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P R O C E E D I N G S

OPENING REMARKS

HAROLD T. SHAPIRO, Ph.D.

DR. SHAPIRO: Colleagues, I would like to get started.

First of all, I want to thank Marjorie and a number of early birds who showed up for the video. Someone suggested if we started all our second day meetings with a video we would start promptly. I do not -- probably we are not going to test that proposition but, in any case, thank you all for being here.

Let me say a few words about where I --

PROFESSOR CAPRON: Could we also thank Robyn and her daughters and her husband?

DR. SHAPIRO: Very appropriate. Yes, for the wonderful time last evening. Thank you very much for mentioning that, Alex. Thank you. I hope you will convey to Robyn our appreciation. Thank you very much for mentioning it.

DR. MESLIN: Sure will.

DR. SHAPIRO: Let me tell you where I think we are now on the International Report since we only have an hour-and-a-half left. We are going to get everything done in an hour-and-a-half.

My proposal is as follows: We are going to

1 go through as promised some alternative  
2 recommendations coming from Chapter 4. Recall we  
3 were discussing about what the alternative  
4 recommendations we might make regarding what is owed  
5 to participants subsequent to a trial. You all have  
6 in front of you a document that looks -- which has  
7 these reformulated recommendations in front of them.

8 With respect to Chapter 4 Recommendation 2  
9 there are four alternatives, which are just for  
10 purposes of our discussion to see where we really  
11 want to come out on this. That will be -- we will  
12 turn to that in a moment. And then there are some  
13 recommendations which we are struggling with on 7  
14 from Chapter 2, Recommendation 7 or 7 and 8 depending  
15 on how we end up numbering these, where Ruth and  
16 Alice have some suggestions here based on their own  
17 conversations yesterday.

18 In a few moments I am going to turn to Ruth  
19 so we can go -- she will explain that and we can go  
20 through and make our -- at least some initial  
21 decisions on those issues.

22 We will then turn to Chapter 5 and get at  
23 least an initial set of comments with respect to  
24 Chapter 5, the current draft of Chapter 5, from  
25 commissioners.

26 Hopefully, we will then have some time left  
27 to at least get some initial reactions also to the

1 material that Alex left with us yesterday. I hope  
2 many people have had a chance to read that in the  
3 interim and I will certainly ask Alex to speak about  
4 that. That is alternative material to material we  
5 already have in Chapter 1.

6 But let me say before we turn to look at  
7 these recommendations, Chapter 5 and so on and so  
8 forth, let me say a word about where I think we are  
9 on the broad nature of this report.

10 I have just spoken to Ruth just a few  
11 moments ago this morning. I would like myself a  
12 chance to -- as I said to Ruth -- rethink in some  
13 global way just the whole structure of the report and  
14 its nature and what it is that we say. So I am going  
15 to take a stab at redrafting this report over the  
16 next month or so dealing with some issues which I  
17 have not fully -- there are some issues here which I  
18 have not fully thought out yet. There are some  
19 issues which I think are purely pedagogical issues as  
20 I explained to Ruth a few moments ago.

21 To take an example of a simple example, and  
22 I keep forgetting what is in what chapter but there  
23 is a -- on Chapter 3 there is a very long, and I  
24 think very useful description of clinical trials,  
25 alternative clinical trials, and I actually think it  
26 is extremely useful material. I am not sure,  
27 however, it belongs in the text as opposed to an

1 appendix with the text really focusing on why it is  
2 it is important to understand these things and  
3 sending people to an appendix. That is a purely  
4 pedagogical organizational issue.

5 But there are a series of issues like that  
6 which I think want to think through a little more  
7 carefully than I have had a chance to really think  
8 through so far with respect to again what it is that  
9 is owed, the recommendations we are going to talk  
10 about here in a moment.

11 Speaking now only for myself, I want to  
12 think through more deeply than I have what the real  
13 basis of that obligation is. I think I have a clear  
14 idea in my mind and I want to at least get a chance  
15 to put that more carefully before the commission  
16 before we move ahead, et cetera. I am not going to  
17 go through a long list of these things. There are  
18 not probably a very long list but they are nontrivial  
19 issues.

20 And so I am going to -- I want the  
21 opportunity if the commission agrees to take a stab  
22 at that. That means that we will probably delay --  
23 not probably, definitely will delay the public  
24 comment period because I do not think that I am going  
25 to be able to get through that in less than a month  
26 and then provide a new chapter -- not a new chapter,  
27 a new draft perhaps or a new somewhat altered in some

1 way -- I do not want to predict right now -- for the  
2 commission to think about.

3           There are other kinds of issues, which I am  
4 not going to take time this morning because I really  
5 want us to focus on the recommendations which are  
6 still a little unresolved in my own mind and as I  
7 said to Ruth this morning I do not want to just come  
8 up with this on an ad hoc basis and always sending  
9 back someone else to write them out and take care of  
10 them.

11           I think that is not a stable process so that  
12 I am going to take a shot at incorporating all -- in  
13 my thinking of course -- all the comments and  
14 suggestions that have come up from various members of  
15 the commission, especially a lot of the material that  
16 has come over e-mail, which has been very helpful at  
17 least to my own thinking.

18           So I wanted to just mention that and tell  
19 you -- I now see that our schedule is going to  
20 probably move back about 30 days, something of that  
21 nature, something close to that, but at least I -- if  
22 the commission is willing to tolerate that, I think  
23 that at least speaking for myself I would just feel  
24 more comfortable with the nature of the arguments  
25 that we are putting forward.

26           Now whether -- the irony of all this is I  
27 might do all that deep and wonderful thinking and

1 change absolutely nothing regarding the  
2 recommendations. That is a clear possibility. As a  
3 matter of fact, it is a high probability but at  
4 least, speaking for myself, I want to have a chance  
5 to think through the arguments more carefully than  
6 perhaps I have and I may be the only one here in that  
7 position but I think that ought to be done.

8 So that is how we are going to proceed but  
9 that is not something we need to have a lot of  
10 discussion on this morning.

11 I want to turn directly to the  
12 recommendations. If any of you have any concerns  
13 about that change in the schedule, let's take it up  
14 at the break and so on. I do not want to take our  
15 valuable time this morning. There is flexibility in  
16 all that.

17 So let's turn now to the material you have  
18 in front of us, Chapter 4, Recommendation 2.

19 Ruth, would you like to just describe these  
20 various options here and then we can open it up for  
21 discussion?

## 22 ETHICAL ISSUES IN INTERNATIONAL RESEARCH

### 23 DISCUSSION OF DRAFT REPORT

24 DR. MACKLIN: Yes. There are now four  
25 options. This is apropos yesterday's discussion.  
26 There was some uncertainty both about the wording and  
27 the substance.

1           The current version is listed as option A  
2           and that is what currently appears as Recommendation  
3           2 in Chapter 4. The other three are variations and  
4           we intentionally refrained from using the adjectives  
5           "strong and weak" because yesterday when we were  
6           discussing these there was -- those words were used  
7           but it is not entirely clear that they are useful in  
8           this discussion.

9           So let's just look at them. (A) is as it  
10          stands. The one we heard yesterday.

11          (B) is substantially changed. "After the  
12          trial is concluded sponsors should continue to  
13          provide the research, product or other effective  
14          treatment provided during the research to the  
15          participating subjects for as long as they need it  
16          and if they would not otherwise have access to an  
17          established effective treatment. The product should  
18          be provided free of charge or at an affordable cost  
19          to be negotiated by the relevant parties."

