all but there is a generalized benefit
8 and working out, as best they can, and it is not the
9 best of -- it is just the best of all possible
10 worlds. It is not the best world.

11 So I think that that is the role of the
12 negotiation with the local representatives and giving
13 them the autonomy they deserve to make judgments
14 about what is in their best interest.

15 DR. SHAPIRO: Bernie?

16 DR. LO: On the one hand I am sympathetic
17 with Alex's concern that it would be nice to have
18 some guidelines for investigators and IRBs to follow.
19 On the other hand, I think if we look at the big
20 picture it would be a very big step to say that your
21 obligation as a sponsor, as a researcher, does not
22 end when the clinical trial ends, that you have an
23 ongoing obligation.

24 I do not think we can sit here and predict
25 what all the contingencies are going to be. There is
26 a lot of research. We are not familiar with the
27 types of research going on. I would rather, you

1 know, sort of like a supreme court, do what we have
2 to do, establish a broad principle, say that there
3 may be exceptions, we may give one or two examples,
4 but I would just as soon let that be worked out.
5 That is -- other people are going to have to
6 interpret the notion that we believe very strongly
7 that you should continue to do as much as feasible
8 after the trial ends but not to try and specify so
9 much that we will say things that are so theoretical
10 that they are not going to be very helpful.

11 PROFESSOR CHARO: Hand up.

12 DR. SHAPIRO: Alta?

13 PROFESSOR CHARO: As I am listening to the
14 discussion I am finding myself wondering if option B
15 slightly reworded captures what people are saying.
16 If B were to read "After the trial is concluded
17 sponsors should try to continue to provide the
18 research product..." da, da, da. It seems to
19 indicate that they are expected to make the effort,
20 that we understand sometimes it may not be possible,
21 and that a case by case look is going to be
22 necessary.

23 And in response to Alex, I think what you
24 would be looking at is whether or not it seemed like
25 a sincere effort to find a way to fulfill this
26 requirement.

27 DR. SHAPIRO: Larry?

1 DR. MIIKE: This is in partial response to
2 Steve. I mean, no matter what -- how we phrase this,
3 our recommendations do not have the force of law.
4 That is what I meant. I mean, we are an advisory
5 body.

6 DR. SHAPIRO: That is right.

7 DR. MIIKE: And, therefore, I would like to
8 make as strong a statement as possible without being
9 specific about the actual operational side because I
10 agree with Bernie that what we really want to do is
11 establish the principle that there is an obligation
12 to continue providing care to the participants in a
13 trial.

14 I do not think we can go beyond that. It is
15 for others to work out whether they are going to take
16 us seriously or whether they are going to say that is
17 a default position and we will try to do it unless
18 circumstances say we cannot and how, et cetera.

19 And I think by doing this it gives the host
20 country representatives a reason for bargaining on
21 issues that they thought they might not have been
22 able to bargain with before, and it is up to them to
23 decide whether they are going to bargain so hard that
24 they may not have research done in their country, and
25 it is up to them to decide what the flexibility is in
26 the give and take between them and the drug sponsors.

27 DR. SHAPIRO: Well, let me indicate where I

1 think we are here and I am not going to worry right
2 now about the exact language because we are not going
3 to be able to draft it sitting here today but I think
4 we are agreed, as Jim said a few moments ago, that we
5 believe there is an important obligation, post trial
6 obligation, to the participants in the trial.

7 The number and complexity and variety of
8 research projects, interventions and risks and so on
9 associated with this is too large for us to think
10 that we are going to devise a rule that will be
11 appropriate in all circumstances, the number of
12 sponsors, there are different kinds, different
13 varieties of sponsors, different kinds of trials,
14 risky trials, trials that are virtually without risk
15 and so on that we are not going to be able to specify
16 in any finite sized recommendation just how to deal
17 with these situations but we should try to draft
18 language that we believe that a strong obligation
19 exists.

20 It can be met in a variety of ways. We
21 might, in fact, give some examples as Bernie suggests
22 and -- but our chief message is that people out there
23 ought to be talking about it and coming to some
24 agreement about it in individual cases.

25 That is what I understand us to be agreed on
26 and we will try to develop language that reflects
27 that. I think, you know, we cannot go farther than

1 that this morning. We do not have time to get all
2 those words down but I think it is a pretty clear
3 notion of what we are agreed on.

4 DR. CASSELL: Yes. Just briefly because the
5 obligation exists even if the trial is not
6 successful.

7 DR. SHAPIRO: Yes.

8 DR. CASSELL: And so we are not -- there are
9 no products. The trial failed and yet the obligation
10 continues to the subjects of the trial.

11 DR. SHAPIRO: We will draft language here
12 and we will take a look at it. I think I have a
13 sense of where we are on this.

14 Let's go on then to the Recommendation 7 or
15 Recommendation 7 and 8 on Chapter 2. Let me turn to
16 Ruth to -- because I think Ruth has provided an
17 interesting new framework for considering these and I
18 would like her to describe that to you.

19 DR. MACKLIN: It would probably be useful if
20 you turn to Chapter 2 where that recommendation
21 exists and someone tell me what page that is on,
22 please. 7 and 8. The original 7 and 8.

23 DR. SHAPIRO: 14 and 15.

24 DR. MACKLIN: 14 and 15. And you may still
25 have Alta's version, which I think if you put it side
26 by side that was in the memorandum, in Eric's
27 memorandum, because we are going to be referring to

1 both.

2 Now we start out -- just a brief reminder of
3 what the discussion was yesterday. After a lengthy
4 discussion about whether or not these recommendations
5 should apply to research on conditions that affect
6 only women or whether it should apply to conditions
7 that affect women and men both in what Alice and I
8 came to believe was a rather hasty decision. The
9 commissioners urged the deletion of the word "only"
10 thereby making the recommendation as it stood with 7
11 and 8, either in this version or Alta's version,
12 changing the recommendation so that it did not refer
13 to conditions that affect only women.