20          Now you see what this says, it actually -- I  
21          will use the word "strong." I mean it strongly here  
22          requires providing the effective treatment to the  
23          subject for as long as they need it so that that is  
24          not up for negotiation. What is up for negotiation  
25          is whether it is free of charge or at an affordable  
26          price and the price itself would be negotiated.

27          So that takes away some of what was in

1 version A, some of which is to be negotiated. Here  
2 it says clearly what they should get.

3 Version C begins with the presumption, as it  
4 says, "a presumption exists that after the trial is  
5 concluded sponsors should continue to provide the  
6 research product or other effective treatment  
7 provided during the research to the participating  
8 subjects if they would not otherwise have access to  
9 an established effective treatment."

10 The second sentence, "The length of time and  
11 the costs are to be negotiated among the relevant  
12 parties."

13 Now the difference between A and C is that A  
14 begins by saying "Sponsors should continue to provide  
15 it," and then leaves things up to the negotiation  
16 where (C) simply states a presumption. It does not  
17 state it in the form of a should.

18 And then finally (D) is the version in which  
19 everything is negotiated. "Sponsors should negotiate  
20 with health authorities in the host country whether  
21 any products provided during the research will  
22 continue to be made available to participating  
23 subjects who still need them after the trial is  
24 concluded and, if so, the costs and duration of those  
25 products."

26 All four versions are addressing the  
27 question of people who were participants, who needed

1 a treatment during or something during the trial, got  
2 either the effective treatment or perhaps -- I mean,  
3 the experimental treatment that was successful or  
4 perhaps in the control arm an established effective  
5 treatment, and they still need it after the trial.

6 DR. SHAPIRO: Alta, are you with us?

7 PROFESSOR CHARO: Yes, I am.

8 DR. SHAPIRO: Thank you very much. Good  
9 morning.

10 PROFESSOR CHARO: Good morning.

11 DR. SHAPIRO: Alex, is this a clarifying  
12 question?

13 PROFESSOR CAPRON: Yes.

14 DR. SHAPIRO: Yes.

15 PROFESSOR CAPRON: I want to make sure that  
16 I understand the revision has another change which I  
17 think I like and you say the research project --  
18 product or other effective treatment. That is to be  
19 responsive to the situation in which it was found  
20 that the experimental intervention was not useful but  
21 the established was. Is that correct?

22 DR. MACKLIN: Yes. And, in fact -- well,  
23 either. It could be either. In other words, it  
24 could be --

25 PROFESSOR CAPRON: Yes, okay.

26 DR. MACKLIN: -- it could be that the  
27 established effective treatment turned out not to be

1 effective or too harmful but there was a control arm  
2 that had an established effective treatment or it  
3 could be that the product -- the experimental product  
4 is successful but afterwards for whatever reason that  
5 may not be available but some effective treatment  
6 would be available. That is the change, you are  
7 right.

8 PROFESSOR CAPRON: And just also to -- that  
9 change could be made in version A, I suppose, as  
10 well, or was that intended only to be made in the  
11 others?

12 DR. MACKLIN: The intention was just to have  
13 one that stands as the current version.

14 PROFESSOR CAPRON: I see. Okay.

15 DR. MACKLIN: It could be made. I mean,  
16 that could be an amendment to A, you know, but this  
17 was just to say what it currently says because that  
18 is what we debated yesterday and then these  
19 alternatives.

20 PROFESSOR CAPRON: Could I ask one other  
21 question? In light of Larry's concern about the  
22 relationship between Recommendation 2 and  
23 Recommendation 4, would we have a chance to discuss  
24 the possibility that even in the strong version B,  
25 the phrase would be "as long as they need it until it  
26 becomes -- until such time as it becomes a licensed  
27 product that is available for treatment" or some

1 such. I mean, there is a difference between forever  
2 and, as Larry said, there was some discussion in 4,  
3 Recommendation 4, about what happens to the rest of  
4 the people in the country. Or is that a -- is  
5 that incompatible with --

6 DR. MACKLIN: Well, I mean that essentially  
7 weakens B because this says if they would not  
8 otherwise have access to it. Now it could be a  
9 licensed product but they may not have access to it  
10 because although it is a licensed product they just  
11 simply cannot afford it. So it is a different -- it  
12 would make a different point.

13 DR. SHAPIRO: Let me suggest something here.  
14 Just a way of proceeding in our discussion.

15 PROFESSOR CAPRON: I also wanted to say  
16 thank you. I think it was very helpful to have these  
17 alternatives.

18 DR. SHAPIRO: I want to focus, if it is all  
19 right with the commissioners, on item B here.  
20 Although we are trying to avoid strong and weak, good  
21 and bad, and those kinds of phrases, it is very hard  
22 to do so. But B obviously is -- I mean, to me, is  
23 the clearest and strongest obligation if you want to  
24 put it that way. It is a strong obligation.

25 And in some ways, to me, it is the clearest  
26 and most satisfactory because as, I think, maybe Eric  
27 pointed out yesterday, if -- you do not have a

1 stopping rule with B. Whereas otherwise you need a  
2 stopping rule and it is hard to figure out what that  
3 rule would be. If it is not the end of the trial is  
4 not a good stopping rule then everything -- anything  
5 else is pretty arbitrary as well.

6 And so I really want to see if -- if the  
7 commission is uncomfortable with B or some  
8 appropriate version of B then, of course, we have to  
9 move to A, C or D and have that discussion. But it  
10 seems to me that either saying we like or feel  
11 uncomfortable with B, that is too much in some way,  
12 would be helpful to get -- either accept that or put  
13 it aside and go on with the next recommendation.

14 Larry?

15 MI: As I said before, I think we have an  
16 obligation. There should be an obligation to the  
17 trial participants but I am not for -- and I am  
18 totally uncommitted for ever commitment.

19 DR. SHAPIRO: Eric?

20 DR. CASSELL: Well, I feel the same way. I  
21 mean, on what basis should they have such an  
22 obligation? That they were able to do a trial and  
23 there is no end to it and it does not matter what it  
24 costs. I just do not think that can happen. It just  
25 cannot happen. And I do not think we ought to have  
26 recommendations that really are not do-able.

27 DR. SHAPIRO: Bette?

1 MS. KRAMER: I had a clarifying question.  
2 Would this include if it were a placebo arm in a  
3 study, would this include the people in the placebo  
4 arm?

5 DR. MACKLIN: Yes.

6 MS. KRAMER: Okay. Thank you.

7 DR. SHAPIRO: Other comments or questions  
8 with respect to B? I do not understand why it is not  
9 do-able. It may not be advisable but why is it not  
10 do-able?

11 DR. CASSELL: Well, I mean, I suppose it is  
12 a very expensive drug. Do-able in the sense of  
13 anything can be done, right? Enough might and enough  
14 concern and enough real care, and you can do  
15 anything.

16 DR. SHAPIRO: Okay. That is fine. I  
17 understand.

18 Rhetaugh?

19 DR. DUMAS: I would argue that it is do-able  
20 and it says to provide it either free or at an  
21 affordable cost. So it need not necessarily be  
22 something that is free forever. I like B and I would  
23 support that one.

24 DR. SHAPIRO: Steve, and then Larry, and  
25 then Arturo.

26 MR. HOLTZMAN: There are many products which  
27 one might wish to test which in their nature do not

1 take the form of a pill. They take the form of, for  
2 example, an infusion product, which assumes an  
3 infrastructure of a certain kind and type. For  
4 example, refrigeration, electricity, clinics, et  
5 cetera, et cetera.

6 The issue of a provision to a subject  
7 population who are participants from the perspective  
8 of a sponsor, say a pharmaceutical company, is not  
9 the cost. If you are dealing with a few thousand  
10 people, all right, being able to provide it in terms  
11 of the cost of the drug for free or whatnot is not  
12 your issue.

13 I am more concerned about the do-ability of  
14 this for all cases and the pragmatics of it. So  
15 suppose the participant moves, for example. Is there  
16 an obligation to continue to follow them?

17 So I am inclined more to the presumption and  
18 it being a strong presumption, all right, that  
19 dealing with the individual case by case to see what  
20 makes it possible.

21 DR. SHAPIRO: Thank you.

22 Larry?

23 DR. MIIKE: I had the same -- I was just  
24 going to make the same comment as Steve. It is --  
25 especially if -- just look at the consequences of it.  
26 You have an NIH and a CDC project going on in these  
27 countries. How are you going to actually implement

1 this in any way? I just do not see it. Especially  
2 now you have a tempering phrase here, "at affordable  
3 cost." I suppose that means affordable cost to the  
4 host country and the participants. I just do not see  
5 any way in which you can do this.

6 DR. SHAPIRO: Arturo?

7 DR. BRITO: I have a little bit of a  
8 discomfort with this because of several reasons. One  
9 is something we have talked about before, is about  
10 the therapeutic misconception or the idea of undue  
11 inducements to get people to participate or what have  
12 you, and it is really more undue inducement, the  
13 therapeutic misconception here. The other is I fear  
14 that this may deter people from doing some research  
15 in foreign countries.

16 I think that the obligation here is really -  
17 - and I have kind of swung back this way. The  
18 obligation here to the participants just to be honest  
19 from the get go of what will and will not be  
20 available. And I think as long as the participants  
21 are not made worse off, okay, through a research  
22 study, then the obligation is not necessarily to  
23 continue to provide the treatment.

24 DR. SHAPIRO: Rhetaugh?

25 DR. DUMAS: It raises a question in my mind,  
26 though, of what the benefit is then to the host  
27 country and to the people who are involved. It seems

1 to me that if it is not feasible to carry forward  
2 whatever it is that is being tested in the research  
3 then it is not feasible to do it in that country.

4 MR. HOLTZMAN: Not necessarily. Right. I  
5 can think of the situation, for example, with an  
6 infusion product which could be broadly available in  
7 the urban centers of a country where there is  
8 electricity but not in the rural areas and some of  
9 the participants in the trial may have come from  
10 rural communities.

11 DR. DUMAS: So in a sense you would exploit  
12 the rural dwellers in the interest of the more urban  
13 ones.

14 MR. HOLTZMAN: That is -- I am imagining a  
15 situation in which there is a broad base in the trial  
16 and I can imagine people also who become mobile and  
17 move.

18 DR. DUMAS: Okay. I think that this does  
19 not say that if there are exigencies, I cannot say  
20 that word too good, that cannot be overcome that they  
21 could not be negotiated. I think a setting for the  
22 principle and then if there are reasons they find  
23 that make it impossible then it is impossible but I  
24 do not think we should eliminate the principle.

25 DR. SHAPIRO: Jim?

26 PROFESSOR CHILDRESS: I think we seem to  
27 have a lot of agreement actually just despite the

1 unclarity about which recommendation to emphasize.  
2 And I am torn because I think that whether we use the  
3 language of ideal or strong obligation or prima facie  
4 obligation or presumption that there seems to be a  
5 consensus that we really want to state something here  
6 that this is a direction that ought to be pursued  
7 vigorously.

8           And yet the pragmatics that have been  
9 emphasized, the questions of feasibility and so  
10 forth, are certainly very strong and point in the  
11 direction of some kind of negotiation. And I guess  
12 that pushes me more sort of along the lines of Steve  
13 towards something like C as long as that presumption  
14 is understood in a very strong way.

15           DR. SHAPIRO: Other comments?

16           Now one could -- if pragmatic concerns, that  
17 is logistical concerns of one kind or another are the  
18 reasons to not stick with B, that is one set of  
19 issues. That can be accommodated by some kind of  
20 language. However, there are other reasons to be  
21 against B which have been raised here, such as the  
22 incentive structure is wrong and so on. There are  
23 different kinds of reasons to be against B. Some of  
24 which are pragmatic but others are much more -- are -  
25 - cannot be overcome in some sense. The incentive  
26 issue cannot be overcome as long as you have that.  
27 And those of you concerned that this -- as Arturo, I

1 think, may have said that this accentuates the  
2 therapeutic misconception and so on, that cannot be  
3 overcome either if you are promising health benefits  
4 of this kind. It is just a sort of built in  
5 principle.

6 So for whatever set of reasons you might  
7 have, different commissioners, how many of you would  
8 favor moving from B to something -- I do not want to  
9 say less indifferent than -- how many of you would  
10 favor moving from that and using something like C or  
11 A as a basis for trying to form a recommendation? I  
12 want to have a show of hands.

13 All those in favor of moving in that  
14 direction?

15 (A show of hands.)

16 DR. SHAPIRO: Alta?

17 PROFESSOR CHARO: I am sorry, Harold.

18 DR. SHAPIRO: Yes.

19 PROFESSOR CHARO: I am sorry. I am a little  
20 bit confused. I thought that A was the current  
21 version. So when you talk about moving from B, I am  
22 a little confused.

23 DR. SHAPIRO: B is the -- what, I guess, I  
24 call the stronger version, that is it has an  
25 indefinite time period associated with it.

26 PROFESSOR CHARO: Right.

27 DR. SHAPIRO: That is the difference -- a

1 key difference between B and A where that issue is up  
2 -- time is one of the issues to negotiate under A,  
3 the current version. Whereas in B time is not a  
4 negotiable thing.

5 PROFESSOR CHARO: Right. No, I guess -- I  
6 am sorry. I apologize. Every once in a while  
7 without the hand motions it is a little hard to  
8 follow the discussion.

9 DR. SHAPIRO: I understand.

10 PROFESSOR CHARO: Are you now asking people  
11 to raise their hands in favor of A/C?

12 DR. SHAPIRO: Right.

13 PROFESSOR CHARO: As opposed to B?

14 DR. SHAPIRO: Correct.

15 PROFESSOR CHARO: Okay.

16 DR. SHAPIRO: Thank you very much.

17 Let me see a show of hands again. I am  
18 sorry.

19 (A show of hands.)

20 PROFESSOR CHARO: I will put a hand up for  
21 C.

22 DR. SHAPIRO: Okay. It is clear that a  
23 majority of the commission really prefers moving to  
24 something like A or C.

25 PROFESSOR CAPRON: Was her hand --

26 DR. SHAPIRO: Her hand was up.

27 PROFESSOR CAPRON: Oh, her hand was up.

1 DR. SHAPIRO: Hand was up. A/C. Okay.

2 And now let's just put B aside for a moment  
3 and see if there are any suggestions regarding A and  
4 C or I guess people want to be close to a strong  
5 presumption. I guess that is how Jim phrased it.

6 Is that the general feeling here, Alex?

7 PROFESSOR CAPRON: The problem that I have  
8 been having in the discussion is trying to figure out  
9 how we would state the criteria for judging that the  
10 presumption has been rebutted because we have done  
11 that vis-a-vis other recommendations and explained  
12 criteria. And that is actually -- I mean, to me -- I  
13 have been sitting here trying to come up with a list.

14 On the one hand there are reasons for  
15 limiting vis-a-vis any particular participant of the  
16 type Steve has raised where it becomes logistically  
17 difficult because of choice made by the participant.