14 So our comments begin with that -- against
15 that backdrop so I will just read what we wrote here.

16 To delete the word "only" thereby making
17 this recommendation apply research on conditions that
18 affect both women and men makes no sense. It makes
19 no sense because it is simply not true that the
20 research could not otherwise be conducted -- okay.
21 We are looking at the language in the recommendation
22 -- since it would be conducted using exclusively male
23 subjects.

24 However, the recommendation could still make
25 sense if we were to include or to add an all together
26 different recommendation. To wit: This would be an
27 additional recommendation and it would take this

1 form: "Researchers should recruit women as subjects
2 in all studies on conditions that affect both women
3 and men." That would have to be an additional
4 recommendation and as we discussed very briefly, as I
5 mentioned yesterday, we would then need to have some
6 other paragraphs that say something about the
7 stratification, the analysis of the data separate for
8 men and women, et cetera, in order for that
9 additional recommendation to make any sense.

10 So this paragraph concludes by saying, "This
11 additional recommendation would be necessary if
12 Recommendation 7 were to be broadened to refer to
13 research that affects both men and women."

14 Now that is the first observation. Now we
15 go to Alta's proposed revision, which upon studying
16 it carefully Alice and I found to be problematic
17 because Alta's version differs significantly from the
18 current recommendation or the wording in the current
19 recommendation.

20 Her wording refers to local custom as
21 requiring that a husband or other family member must
22 be approached to gain permission before approaching
23 an adult woman for recruitment. This is distinct
24 from the requirement of a husband's signature or oral
25 permission for his wife to be actually enrolled in
26 the research.

27 The existing Recommendation 7 and 8 or 7

1 rather on 14 and 15 does not refer to approaching a
2 husband for permission to approach the woman but
3 refers instead to the requirement that the husband
4 provide consent or, as we prefer, permission for the
5 woman's participation.

6 So that is an observation on Alta's.

7 And now here is our suggestion: Going back
8 to the original Recommendation 7. We suggest that
9 all this would be clearer if Recommendation 7
10 consisted of the first paragraph only with one change
11 in wording of the first sentence. The bolded
12 material on line 17 is the change in the first
13 sentence and the rest of the paragraph is the
14 existing Recommendation 7 or the first paragraph of
15 Recommendation 7.

16 The newly formulated sentence says,
17 "Researchers should use the same procedures in the
18 informed consent process for women and men to serve
19 as research participants." The change there is from
20 referring to the recruitment procedures, which we
21 have abandoned, and instead talk about the informed
22 consent process.

23 Now if we retain that as Recommendation 7
24 and that is the only wording that will be in the
25 actual recommendation, it would then be preceded by
26 the following paragraph, which is new material:

27 "Much research is directed at conditions

1 that affect both women and men. Yet it is important
2 to consider research that affects only women. A
3 prominent example is research related to
4 contraceptives and their use. Typically recruitment
5 for such studies takes place in a clinic or health
6 center where women come for family planning or other
7 medical services. In these settings, the contact
8 that researchers have with potential research
9 participants precedes any contact researchers have
10 with the spouse. In this initial encounter, a
11 discussion of involvement of the spouse in the
12 subsequent informed consent process should take place
13 without involving the husband in the consent
14 procedures. Otherwise, it would be impossible to
15 conduct some research on common serious health
16 problems that affect only women. The likely
17 consequence of the inability to do such research
18 would be the denial of subsequent benefits of
19 contraceptive and other research to all women in that
20 country. Health authorities may not be willing to
21 approve the introduction of contraceptive products
22 that have not been tested in that country. The
23 prospect of denying such a substantial benefit to all
24 women in a particular culture or country calls for a
25 narrow exception to the rule that researchers should
26 use the same procedures in the consent process for
27 women and men. In order to justify such an

1 exception, researchers must provide evidence that (1)
2 it would be impossible to conduct the research
3 without obtaining permission of women's husbands in
4 addition to their own consent; (2) failure to conduct
5 this research would probably deny its potential
6 benefits to women in the country; and (3) measures to
7 respect the woman's autonomy to consent to research
8 are undertaken to the extent possible."

9 PROFESSOR CHARO: Hand up.

10 DR. SHAPIRO: Alta, I will let you comment
11 first and then Alex and Steve.

12 PROFESSOR CHARO: Ruth, I find it
13 interesting that I apparently did not understand the
14 recommendation the last time it was presented because
15 in the rewrite I was trying not to change the
16 meaning. And I am finding the same confusion
17 apparently here.

18 The way I am reading what you propose, which
19 mostly does not bother me, it appears that it would
20 create an exception for our general rule that nobody
21 consent for anybody else. I do not know if that is
22 the intent. Are you suggesting that there will be
23 times that men should be able to enroll their wives?

24 DR. MACKLIN: No. Let's -- let me read the
25 relevant sentence there again. "In order to justify
26 such an exception, researchers must provide evidence
27 that (1) it would be --" no, I am sorry.

1 PROFESSOR CHARO: So are you saying --

2 DR. MACKLIN: If they want --

3 PROFESSOR CHARO: -- there will be
4 exceptions --

5 DR. MACKLIN: I am sorry.

6 PROFESSOR CHARO: -- to our rule that men --

7 DR. MACKLIN: No. It says --

8 DR. SHAPIRO: Are you reading in the right
9 place?

10 DR. MACKLIN: Yes. "It would be impossible
11 to conduct the research without obtaining permission
12 of women's husbands in addition to their own
13 consent."