18 Would the notion that NIH cannot without  
19 multi-year budgets commit itself indefinitely into  
20 the future, is that a reason? Is the fact that the  
21 company is a small biotech company developing a  
22 vaccine and its financial underwriters are unwilling  
23 to place its existence at risk? Is the notion that  
24 it would simply be too -- so burdensome that the rate  
25 of innovation would decline that the company says,  
26 well, you know, we could be testing ten or 15  
27 different promising things but with this kind of

1 obligation we are only going to test one because the  
2 financial obligation even for a large company -- I  
3 mean, I do not know what the list -- and these are --  
4 in other words, these are policy considerations why  
5 it may not make sense to have the policy rather than  
6 individual factors which an IRB or -- I mean, this is  
7 not even for an IRB.

8 The other times we have an IRB we have a  
9 process where that involves a group of people who are  
10 applying a set of criteria. Here it seems to me we  
11 are setting up something where if it does not happen  
12 people from the outside will say either, "Well, that  
13 was anticipated and the way they went about deciding  
14 not to do that met the criteria that were set and it  
15 is a legitimate choice. It is not an unethical  
16 research project for that reason."

17 I do not know what that process would be or  
18 what criteria people would be expecting to apply. I  
19 have that difficulty.

20 DR. MIIKE: May I respond to that?

21 DR. SHAPIRO: Yes, Larry?

22 DR. MIIKE: I want to respond in two ways.  
23 One is that I do not -- I do not see why we are  
24 putting a presumption exists in front of this one.  
25 We should just make a bold statement that this should  
26 be done. Second of all -- that makes it a little  
27 stronger.

1           Second of all, whatever we do, it is not a  
2 legal mandate or something that is going to be  
3 absolutely -- they have to do. It is sort of like it  
4 is our ethical -- we are making an ethical statement  
5 about it here. So what would then happen in cases of  
6 NIH, et cetera, is that this is our recommendation.

7           Our recommendation is not, oh, you guys can  
8 -- you know, maybe if you want to negotiate on  
9 continue providing the effective treatment, that is  
10 fine. Because all we are doing is sort of raising  
11 the standard about what they should be doing. So  
12 whatever we suggest, if people choose to ignore it,  
13 they are going to ignore it.

14           But I think that -- what the importance is  
15 that we do not say it is a presumption that there  
16 should be -- there is an obligation to provide these  
17 benefits but there should be flexibility enough in  
18 terms of the time and how it actually is going to be  
19 priced, et cetera.

20           PROFESSOR CAPRON: Larry, I agree.

21           MI: I think that is all we are saying.

22           PROFESSOR CAPRON: I agree with you and I  
23 was already starting to try to write out -- if we had  
24 the first sentence -- in other words, if we had B and  
25 then we had another sentence which says this  
26 presumption may be overcome -- and I was trying then  
27 to say what it was that would overcome it because I

1 agree with you it is a matter of looking at  
2 something.

3 I mean, suppose this did not -- suppose NIH  
4 launches a big trial of something and does not do  
5 this. And suppose we were still in existence and  
6 someone came to us and said, "Did they do the right  
7 thing?" I guess I would want to know, well, how hard  
8 did they try to do this? I mean, what -- did they  
9 cost it out? Did they figure out what was involved?  
10 Did they take the considerations of the types Steve  
11 raised and so forth? Did they go through all that?

12 But I would like to let them know in advance  
13 the criteria I would use in saying, yes, this was  
14 reasonable after all. They operated under what was  
15 really a presumption and they overcame the  
16 presumption. Or is it just ad hoc'ing on our part?

17 DR. SHAPIRO: Okay. A number of people want  
18 to talk.

19 Eric?

20 DR. CASSELL: Well, I find what Alex has  
21 said persuasive and I am trying to figure out a way  
22 where we can make it clear. What we feel is that a  
23 sponsor has an obligation to subjects in a trial  
24 after the trial is concluded. That is our  
25 presumption that that obligation exists.

26 The minute we begin to specify it, we get  
27 into the kinds of troubles that Alex was just talking

1 about. I really believe that our statement -- the  
2 ethical -- the statement of ethics is an obligation  
3 continues after a trial is over to the participants  
4 of the trial. The nature, duration and extent of  
5 that obligation should be negotiated before the trial  
6 starts.

7 DR. SHAPIRO: Okay.

8 Steve?

9 MR. HOLTZMAN: What I do not like about C is  
10 the fact that the word "presumption" feels awfully  
11 thin. Okay. I think we are all kind of responding  
12 to that. And yet at the same time I actually  
13 disagree with you, Larry, that the should is just a  
14 hortatory, whatever the word is, word there.

15 I mean, I think the way we think about  
16 ourselves or ought to think about ourselves is if we  
17 write a "should" it means that we would be happy if  
18 it was codified that no trial would be undertaken  
19 unless it met the condition.

20 So my view is that we want something that  
21 says there is a rebuttable presumption. Okay.

22 I would then go along with Eric that I think  
23 that what is less important. It is not so much the  
24 length of time and the cost, it is also the nature.

25 And the kind of case I have in mind is where  
26 someone like the CDC gets together with the  
27 representatives of a Health Ministry of a country and

1 says, "The fastest way we can prove this is by doing  
2 clinical trials in 15 or 18 or 30 sites broadly  
3 distributed around the country. Now if successful,  
4 what is the infrastructure we will need to be able to  
5 provide for all?"

6 And it is possible you will not be able to  
7 provide for all but there is a generalized benefit  
8 and working out, as best they can, and it is not the  
9 best of -- it is just the best of all possible  
10 worlds. It is not the best world.

11 So I think that that is the role of the  
12 negotiation with the local representatives and giving  
13 them the autonomy they deserve to make judgments  
14 about what is in their best interest.

15 DR. SHAPIRO: Bernie?

16 DR. LO: On the one hand I am sympathetic  
17 with Alex's concern that it would be nice to have  
18 some guidelines for investigators and IRBs to follow.  
19 On the other hand, I think if we look at the big  
20 picture it would be a very big step to say that your  
21 obligation as a sponsor, as a researcher, does not  
22 end when the clinical trial ends, that you have an  
23 ongoing obligation.

24 I do not think we can sit here and predict  
25 what all the contingencies are going to be. There is  
26 a lot of research. We are not familiar with the  
27 types of research going on. I would rather, you

1 know, sort of like a supreme court, do what we have  
2 to do, establish a broad principle, say that there  
3 may be exceptions, we may give one or two examples,  
4 but I would just as soon let that be worked out.  
5 That is -- other people are going to have to  
6 interpret the notion that we believe very strongly  
7 that you should continue to do as much as feasible  
8 after the trial ends but not to try and specify so  
9 much that we will say things that are so theoretical  
10 that they are not going to be very helpful.

11 PROFESSOR CHARO: Hand up.

12 DR. SHAPIRO: Alta?

13 PROFESSOR CHARO: As I am listening to the  
14 discussion I am finding myself wondering if option B  
15 slightly reworded captures what people are saying.  
16 If B were to read "After the trial is concluded  
17 sponsors should try to continue to provide the  
18 research product..." da, da, da. It seems to  
19 indicate that they are expected to make the effort,  
20 that we understand sometimes it may not be possible,  
21 and that a case by case look is going to be  
22 necessary.

23 And in response to Alex, I think what you  
24 would be looking at is whether or not it seemed like  
25 a sincere effort to find a way to fulfill this  
26 requirement.

27 DR. SHAPIRO: Larry?

1 DR. MIIKE: This is in partial response to  
2 Steve. I mean, no matter what -- how we phrase this,  
3 our recommendations do not have the force of law.  
4 That is what I meant. I mean, we are an advisory  
5 body.

6 DR. SHAPIRO: That is right.

7 DR. MIIKE: And, therefore, I would like to  
8 make as strong a statement as possible without being  
9 specific about the actual operational side because I  
10 agree with Bernie that what we really want to do is  
11 establish the principle that there is an obligation  
12 to continue providing care to the participants in a  
13 trial.