14 Now let me just say that recommendation --
15 we still have the phrase "in no case." In
16 Recommendation 8 -- I suppose that has to be put into
17 Recommendation 7. We still want the phrase, "In no
18 case may a family member's permission replace the
19 requirement of individual informed consent." Is that
20 --

21 DR. MIIKE: Excuse me, Ruth.

22 DR. MACKLIN: Is that -- that is in 7 you
23 see. So --

24 DR. MIIKE: Ruth, it is in 7.

25 DR. MACKLIN: It is in 7.

26 DR. MIIKE: It is in your 7.

27 DR. MACKLIN: Okay. It is in 7. So in

1 other words, we say first "in no case may it
2 substitute." So this is the husband's permission in
3 addition to the woman's individual informed consent.
4 I mean, that is what the intent is and if it says,
5 "In no case may it substitute," that should make it
6 clear and then there is this additional phrase that -
7 -

8 PROFESSOR CHARO: But I would only ask that
9 that is pulled out and highlighted because I find --
10 it may be because it is only -- you know, 8:00
11 o'clock here but I find that it gets lost in the
12 shuffle when the exceptions follow the recommendation
13 paragraph and you have all these exceptions. I just
14 would like it to be pulled out a little bit more
15 clearly.

16 DR. MIIKE: Ruth, when you read your revised
17 Recommendation 7 you only read the first sentence.
18 You added a sentence. You still have -- in the rest
19 of it, it explicitly states that.

20 PROFESSOR CHARO: I read the whole thing,
21 Larry. I promise you.

22 DR. SHAPIRO: Okay. Let's -- there is a lot
23 of people who want to speak here. I have Alex,
24 Steve, Diane and Jim.

25 Alex?

26 PROFESSOR CAPRON: I wanted just to have
27 some feedback from people with experience. There is

1 an empirical statement that is stated in terms of a
2 typically where these things happen and then a
3 description that says in these settings, and then
4 this seems to be a universal statement: "The contact
5 researchers have with potential research participants
6 precedes any contact they will have with the spouse."

7 And what I worry about, Ruth, is we are
8 later talking about a process of community
9 involvement and if you think of situations where
10 there is such community involvement, wouldn't the
11 fact of the research already have been discussed in
12 the community? And if it were research that involved
13 the potential for something where women would be
14 asked to do something and their husbands in the local
15 custom are always involved first before a woman is
16 recruited or actually is even given medical care that
17 people would know about this?

18 I mean, the notion that you, in effect, can
19 get to the women without the men knowing that you are
20 doing that, which is what this seems to turn on -- I
21 am just asking is that a realistic description of the
22 situation.

23 DR. MACKLIN: Well, the typically -- and
24 here I guess I am drawing on my own knowledge and
25 experience in the area of reproductive health
26 internationally. The "typically" refers to what is
27 the case and what normally does take place. And, in

1 fact, earlier in the chapter there is a discussion or
2 a description of some research that was conducted at
3 a women's health facility. Some research in Chile
4 and the research was actually -- it was a description
5 of the procedures and also the study. So, I mean,
6 that is just an illustration but that is typically
7 what is the case.

8 Now what you are referring to is the
9 proposal that there be community involvement or
10 community consultation in some sense and that is
11 something that has not yet occurred. It is -- even
12 if it were to occur, that is it is something that we
13 propose and endorse, there are two questions. I
14 mean, this could be elaborated, I suppose. There are
15 two issues here.

16 One is the relevant community need not be
17 only the geographic community. It could be the
18 community of women at risk, that is we do not
19 anywhere define community and what is the relevant
20 community.

21 Secondly, even if it were the community that
22 included the husbands, it still does not follow that
23 researchers would then have contact with the
24 individual husbands of women who might then be the
25 perspective of --

26 PROFESSOR CAPRON: I was not suggesting that
27 they would have such contact in that process but that

1 the husbands and members of the community -- I mean,
2 obviously if we are talking about an urban
3 reproductive health clinic where women go -- the role
4 of the husband as the permission giver may be
5 irrelevant. But if we are talking about going into a
6 more community based rural area to do HIV maternal
7 transmission -- I mean is it only fertility? Is that
8 what we are talking about? I mean, only -- maternal
9 transmission to offspring only affects women and it
10 might well be research to do that. And our
11 assumption is that you do not just march into the
12 village and do it.

13 DR. MACKLIN: Yes. But then we have the
14 leader. I mean, then it is another recommendation
15 that deals with that. That is a --

16 PROFESSOR CAPRON: Then the men in the
17 village -- the people are aware that there is going
18 to be someone asking their wife to enroll. And the
19 notion -- I mean this proceeds on the notion that you
20 get to the women before the men know anything is
21 happening and you say to them, "Do you want to
22 involve your husband in this choice? It is your
23 choice."

24 Even though if you are a physician in that
25 community you would know that the woman does not come
26 in for treatment without her husband coming along or
27 otherwise saying to you, you may intervene in this

1 fashion with my wife, and you would not do that. And
2 here you are saying the researcher would sort of
3 short circuit that cultural expectation.

4 I thought we were dealing with situations in
5 which the question is the researcher does not want to
6 short circuit because he feels that it will damage
7 the research. He does not feel that he can get
8 permission to do it that way from the local people
9 and wants to go to the IRB and say, "The only way I
10 can do this research is the husbands have to know
11 that I am doing it and they have to say yes their
12 wives can enroll. May I have that as an exception?"

13 And we are not addressing that in this
14 recommendation it seems to me. We are presuming that
15 that does not happen and that is what worries me --
16 or in this discussion. I know it is not a
17 recommendation.

18 DR. SHAPIRO: I have got a lot of people
19 here who wish to speak. Let me just get the list
20 down. Okay. First Steve.