14 I do not think we can go beyond that. It is  
15 for others to work out whether they are going to take  
16 us seriously or whether they are going to say that is  
17 a default position and we will try to do it unless  
18 circumstances say we cannot and how, et cetera.

19 And I think by doing this it gives the host  
20 country representatives a reason for bargaining on  
21 issues that they thought they might not have been  
22 able to bargain with before, and it is up to them to  
23 decide whether they are going to bargain so hard that  
24 they may not have research done in their country, and  
25 it is up to them to decide what the flexibility is in  
26 the give and take between them and the drug sponsors.

27 DR. SHAPIRO: Well, let me indicate where I

1 think we are here and I am not going to worry right  
2 now about the exact language because we are not going  
3 to be able to draft it sitting here today but I think  
4 we are agreed, as Jim said a few moments ago, that we  
5 believe there is an important obligation, post trial  
6 obligation, to the participants in the trial.

7           The number and complexity and variety of  
8 research projects, interventions and risks and so on  
9 associated with this is too large for us to think  
10 that we are going to devise a rule that will be  
11 appropriate in all circumstances, the number of  
12 sponsors, there are different kinds, different  
13 varieties of sponsors, different kinds of trials,  
14 risky trials, trials that are virtually without risk  
15 and so on that we are not going to be able to specify  
16 in any finite sized recommendation just how to deal  
17 with these situations but we should try to draft  
18 language that we believe that a strong obligation  
19 exists.

20           It can be met in a variety of ways. We  
21 might, in fact, give some examples as Bernie suggests  
22 and -- but our chief message is that people out there  
23 ought to be talking about it and coming to some  
24 agreement about it in individual cases.

25           That is what I understand us to be agreed on  
26 and we will try to develop language that reflects  
27 that. I think, you know, we cannot go farther than

1 that this morning. We do not have time to get all  
2 those words down but I think it is a pretty clear  
3 notion of what we are agreed on.

4 DR. CASSELL: Yes. Just briefly because the  
5 obligation exists even if the trial is not  
6 successful.

7 DR. SHAPIRO: Yes.

8 DR. CASSELL: And so we are not -- there are  
9 no products. The trial failed and yet the obligation  
10 continues to the subjects of the trial.

11 DR. SHAPIRO: We will draft language here  
12 and we will take a look at it. I think I have a  
13 sense of where we are on this.

14 Let's go on then to the Recommendation 7 or  
15 Recommendation 7 and 8 on Chapter 2. Let me turn to  
16 Ruth to -- because I think Ruth has provided an  
17 interesting new framework for considering these and I  
18 would like her to describe that to you.

19 DR. MACKLIN: It would probably be useful if  
20 you turn to Chapter 2 where that recommendation  
21 exists and someone tell me what page that is on,  
22 please. 7 and 8. The original 7 and 8.

23 DR. SHAPIRO: 14 and 15.

24 DR. MACKLIN: 14 and 15. And you may still  
25 have Alta's version, which I think if you put it side  
26 by side that was in the memorandum, in Eric's  
27 memorandum, because we are going to be referring to

1 both.

2 Now we start out -- just a brief reminder of  
3 what the discussion was yesterday. After a lengthy  
4 discussion about whether or not these recommendations  
5 should apply to research on conditions that affect  
6 only women or whether it should apply to conditions  
7 that affect women and men both in what Alice and I  
8 came to believe was a rather hasty decision. The  
9 commissioners urged the deletion of the word "only"  
10 thereby making the recommendation as it stood with 7  
11 and 8, either in this version or Alta's version,  
12 changing the recommendation so that it did not refer  
13 to conditions that affect only women.

14 So our comments begin with that -- against  
15 that backdrop so I will just read what we wrote here.

16 To delete the word "only" thereby making  
17 this recommendation apply research on conditions that  
18 affect both women and men makes no sense. It makes  
19 no sense because it is simply not true that the  
20 research could not otherwise be conducted -- okay.  
21 We are looking at the language in the recommendation  
22 -- since it would be conducted using exclusively male  
23 subjects.

24 However, the recommendation could still make  
25 sense if we were to include or to add an all together  
26 different recommendation. To wit: This would be an  
27 additional recommendation and it would take this

1 form: "Researchers should recruit women as subjects  
2 in all studies on conditions that affect both women  
3 and men." That would have to be an additional  
4 recommendation and as we discussed very briefly, as I  
5 mentioned yesterday, we would then need to have some  
6 other paragraphs that say something about the  
7 stratification, the analysis of the data separate for  
8 men and women, et cetera, in order for that  
9 additional recommendation to make any sense.

10 So this paragraph concludes by saying, "This  
11 additional recommendation would be necessary if  
12 Recommendation 7 were to be broadened to refer to  
13 research that affects both men and women."

14 Now that is the first observation. Now we  
15 go to Alta's proposed revision, which upon studying  
16 it carefully Alice and I found to be problematic  
17 because Alta's version differs significantly from the  
18 current recommendation or the wording in the current  
19 recommendation.

20 Her wording refers to local custom as  
21 requiring that a husband or other family member must  
22 be approached to gain permission before approaching  
23 an adult woman for recruitment. This is distinct  
24 from the requirement of a husband's signature or oral  
25 permission for his wife to be actually enrolled in  
26 the research.

27 The existing Recommendation 7 and 8 or 7

1 rather on 14 and 15 does not refer to approaching a  
2 husband for permission to approach the woman but  
3 refers instead to the requirement that the husband  
4 provide consent or, as we prefer, permission for the  
5 woman's participation.

6 So that is an observation on Alta's.

7 And now here is our suggestion: Going back  
8 to the original Recommendation 7. We suggest that  
9 all this would be clearer if Recommendation 7  
10 consisted of the first paragraph only with one change  
11 in wording of the first sentence. The bolded  
12 material on line 17 is the change in the first  
13 sentence and the rest of the paragraph is the  
14 existing Recommendation 7 or the first paragraph of  
15 Recommendation 7.

16 The newly formulated sentence says,  
17 "Researchers should use the same procedures in the  
18 informed consent process for women and men to serve  
19 as research participants." The change there is from  
20 referring to the recruitment procedures, which we  
21 have abandoned, and instead talk about the informed  
22 consent process.

23 Now if we retain that as Recommendation 7  
24 and that is the only wording that will be in the  
25 actual recommendation, it would then be preceded by  
26 the following paragraph, which is new material:

27 "Much research is directed at conditions

1 that affect both women and men. Yet it is important  
2 to consider research that affects only women. A  
3 prominent example is research related to  
4 contraceptives and their use. Typically recruitment  
5 for such studies takes place in a clinic or health  
6 center where women come for family planning or other  
7 medical services. In these settings, the contact  
8 that researchers have with potential research  
9 participants precedes any contact researchers have  
10 with the spouse. In this initial encounter, a  
11 discussion of involvement of the spouse in the  
12 subsequent informed consent process should take place  
13 without involving the husband in the consent  
14 procedures. Otherwise, it would be impossible to  
15 conduct some research on common serious health  
16 problems that affect only women. The likely  
17 consequence of the inability to do such research  
18 would be the denial of subsequent benefits of  
19 contraceptive and other research to all women in that  
20 country. Health authorities may not be willing to  
21 approve the introduction of contraceptive products  
22 that have not been tested in that country. The  
23 prospect of denying such a substantial benefit to all  
24 women in a particular culture or country calls for a  
25 narrow exception to the rule that researchers should  
26 use the same procedures in the consent process for  
27 women and men. In order to justify such an

1       exception, researchers must provide evidence that (1)  
2       it would be impossible to conduct the research  
3       without obtaining permission of women's husbands in  
4       addition to their own consent; (2) failure to conduct  
5       this research would probably deny its potential  
6       benefits to women in the country; and (3) measures to  
7       respect the woman's autonomy to consent to research  
8       are undertaken to the extent possible."

9               PROFESSOR CHARO: Hand up.

10              DR. SHAPIRO: Alta, I will let you comment  
11       first and then Alex and Steve.

12              PROFESSOR CHARO: Ruth, I find it  
13       interesting that I apparently did not understand the  
14       recommendation the last time it was presented because  
15       in the rewrite I was trying not to change the  
16       meaning. And I am finding the same confusion  
17       apparently here.

18              The way I am reading what you propose, which  
19       mostly does not bother me, it appears that it would  
20       create an exception for our general rule that nobody  
21       consent for anybody else. I do not know if that is  
22       the intent. Are you suggesting that there will be  
23       times that men should be able to enroll their wives?

24              DR. MACKLIN: No. Let's -- let me read the  
25       relevant sentence there again. "In order to justify  
26       such an exception, researchers must provide evidence  
27       that (1) it would be --" no, I am sorry.

1 PROFESSOR CHARO: So are you saying --

2 DR. MACKLIN: If they want --

3 PROFESSOR CHARO: -- there will be  
4 exceptions --

5 DR. MACKLIN: I am sorry.

6 PROFESSOR CHARO: -- to our rule that men --

7 DR. MACKLIN: No. It says --

8 DR. SHAPIRO: Are you reading in the right  
9 place?

10 DR. MACKLIN: Yes. "It would be impossible  
11 to conduct the research without obtaining permission  
12 of women's husbands in addition to their own  
13 consent."

14 Now let me just say that recommendation --  
15 we still have the phrase "in no case." In  
16 Recommendation 8 -- I suppose that has to be put into  
17 Recommendation 7. We still want the phrase, "In no  
18 case may a family member's permission replace the  
19 requirement of individual informed consent." Is that  
20 --

21 DR. MIIKE: Excuse me, Ruth.

22 DR. MACKLIN: Is that -- that is in 7 you  
23 see. So --

24 DR. MIIKE: Ruth, it is in 7.

25 DR. MACKLIN: It is in 7.

26 DR. MIIKE: It is in your 7.

27 DR. MACKLIN: Okay. It is in 7. So in

1 other words, we say first "in no case may it  
2 substitute." So this is the husband's permission in  
3 addition to the woman's individual informed consent.  
4 I mean, that is what the intent is and if it says,  
5 "In no case may it substitute," that should make it  
6 clear and then there is this additional phrase that -  
7 -

8 PROFESSOR CHARO: But I would only ask that  
9 that is pulled out and highlighted because I find --  
10 it may be because it is only -- you know, 8:00  
11 o'clock here but I find that it gets lost in the  
12 shuffle when the exceptions follow the recommendation  
13 paragraph and you have all these exceptions. I just  
14 would like it to be pulled out a little bit more  
15 clearly.

16 DR. MIIKE: Ruth, when you read your revised  
17 Recommendation 7 you only read the first sentence.  
18 You added a sentence. You still have -- in the rest  
19 of it, it explicitly states that.

20 PROFESSOR CHARO: I read the whole thing,  
21 Larry. I promise you.

22 DR. SHAPIRO: Okay. Let's -- there is a lot  
23 of people who want to speak here. I have Alex,  
24 Steve, Diane and Jim.

25 Alex?

26 PROFESSOR CAPRON: I wanted just to have  
27 some feedback from people with experience. There is

1 an empirical statement that is stated in terms of a  
2 typically where these things happen and then a  
3 description that says in these settings, and then  
4 this seems to be a universal statement: "The contact  
5 researchers have with potential research participants  
6 precedes any contact they will have with the spouse."

7 And what I worry about, Ruth, is we are  
8 later talking about a process of community  
9 involvement and if you think of situations where  
10 there is such community involvement, wouldn't the  
11 fact of the research already have been discussed in  
12 the community? And if it were research that involved  
13 the potential for something where women would be  
14 asked to do something and their husbands in the local  
15 custom are always involved first before a woman is  
16 recruited or actually is even given medical care that  
17 people would know about this?

18 I mean, the notion that you, in effect, can  
19 get to the women without the men knowing that you are  
20 doing that, which is what this seems to turn on -- I  
21 am just asking is that a realistic description of the  
22 situation.

23 DR. MACKLIN: Well, the typically -- and  
24 here I guess I am drawing on my own knowledge and  
25 experience in the area of reproductive health  
26 internationally. The "typically" refers to what is  
27 the case and what normally does take place. And, in

1 fact, earlier in the chapter there is a discussion or  
2 a description of some research that was conducted at  
3 a women's health facility. Some research in Chile  
4 and the research was actually -- it was a description  
5 of the procedures and also the study. So, I mean,  
6 that is just an illustration but that is typically  
7 what is the case.

8 Now what you are referring to is the  
9 proposal that there be community involvement or  
10 community consultation in some sense and that is  
11 something that has not yet occurred. It is -- even  
12 if it were to occur, that is it is something that we  
13 propose and endorse, there are two questions. I  
14 mean, this could be elaborated, I suppose. There are  
15 two issues here.

16 One is the relevant community need not be  
17 only the geographic community. It could be the  
18 community of women at risk, that is we do not  
19 anywhere define community and what is the relevant  
20 community.

21 Secondly, even if it were the community that  
22 included the husbands, it still does not follow that  
23 researchers would then have contact with the  
24 individual husbands of women who might then be the  
25 perspective of --

26 PROFESSOR CAPRON: I was not suggesting that  
27 they would have such contact in that process but that

1 the husbands and members of the community -- I mean,  
2 obviously if we are talking about an urban  
3 reproductive health clinic where women go -- the role  
4 of the husband as the permission giver may be  
5 irrelevant. But if we are talking about going into a  
6 more community based rural area to do HIV maternal  
7 transmission -- I mean is it only fertility? Is that  
8 what we are talking about? I mean, only -- maternal  
9 transmission to offspring only affects women and it  
10 might well be research to do that. And our  
11 assumption is that you do not just march into the  
12 village and do it.

13 DR. MACKLIN: Yes. But then we have the  
14 leader. I mean, then it is another recommendation  
15 that deals with that. That is a --

16 PROFESSOR CAPRON: Then the men in the  
17 village -- the people are aware that there is going  
18 to be someone asking their wife to enroll. And the  
19 notion -- I mean this proceeds on the notion that you  
20 get to the women before the men know anything is  
21 happening and you say to them, "Do you want to  
22 involve your husband in this choice? It is your  
23 choice."

24 Even though if you are a physician in that  
25 community you would know that the woman does not come  
26 in for treatment without her husband coming along or  
27 otherwise saying to you, you may intervene in this

1 fashion with my wife, and you would not do that. And  
2 here you are saying the researcher would sort of  
3 short circuit that cultural expectation.

4 I thought we were dealing with situations in  
5 which the question is the researcher does not want to  
6 short circuit because he feels that it will damage  
7 the research. He does not feel that he can get  
8 permission to do it that way from the local people  
9 and wants to go to the IRB and say, "The only way I  
10 can do this research is the husbands have to know  
11 that I am doing it and they have to say yes their  
12 wives can enroll. May I have that as an exception?"

13 And we are not addressing that in this  
14 recommendation it seems to me. We are presuming that  
15 that does not happen and that is what worries me --  
16 or in this discussion. I know it is not a  
17 recommendation.