21 MR. HOLTZMAN: I think there is a way of
22 addressing your concern, Alex, to make it not
23 conflicting with what Ruth has written here but sort
24 of different kinds of cases and capturing them, and
25 that is maybe to move up a couple of thousand feet to
26 say what is it that we all agree to. All right.

27 I think what we clearly all agree to is that

1 ideally we want women to be treated the same as men
2 in the recruitment process. All right. And then we
3 are going to address the question of when it is
4 morally okay to involve the men in the process of
5 approval in a differential manner. All right.

6 There are different ways that could play
7 itself out and the question before it, it seems to
8 me, with the way Ruth phrased it, is when is -- does
9 it require the case by case approval of the woman?
10 That was what was written here. You are pointing to
11 a different case where you go to the leaders first.
12 So we have to answer the question does it require the
13 case by case approval of the woman herself.

14 And the second -- I think where we do agree
15 is that if the failure to depart from the ideal of
16 equal treatment will result in a trial not taking
17 place that in turn would result in a medical benefit
18 being not available to the women, we think that is
19 the justification for departing from the norm and
20 some of us would submit that the paradigm case of
21 that would be a woman's only disease or contraception
22 or whatnot.

23 But there are cases where the failure to
24 include women in a trial for a disease that afflicts
25 both men and women can result in women not getting
26 the drug.

27 So the point we were making yesterday, we

1 did not think was nonsensical as suggested and what
2 was written today because it did put in there in
3 Alta's language that failure to conduct this research
4 with women in the trial would probably deny its
5 potential benefits to the women.

6 And so I would ask Ruth that if there is a
7 case -- if you can imagine a case in which the
8 failure to include women in the trial for a disease
9 that afflicts both men and women would result in the
10 women being denied the benefit, is your position that
11 that trial should not -- we should not use
12 differential procedures to involve the women?
13 Because the strong statement as you put it -- I do
14 not think you would say that.

15 DR. MACKLIN: Well, I guess the question -
16 - I mean, we addressed this yesterday and this is --
17 we are speculating about whether clinicians would
18 give a drug to a woman who had a disease -- let's say
19 it is malaria. That is malaria was tested, no women
20 were in the trial, you now have the drug. Women get
21 malaria. Only men were in the trial and the question
22 is whether physicians in that community would not
23 give the women the malaria drug because they were not
24 in the trial. Your presumption or assumption seems
25 to be --

26 MR. HOLTZMAN: My presumption is that there
27 is a range of cases and I do not know the answer in

1 every case.

2 DR. MACKLIN: Well, but it is no different
3 from what it historically has been in this country
4 when women were not involved in trials or were
5 involved in very small numbers and no clinician would
6 deny -- except for pregnant women, no clinician would
7 deny women the benefits of a drug simply because it
8 was tested only or primarily in men.

9 We are speculating now on the probability or
10 the likelihood that if there were only men in the
11 trial and if people knew there were only men in a
12 trial, the average doctor in the rural health clinic,
13 who probably has not a clue about who was actually in
14 the trial, then decides -- the women come to him and
15 he says, "Sorry, we are not going to treat you
16 because the people who were in the original trial
17 were only men." That is just not a plausible
18 scenario for the kinds of cases that you are
19 considering, namely a disease that affects both women
20 and men but the trial included only men.

21 So what was nonsensical -- what we claimed
22 was nonsensical was the claim that the trial could
23 not otherwise be conducted because it could otherwise
24 be conducted. It could be conducted only on men.

25 DR. SHAPIRO: Diane?

26 DR. SCOTT-JONES: I am still troubled by
27 these recommendations and I have tried to list my

1 objections to this whole discussion and there are
2 five that I have come up with so far. First, I have
3 tried to step back and ask why we need a statement on
4 women's rights in our report and I looked back at how
5 we framed our report in Chapter 1.

6 And on page 3 of Chapter 1 the first
7 extended example of unethical research in a report on
8 International Report is the example of Puerto Rican
9 women and oral contraceptives, which is actually a
10 study of U.S. citizens and not an international
11 study. And this example that has become now extended
12 is also on women and contraceptives.

13 And I compared our current version to the
14 version that Alex circulated and I have only had time
15 to skim it but I much prefer the way Alex is setting
16 up our report where he refers to studies that are
17 done in countries that include people of color,
18 impoverished people, and this is a much broader frame
19 of inequities that concern us in our report.

20 I think we are narrowing our focus to
21 women's issues and those have not been the issues
22 that have come before us that prompted this report.

23 My second concern is that I cannot imagine
24 how this would play out productively in an actual
25 research study in a developing country. The
26 recommendation assumes control by researchers. It
27 assumes that researchers are going to be authorities

1 on marital relations and local customers. I cannot
2 imagine how a researcher would talk to a potential
3 female participant and advise her on the risk of
4 talking to her spouse. I just cannot imagine how
5 that could happen in a productive way.

6 My third concern is that the recommendation
7 assumes negative marital relations in developing
8 countries and it does not allow for the positive
9 exchange between a husband and wife as exemplified in
10 the discussion that we heard yesterday from one of
11 our research participants who talked about how her
12 husband helped her, how he sought information for
13 her. I think we are assuming a negative marital
14 relationship in developing countries.

15 My fourth concern is that in the very next
16 Recommendation 9 we are much more favorable to the
17 influence of a community leader who could be male and
18 who could make negative decisions about all the women
19 in his village. I would prefer a much more general
20 statement about individual autonomy not limited to
21 marital relations because there is a possibility for
22 a loss of autonomy in other situations than a women
23 in her marital relation.

24 And then my final concern -- and I say this
25 very gently -- is that this smacks of hypocrisy. We,
26 ourselves, do not have a strong record on gender
27 equity and certainly not on social equity more

1 generally.

2 Yesterday I noted in -- when I was thinking
3 about this recommendation that all the researchers
4 who spoke before us and advised us so well were male.
5 They were all Caucasian males. And all the research
6 participants who spoke to us were female. So I think
7 we are just being a little bit hypocritical in the
8 way we are pressing this recommendation.

9 I would prefer that we back away from it and
10 talk more generally about individual autonomy and not
11 allow anyone to speak for anyone else rather than
12 limiting this to a woman in a marital relation.

13 DR. SHAPIRO: Thank you.

14 Jim?

15 PROFESSOR CHILDRESS: I am tempted to pass
16 given that eloquent statement. Thank you very much,
17 Diane.

18 I will only -- I will roll out the one
19 planned comment to try to deal with the issue, the
20 important issues you are raising. I actually -- I
21 think the proposed Recommendation 7 that Ruth and
22 Alice have presented, perhaps, could be treated the
23 following way -- I want to make basically two sets of
24 comments.

25 I think we might just take on their page 2,
26 "Researchers should use the same procedures and
27 informed consent process for men and women who serve

1 as research participants. In no case may a spouse's
2 permission replace the requirement of individual
3 informed consent."

4 I think those two sentences ought to be the
5 recommendation and this would, in part, address your
6 concern by getting the discussion part, if we are
7 going to include it in some kind of more nuanced
8 statement, in factual material rather than
9 recommendation. And that states what really is
10 critical for us as a kind of obligation or principle
11 at work in these matters.

12 So I would propose that we do that and then
13 consider much of the rest of the material as textua.
14 It is obviously going to require a lot of work.

15 The second set of comments would relate to
16 the proposed exception that again would be in the
17 text rather than the recommendation. And this would
18 be on the last page of Ruth's and Alice's handout
19 today.

20 I think when I heard it and first read it,
21 the -- what brought me up short was the narrow
22 exception to the rule and I think it would be a lot
23 clearer if in the -- in the -- if we -- if just
24 before "in order to justify such an exception," we
25 actually said something else. We said -- and again
26 it is a little repetitious but I think that we want
27 to avoid misunderstanding and misinterpretation here.

1 To add after "consent process for women and men,"
2 "this exceptions involves obtaining the permission of
3 the husband's in addition to the woman's own consent.
4 In order to justify such an exception, researchers
5 must provide evidence." So we are very, very clear
6 about what that exception, is and that we are
7 retaining the emphasis on the woman's own consent.

8 I think with those sorts of changes, I would
9 be comfortable with the recommendation and again with
10 the -- trying to develop the text in a way that would
11 fit with the recommendations.

12 DR. SHAPIRO: Thank you.

13 Larry?

14 DR. MIIKE: First, an editorial comment.
15 Whatever the changes are in the discussion around the
16 exceptions, exceptions usually follow the rules so it
17 should not be preceding the discussion. It should be
18 a succeeding discussion. It does not make sense to
19 talk about the exception before you begin to state
20 what the rule is.

21 Second of all is that I think -- I guess the
22 way we deal with the concerns that Diane especially
23 has raised, is a clearer distinction between the
24 recruitment process, which involves community leaders
25 as the filters to the potential subjects, which I do
26 not think anybody has problems with because it is a
27 practicality of that and it happens in our country,

1 too. You just saw the community video. Versus the
2 actual consent process, which I think Ruth now has
3 tried to distinguish better in this round.

4 So if we start with the recruitment process
5 and talk about the community filter first, and then
6 get down to the consent process, and that -- it is a
7 fact that in some of these countries it is -- it is a
8 male dominated society and the husband may be the one
9 to make a decision. We can address it that way, and
10 maybe that can reach Diane's concerns. So we go from
11 a cascade of the community filter to the individual.

12 DR. SHAPIRO: Bette, and then Bernie.

13 MS. KRAMER: (Not at microphone.)

14 DR. SHAPIRO: Bernie?

15 DR. LO: Yes. I wanted to follow on Diane's
16 very forceful remarks. I like very much Jim's
17 suggestion of making the recommendation the first two
18 sentences in Ruth's revised 7, which I think really
19 does bring home the main point. I think that, in
20 this report, we are really asking people to take a
21 big step away from current practice. We are holding
22 out an ethical ideal and we should really just be
23 very clear that we state that and not get hung up in
24 the exceptions and the details and the funny cases.

25 So I think if we separate that out we may be
26 more forceful.

27 I also want to just make an empirical

1 comment to support what Diane said. One of my former
2 colleagues, Susan Allen, did a study of HIV testing
3 and counseling in Rwanda and when she first started
4 the project -- this was almost a decade ago -- she
5 was told that, in that society, it would be
6 culturally inappropriate to ask women for individual
7 informed consent and she was told that they did not
8 understand, the cultural mores were that you got the
9 husband's consent first, and she did not do that.

10 She went and tried to figure out a way of
11 going to the woman first and leaving it up to the
12 woman to decide whether to advise -- whether to bring
13 her husband or partner into the process. And she did
14 not go in there saying, you know, we are going to
15 give you the pros and cons. We raise it as an issue
16 for you to decide.

17 She is now at the University of Alabama in
18 Birmingham and I think she is an example of how it is
19 possible -- I mean, many times in this report we are
20 saying, even in a culture where something like
21 informed consent in a Western model does not make
22 sense, if you are imaginative, if you are persistent,
23 if you rely on the good sense of your participants,
24 you can actually do a lot more than you might think.
25 Cultural norms are changing throughout the world and
26 we should not assume that -- so I would like to
27 accent the positive.