18 DR. SHAPIRO: I have got a lot of people  
19 here who wish to speak. Let me just get the list  
20 down. Okay. First Steve.

21 MR. HOLTZMAN: I think there is a way of  
22 addressing your concern, Alex, to make it not  
23 conflicting with what Ruth has written here but sort  
24 of different kinds of cases and capturing them, and  
25 that is maybe to move up a couple of thousand feet to  
26 say what is it that we all agree to. All right.

27 I think what we clearly all agree to is that

1 ideally we want women to be treated the same as men  
2 in the recruitment process. All right. And then we  
3 are going to address the question of when it is  
4 morally okay to involve the men in the process of  
5 approval in a differential manner. All right.

6           There are different ways that could play  
7 itself out and the question before it, it seems to  
8 me, with the way Ruth phrased it, is when is -- does  
9 it require the case by case approval of the woman?  
10 That was what was written here. You are pointing to  
11 a different case where you go to the leaders first.  
12 So we have to answer the question does it require the  
13 case by case approval of the woman herself.

14           And the second -- I think where we do agree  
15 is that if the failure to depart from the ideal of  
16 equal treatment will result in a trial not taking  
17 place that in turn would result in a medical benefit  
18 being not available to the women, we think that is  
19 the justification for departing from the norm and  
20 some of us would submit that the paradigm case of  
21 that would be a woman's only disease or contraception  
22 or whatnot.

23           But there are cases where the failure to  
24 include women in a trial for a disease that afflicts  
25 both men and women can result in women not getting  
26 the drug.

27           So the point we were making yesterday, we

1 did not think was nonsensical as suggested and what  
2 was written today because it did put in there in  
3 Alta's language that failure to conduct this research  
4 with women in the trial would probably deny its  
5 potential benefits to the women.

6 And so I would ask Ruth that if there is a  
7 case -- if you can imagine a case in which the  
8 failure to include women in the trial for a disease  
9 that afflicts both men and women would result in the  
10 women being denied the benefit, is your position that  
11 that trial should not -- we should not use  
12 differential procedures to involve the women?  
13 Because the strong statement as you put it -- I do  
14 not think you would say that.

15 DR. MACKLIN: Well, I guess the question -  
16 - I mean, we addressed this yesterday and this is --  
17 we are speculating about whether clinicians would  
18 give a drug to a woman who had a disease -- let's say  
19 it is malaria. That is malaria was tested, no women  
20 were in the trial, you now have the drug. Women get  
21 malaria. Only men were in the trial and the question  
22 is whether physicians in that community would not  
23 give the women the malaria drug because they were not  
24 in the trial. Your presumption or assumption seems  
25 to be --

26 MR. HOLTZMAN: My presumption is that there  
27 is a range of cases and I do not know the answer in

1 every case.

2 DR. MACKLIN: Well, but it is no different  
3 from what it historically has been in this country  
4 when women were not involved in trials or were  
5 involved in very small numbers and no clinician would  
6 deny -- except for pregnant women, no clinician would  
7 deny women the benefits of a drug simply because it  
8 was tested only or primarily in men.

9 We are speculating now on the probability or  
10 the likelihood that if there were only men in the  
11 trial and if people knew there were only men in a  
12 trial, the average doctor in the rural health clinic,  
13 who probably has not a clue about who was actually in  
14 the trial, then decides -- the women come to him and  
15 he says, "Sorry, we are not going to treat you  
16 because the people who were in the original trial  
17 were only men." That is just not a plausible  
18 scenario for the kinds of cases that you are  
19 considering, namely a disease that affects both women  
20 and men but the trial included only men.

21 So what was nonsensical -- what we claimed  
22 was nonsensical was the claim that the trial could  
23 not otherwise be conducted because it could otherwise  
24 be conducted. It could be conducted only on men.

25 DR. SHAPIRO: Diane?

26 DR. SCOTT-JONES: I am still troubled by  
27 these recommendations and I have tried to list my

1 objections to this whole discussion and there are  
2 five that I have come up with so far. First, I have  
3 tried to step back and ask why we need a statement on  
4 women's rights in our report and I looked back at how  
5 we framed our report in Chapter 1.

6 And on page 3 of Chapter 1 the first  
7 extended example of unethical research in a report on  
8 International Report is the example of Puerto Rican  
9 women and oral contraceptives, which is actually a  
10 study of U.S. citizens and not an international  
11 study. And this example that has become now extended  
12 is also on women and contraceptives.

13 And I compared our current version to the  
14 version that Alex circulated and I have only had time  
15 to skim it but I much prefer the way Alex is setting  
16 up our report where he refers to studies that are  
17 done in countries that include people of color,  
18 impoverished people, and this is a much broader frame  
19 of inequities that concern us in our report.

20 I think we are narrowing our focus to  
21 women's issues and those have not been the issues  
22 that have come before us that prompted this report.

23 My second concern is that I cannot imagine  
24 how this would play out productively in an actual  
25 research study in a developing country. The  
26 recommendation assumes control by researchers. It  
27 assumes that researchers are going to be authorities

1 on marital relations and local customers. I cannot  
2 imagine how a researcher would talk to a potential  
3 female participant and advise her on the risk of  
4 talking to her spouse. I just cannot imagine how  
5 that could happen in a productive way.

6 My third concern is that the recommendation  
7 assumes negative marital relations in developing  
8 countries and it does not allow for the positive  
9 exchange between a husband and wife as exemplified in  
10 the discussion that we heard yesterday from one of  
11 our research participants who talked about how her  
12 husband helped her, how he sought information for  
13 her. I think we are assuming a negative marital  
14 relationship in developing countries.

15 My fourth concern is that in the very next  
16 Recommendation 9 we are much more favorable to the  
17 influence of a community leader who could be male and  
18 who could make negative decisions about all the women  
19 in his village. I would prefer a much more general  
20 statement about individual autonomy not limited to  
21 marital relations because there is a possibility for  
22 a loss of autonomy in other situations than a women  
23 in her marital relation.

24 And then my final concern -- and I say this  
25 very gently -- is that this smacks of hypocrisy. We,  
26 ourselves, do not have a strong record on gender  
27 equity and certainly not on social equity more

1 generally.

2 Yesterday I noted in -- when I was thinking  
3 about this recommendation that all the researchers  
4 who spoke before us and advised us so well were male.  
5 They were all Caucasian males. And all the research  
6 participants who spoke to us were female. So I think  
7 we are just being a little bit hypocritical in the  
8 way we are pressing this recommendation.

9 I would prefer that we back away from it and  
10 talk more generally about individual autonomy and not  
11 allow anyone to speak for anyone else rather than  
12 limiting this to a woman in a marital relation.

13 DR. SHAPIRO: Thank you.

14 Jim?

15 PROFESSOR CHILDRESS: I am tempted to pass  
16 given that eloquent statement. Thank you very much,  
17 Diane.

18 I will only -- I will roll out the one  
19 planned comment to try to deal with the issue, the  
20 important issues you are raising. I actually -- I  
21 think the proposed Recommendation 7 that Ruth and  
22 Alice have presented, perhaps, could be treated the  
23 following way -- I want to make basically two sets of  
24 comments.

25 I think we might just take on their page 2,  
26 "Researchers should use the same procedures and  
27 informed consent process for men and women who serve

1 as research participants. In no case may a spouse's  
2 permission replace the requirement of individual  
3 informed consent."

4 I think those two sentences ought to be the  
5 recommendation and this would, in part, address your  
6 concern by getting the discussion part, if we are  
7 going to include it in some kind of more nuanced  
8 statement, in factual material rather than  
9 recommendation. And that states what really is  
10 critical for us as a kind of obligation or principle  
11 at work in these matters.