1 Rather than saying, you know, that we may be
2 stuck in some situations where the research is so
3 important you could not do it otherwise unless you
4 are going to get permission from the husband as well
5 as the woman.

6 But I think, rather than spending time on
7 that exception, we should spend more time on the flip
8 side giving a positive example of how you can really
9 make autonomy work in a culture where some may say
10 that it is not the historical case or the practical
11 norm.

12 I think just to go back, you know, to the
13 first two sentences of Ruth's analysis in the new
14 Recommendation 7 gives the right message that that is
15 what we want to say and let's really make that stand
16 out.

17 DR. SHAPIRO: Okay. I think -- again let me
18 try to summarize where we are here because I do want
19 to move on to comments on Chapter 5. It is clear
20 that we are all on complete agreement with the -- as
21 Jim said -- the first two sentences of what is
22 Recommendation 7 altered. There is some new wording
23 in here but the sentiment, I think, is really quite
24 clear and we will certainly have to make that clear.
25 Perhaps it is useful to adopt Jim's suggestions the
26 way he did that.

27 I mean, for example, the way it is currently

1 written we talk about the -- just to respond a little
2 bit to Diane's important points. We talk about the
3 risks of talking this over or having -- working with
4 a husband but there are benefits. This is what you
5 were pointing out. And so, at the very least, it has
6 to be balanced in some appropriate way.

7 But I think some of Jim's suggestions were
8 very useful and I also like Larry's suggestion very
9 much of getting the community issue up front and
10 dealing with that and then dealing with the
11 individual, which is the way this usually happens. I
12 think that is a very useful suggestion and so we will
13 produce new language on both of these.

14 The issue about whether or not we ought to
15 take up in one way or another the issue of -- which
16 Diane referred to as women's rights but there are
17 women's health issues which are important and need
18 addressing in all countries and internationally as
19 well.

20 And the question I really want to ask the
21 commission, which I am not clear about, is whether
22 your sentiment is that we should say something about
23 that in this context or not? That is what I am a
24 little unclear about.

25 Alex?

26 PROFESSOR CAPRON: I think it is worthwhile
27 to recognize this and I -- as I understand the

1 suggestion that the language, which is on the third
2 page of Ruth's document, is commentary now. It is
3 not a recommendation. It is a commentary and a
4 discussion. And I think we can recognize that there
5 have been problems with women not having access to
6 health care, and that particularly around
7 reproductive health issues, these problems are
8 especially acute for women.

9 And then we can say that -- as Bernie
10 suggests, if we can cite -- if his colleague has
11 written up a description of what she did and so
12 forth, we can give it as an example and say where
13 attempts to deal directly with women are not
14 possible, IRBs and researchers may approve research
15 in which husbands are approached first, provided that
16 -- and then the kinds of considerations here.

17 I think we have to think, Mr. Chairman, of
18 how this relates to Recommendation 8, however, which
19 we have not talked about and the more I have listened
20 to this discussion and to Diane's points, I find
21 myself looking at Recommendation 8 and trying to
22 figure out what we are doing there.

23 Recommendation 8 seems to suggest in its
24 first sentence -- and I think this is relevant
25 because I think that maybe we have sort of a gemisch
26 of the whole thing here -- that where culture or
27 custom traditionally involves family members, I

1 thought that, as we had discussed this yesterday and
2 we were imagining the circumstances with the husband
3 and with other people, that we said we do not want a
4 situation in which -- it was Larry's example about
5 the Samoans, I guess. No, it was somebody else's
6 example.

7 DR. SHAPIRO: A speaker's.

8 PROFESSOR CAPRON: Okay. That we not assume
9 that everybody follows any particular tradition. So
10 it is really the last sentence of that recommendation
11 which says, which if we revise it, instead of saying
12 "if", "When a potential subject wishes to involve
13 family members in the consent discussions, the
14 research should take appropriate steps to accommodate
15 this wish," and then we have the statement which is
16 now -- and this is why I think this is connected to
17 7, something -- you know, "However, in no case may a
18 family member's permission replace the requirement of
19 individual informed consent," and then I wonder if we
20 say that, do we want simply to emphasize, to follow
21 that, researchers -- in particular, researchers
22 should use the same procedures in the informed
23 consent process for men and women to serve as
24 subjects.

25 And all that other stuff -- I mean, I find
26 this language that Diane objected to and that Jim
27 suggested, moves out of the recommendation, because

1 it does not belong in this recommendation. This
2 language about you should warn people about the
3 difficulties or the risks of involving their family
4 members.

5 We can talk in commentary if we have an
6 example of where people can be told, in effect, it is
7 possible that all of that is a custom. If you are
8 not comfortable, if you would feel better talking
9 about this without them there, we will, in effect,
10 protect you and allow that discussion to take place
11 without them.

12 But (it seems to me) it is paternalistic the
13 way it reads as a recommendation.

14 DR. SHAPIRO: Okay. I have Steve and
15 Rhetaugh.

16 PROFESSOR CHARO: And a hand up.

17 DR. SHAPIRO: Trish, Larry and Alta.

18 MR. HOLTZMAN: I would like to thank Diane
19 for her remarks. I do believe this should be a
20 report about international research and not about
21 women's rights. I nevertheless think that there is
22 something that we need to address here and so let me
23 use a real live experience.

24 In 1995, we launched a trial looking at
25 genetic predisposing factors to cardiovascular
26 disease in a developing country, and, in specific, in
27 a tribe, okay, which was male dominated. And as we

1 sat down with the IRB and as we talked about what we
2 were going to need to do to get the consent, it was
3 our IRB, where our IRB plus the local IRB, you ran
4 smack into the U.S. regs and these kinds of questions
5 about how do we go about this, what is a culturally
6 sensitive way to do this, and there was -- there is
7 no guidance there as it currently stands.

8 Effectively, we found ourselves having to
9 ask questions about -- can we depart from what seems
10 to be the requirements of the current federal
11 regulation and it specifically came up in terms of
12 involvement of leadership, but the leadership were
13 men, and those men were the husbands of the wives who
14 we wanted to include in the study.

15 And so I do think we need to provide
16 guidance and we can state certain kinds of ideals
17 which -- to which we all aspire but that we then have
18 to be able to be clear about doing it in a way which
19 acknowledges that different cultures are different
20 and as long as you are not contributing to
21 exploitation. And I think to sort of test it, it is
22 a benefits test, is there going to be a benefit that
23 would otherwise not be available that is significant
24 that outweighs the diminution and the rights of the
25 exploited population or the lesser of the population
26 that is held at a lesser standard that we can
27 articulate something like that.

1 Unfortunately, most of the time that
2 population is women.

3 DR. SHAPIRO: Rhetaugh?

4 DR. DUMAS: I think what we have done -- I
5 went back to page 6 and looked at our initial
6 recommendations and in Recommendation 1, it speaks to
7 informed consent and it says that the standard cannot
8 -- may not deviate from the standard but that the
9 approach can vary. And now we are trying to tell
10 people how to vary the approach.

11 I think that we are getting too much into
12 details of advice. We have made that statement and
13 we have said that people, in essence, have to figure
14 out a way to meet this standard and they can vary
15 their approach.

16 I like the idea that Steve mentioned of
17 maybe having some guidance, but I think we are
18 getting too specific in making recommendations about
19 how this informed consent should be obtained so I
20 would like to argue for fewer definitive
21 recommendations on the details.

22 DR. SHAPIRO: Trish?

23 PROFESSOR BACKLAR: (Not at microphone.)

24 DR. SHAPIRO: Larry?

25 DR. MIIKE: Looking back at the discussion
26 and particularly Alex's comment about what do we do
27 about Recommendation 8. Actually if we modify what

1 Jim's recommendation was, it was that, you know, this
2 is the informed consent process, nobody can replace
3 that, recommendations 7, 8, 9 and 10 all address
4 those issues. And I would think that 8, 9 and 10
5 should be commentary following 7 that teases out
6 these various other types. We talk about
7 communities. We talk about family members. We talk
8 about spouses in all of those recommendations and
9 there should be a discussion about -- here we have a
10 very simply stated Recommendation 7 and the
11 discussions continue on about the exception with the
12 spouse or possibly exception of the spouse, and the
13 involvement of community members and family members.
14 These recommendations can easily be turned into a
15 discussion that follows it.

16 DR. SHAPIRO: Alta?

17 PROFESSOR CHARO: I would like to respond to
18 a couple of things Diane said because she laid out
19 quite a number of concerns here.

20 I appreciate the suggestion that the report
21 is not about women's rights but I think I disagree
22 about the degree to which the topics of international
23 research and women's rights actually have a strong
24 overlap.

25 I think Ruth has worked in the reproductive
26 health field internationally and probably can give
27 you better empirical data but my impression from

1 working in reproductive health is that, in large
2 portions of the world, lack of access to proper
3 family planning methods or to legal abortion, is the
4 single leading cause for morbidity and mortality for
5 women in their prime years.

6 Look at hospital admissions in -- I think it
7 was -- Peru and you will find that the overwhelming
8 number have to do with the sequelae of inadequate
9 reproductive health measures. As a result, although
10 we are talking about a whole variety of diseases and
11 conditions that affect people around the world, it
12 is, I think, surprising to many people to realize how
13 profoundly reproductive health problems are in the
14 essence of many women's health problems.

15 It is also a topic on which there is a
16 unique nexus between women's health and women's
17 political status within the family and within the
18 country.

19 I think it is probably naive to imagine that
20 the situation for women is the same in all countries,
21 regardless of what gender relations are in the United
22 States, because people said yesterday we have health
23 inequities here but it is not the same thing as
24 health inequities in Uganda. There are degrees of
25 severity.

26 I also think that without having any --
27 without disparaging marital relations in general in

1 any particular country, it is possible to say that it
2 is our position in the United States that
3 investigators should treat women as individuals in
4 the same way that we treat men and that, therefore,
5 their husbands, their fathers and their family
6 members are not in a position to make decisions for
7 them nor to be necessarily involved in the decisions
8 that these women make for themselves with some
9 extreme exceptions.

10 And that we going to tackle this problem by
11 looking for every possible way to treat these women
12 as individuals and that includes allowing those women
13 to decide when, and if, they want to involve other
14 family members in the whole process of discussing the
15 research and deciding whether or not to enroll.

16 I do not think that is really a
17 disparagement of marital relations. I think it is a
18 recognition that women can decide for themselves
19 whether or not their particular marital relations
20 would be better off with a discussion with their
21 husbands.

22 Finally on the topic of community leaders, I
23 find myself concerned that we are slipping into a
24 discussion in which we are assuming that community
25 leaders should be able to make decisions that would
26 affect only one portion of the population and not the
27 entire population. And on this I actually would

1 dissent, and I understand the need for involvement of
2 community leaders and I said yesterday why I thought
3 that they, politically speaking, have a different
4 position in the world than the spouses or family
5 members of individual women in terms of speaking for
6 a whole community of people.

7 But I would be very unhappy if we wound up
8 with a report that suggests it is appropriate for the
9 municipal leader of a town that is being approached
10 for some research to decide that, you know, women
11 will be treated differently than men or that married
12 women will be treated differently than unmarried
13 women.

14 I understand the role of political leaders
15 in making decisions for all their citizens, but not
16 in having investigators use the community
17 consultation with leaders to reinforce the kinds of
18 inequities that we see at the personal and family
19 level.

20 DR. SHAPIRO: Thank you very much.

21 Diane?

22 DR. SCOTT-JONES: I want to respond just a
23 little bit to Alta because she prefaced her remarks
24 by saying it was a response to me. I really want to
25 extricate myself from any back and forth about
26 women's rights because I am not naive, Alta.

27 I do recognize that there are many problems

1 that women face around the world and profound
2 problems they face right here in the United States of
3 America, and I think there are ways to bring in
4 issues related to women in the way, for example, that
5 Alex has set up this new first chapter.

6 He talks about AIDS and research on AIDS.
7 In African countries women are more than half the
8 victims of AIDS, unlike in other parts of the world.

9 There are many ways to bring in issues
10 related to women but I think I stand firm in my view
11 of this presentation of women in these
12 recommendations. I also like Bernie's statement
13 earlier that, cultures change over time and I think
14 that we should keep that in mind when we talk about
15 cultural differences, especially when we are placing
16 ourselves in a superior cultural position to other
17 countries because cultures not only vary over time
18 but they are not monolithic in any one point in time
19 so you could go to Kenya or Uganda, the countries
20 where there are just enormous problems with AIDS.
21 But you could find many educated women who might see
22 these issues in exactly the same way we do and you
23 would find some people in that country who are not
24 educated who would be very much like uneducated
25 people in this country in their views.

26 So I just hope we will be cautious when we
27 talk about cultural difference because people use

1 that sometimes in sort of a superficial way. We
2 should keep in mind that cultures change over time.
3 They are constantly changing and they are not --
4 there is not cultural uniformity within any given
5 country at any one point in time.

6 DR. SHAPIRO: I think the report already
7 contains a considerable amount of information that
8 leads to Bernie's conclusion. Bernie's suggestion
9 that, in fact, things are not as different in many
10 cases as one could imagine and, therefore, making up
11 these caricatures are not always very useful and
12 helpful and are counterfactual, and we ought to be
13 very, very careful about that.

14 And while we ought to say nothing about the
15 superiority of what we do compared to what other
16 people do, we still have to decide what we feel
17 obligated to do. We cannot decide what other people
18 feel obligated to do but we can decide what we feel
19 obligated to do and that is our responsibility here.

20 Just two more comments here and then we are
21 going to have to try to summarize where we are and
22 see where we go next.

23 Carol and then Bernie.

24 Carol, did you have -- I am sorry. I
25 thought you had a hand up. I apologize.

26 Bernie?

27 DR. LO: I want to go back to Recommendation

1 8. I want to support Jim's suggestion that -- I
2 think it was Jim who said that the operative thing
3 is, if the potential subject wishes to involve family
4 members in the consent discussion, researchers should
5 take appropriate steps. And I think that is what we
6 want to say.

7 In line 16 I would suggest we change "adhere
8 to" to something else. Either "sensitive to or
9 respectful of." I think the point is we need -- the
10 researcher should be cognizant of the cultural issues
11 and not assume that things will work in another
12 country the way one might assume they work here, but
13 not necessarily to adhere to those local customs but
14 to help the participant ascertain whether the
15 participant herself or himself, I guess, adheres to
16 those customs and then to help that participant find
17 a way of working out a consent process that seems
18 personally appropriate.

19 DR. SHAPIRO: Alex?

20 PROFESSOR CAPRON: Could I respond on that?
21 Actually, Bernie, it was my suggestion -- and as I
22 thought about it, unlike the notion that I have no
23 personal autonomy because I am a patient and expect
24 someone else to make the decisions for me, the notion
25 of involving one's family in this process, I do not
26 think is very culturally specific. I mean it seems
27 to me that, what we have heard about is that it

1 occurs so commonly, that I would prefer if we not
2 link that to culture or custom and simply say when a
3 potential subject wishes to involve family members in
4 the consent process the research should take
5 appropriate steps to accommodate this wish. And
6 should just recognize it as --

7 DR. SHAPIRO: I agree with that. I think
8 Bernie does, too.

9 PROFESSOR CAPRON: Yes.

10 DR. SHAPIRO: I mean, I agree with that and
11 we ought to be sensitive to that. I think Bernie
12 probably agrees also.

13 DR. LO: Yes, that is fine.

14 PROFESSOR CAPRON: Drop all that
15 culture/custom language entirely and just go to that
16 operative thing at the end of that.

17 DR. SHAPIRO: Okay. We are going to have to
18 end our discussion on this here for this morning
19 since we have guests who are here that need to
20 address us on other topics.

21 I think it is -- I mean, I think from the
22 discussion we can draft recommendations here which
23 would, I think, be acceptable to the commission. I
24 am a little unclear on one issue and that is whether
25 we should -- and I am going to take that under
26 advisement for the moment. And if any of you feel
27 strongly about it, please let me know.

1 And that is whether we should deal with the
2 issue specifically with respect to diseases or issues
3 that affect women only. And I do not want to take
4 any more discussion on this right now but that is
5 something which I would like to hear from you about
6 either later today or by e-mail or something as we go
7 through and redraft this chapter.

8 I am going to suggest that we take a ten
9 minute break right now and then we will move on to
10 ethical and policy issues in the oversight of human
11 subjects research.

12 We have obviously some unfinished business
13 with respect to the International Report. We will
14 have to think carefully about just how to proceed on
15 those aspects. We have Chapter 5 and also some of
16 the material that Alex -- yes, Larry?

17 DR. MIIKE: And we have not discussed
18 Chapter 4, which was my main concern in my e-mail
19 topics.

20 DR. SHAPIRO: Yes. All right. Let's take a
21 ten minute break.

22 (Whereupon, at 9:47 a.m., a break was
23 taken.)

24 * * * *