12 So I would propose that we do that and then  
13 consider much of the rest of the material as textua.  
14 It is obviously going to require a lot of work.

15 The second set of comments would relate to  
16 the proposed exception that again would be in the  
17 text rather than the recommendation. And this would  
18 be on the last page of Ruth's and Alice's handout  
19 today.

20 I think when I heard it and first read it,  
21 the -- what brought me up short was the narrow  
22 exception to the rule and I think it would be a lot  
23 clearer if in the -- in the -- if we -- if just  
24 before "in order to justify such an exception," we  
25 actually said something else. We said -- and again  
26 it is a little repetitious but I think that we want  
27 to avoid misunderstanding and misinterpretation here.

1 To add after "consent process for women and men,"  
2 "this exceptions involves obtaining the permission of  
3 the husband's in addition to the woman's own consent.  
4 In order to justify such an exception, researchers  
5 must provide evidence." So we are very, very clear  
6 about what that exception, is and that we are  
7 retaining the emphasis on the woman's own consent.

8 I think with those sorts of changes, I would  
9 be comfortable with the recommendation and again with  
10 the -- trying to develop the text in a way that would  
11 fit with the recommendations.

12 DR. SHAPIRO: Thank you.

13 Larry?

14 DR. MIIKE: First, an editorial comment.  
15 Whatever the changes are in the discussion around the  
16 exceptions, exceptions usually follow the rules so it  
17 should not be preceding the discussion. It should be  
18 a succeeding discussion. It does not make sense to  
19 talk about the exception before you begin to state  
20 what the rule is.

21 Second of all is that I think -- I guess the  
22 way we deal with the concerns that Diane especially  
23 has raised, is a clearer distinction between the  
24 recruitment process, which involves community leaders  
25 as the filters to the potential subjects, which I do  
26 not think anybody has problems with because it is a  
27 practicality of that and it happens in our country,

1 too. You just saw the community video. Versus the  
2 actual consent process, which I think Ruth now has  
3 tried to distinguish better in this round.

4 So if we start with the recruitment process  
5 and talk about the community filter first, and then  
6 get down to the consent process, and that -- it is a  
7 fact that in some of these countries it is -- it is a  
8 male dominated society and the husband may be the one  
9 to make a decision. We can address it that way, and  
10 maybe that can reach Diane's concerns. So we go from  
11 a cascade of the community filter to the individual.

12 DR. SHAPIRO: Bette, and then Bernie.

13 MS. KRAMER: (Not at microphone.)

14 DR. SHAPIRO: Bernie?

15 DR. LO: Yes. I wanted to follow on Diane's  
16 very forceful remarks. I like very much Jim's  
17 suggestion of making the recommendation the first two  
18 sentences in Ruth's revised 7, which I think really  
19 does bring home the main point. I think that, in  
20 this report, we are really asking people to take a  
21 big step away from current practice. We are holding  
22 out an ethical ideal and we should really just be  
23 very clear that we state that and not get hung up in  
24 the exceptions and the details and the funny cases.

25 So I think if we separate that out we may be  
26 more forceful.

27 I also want to just make an empirical

1 comment to support what Diane said. One of my former  
2 colleagues, Susan Allen, did a study of HIV testing  
3 and counseling in Rwanda and when she first started  
4 the project -- this was almost a decade ago -- she  
5 was told that, in that society, it would be  
6 culturally inappropriate to ask women for individual  
7 informed consent and she was told that they did not  
8 understand, the cultural mores were that you got the  
9 husband's consent first, and she did not do that.

10 She went and tried to figure out a way of  
11 going to the woman first and leaving it up to the  
12 woman to decide whether to advise -- whether to bring  
13 her husband or partner into the process. And she did  
14 not go in there saying, you know, we are going to  
15 give you the pros and cons. We raise it as an issue  
16 for you to decide.

17 She is now at the University of Alabama in  
18 Birmingham and I think she is an example of how it is  
19 possible -- I mean, many times in this report we are  
20 saying, even in a culture where something like  
21 informed consent in a Western model does not make  
22 sense, if you are imaginative, if you are persistent,  
23 if you rely on the good sense of your participants,  
24 you can actually do a lot more than you might think.  
25 Cultural norms are changing throughout the world and  
26 we should not assume that -- so I would like to  
27 accent the positive.

1           Rather than saying, you know, that we may be  
2 stuck in some situations where the research is so  
3 important you could not do it otherwise unless you  
4 are going to get permission from the husband as well  
5 as the woman.

6           But I think, rather than spending time on  
7 that exception, we should spend more time on the flip  
8 side giving a positive example of how you can really  
9 make autonomy work in a culture where some may say  
10 that it is not the historical case or the practical  
11 norm.

12           I think just to go back, you know, to the  
13 first two sentences of Ruth's analysis in the new  
14 Recommendation 7 gives the right message that that is  
15 what we want to say and let's really make that stand  
16 out.

17           DR. SHAPIRO: Okay. I think -- again let me  
18 try to summarize where we are here because I do want  
19 to move on to comments on Chapter 5. It is clear  
20 that we are all on complete agreement with the -- as  
21 Jim said -- the first two sentences of what is  
22 Recommendation 7 altered. There is some new wording  
23 in here but the sentiment, I think, is really quite  
24 clear and we will certainly have to make that clear.  
25 Perhaps it is useful to adopt Jim's suggestions the  
26 way he did that.

27           I mean, for example, the way it is currently

1 written we talk about the -- just to respond a little  
2 bit to Diane's important points. We talk about the  
3 risks of talking this over or having -- working with  
4 a husband but there are benefits. This is what you  
5 were pointing out. And so, at the very least, it has  
6 to be balanced in some appropriate way.

7 But I think some of Jim's suggestions were  
8 very useful and I also like Larry's suggestion very  
9 much of getting the community issue up front and  
10 dealing with that and then dealing with the  
11 individual, which is the way this usually happens. I  
12 think that is a very useful suggestion and so we will  
13 produce new language on both of these.

14 The issue about whether or not we ought to  
15 take up in one way or another the issue of -- which  
16 Diane referred to as women's rights but there are  
17 women's health issues which are important and need  
18 addressing in all countries and internationally as  
19 well.

20 And the question I really want to ask the  
21 commission, which I am not clear about, is whether  
22 your sentiment is that we should say something about  
23 that in this context or not? That is what I am a  
24 little unclear about.

25 Alex?

26 PROFESSOR CAPRON: I think it is worthwhile  
27 to recognize this and I -- as I understand the

1 suggestion that the language, which is on the third  
2 page of Ruth's document, is commentary now. It is  
3 not a recommendation. It is a commentary and a  
4 discussion. And I think we can recognize that there  
5 have been problems with women not having access to  
6 health care, and that particularly around  
7 reproductive health issues, these problems are  
8 especially acute for women.

9 And then we can say that -- as Bernie  
10 suggests, if we can cite -- if his colleague has  
11 written up a description of what she did and so  
12 forth, we can give it as an example and say where  
13 attempts to deal directly with women are not  
14 possible, IRBs and researchers may approve research  
15 in which husbands are approached first, provided that  
16 -- and then the kinds of considerations here.

17 I think we have to think, Mr. Chairman, of  
18 how this relates to Recommendation 8, however, which  
19 we have not talked about and the more I have listened  
20 to this discussion and to Diane's points, I find  
21 myself looking at Recommendation 8 and trying to  
22 figure out what we are doing there.

23 Recommendation 8 seems to suggest in its  
24 first sentence -- and I think this is relevant  
25 because I think that maybe we have sort of a gemisch  
26 of the whole thing here -- that where culture or  
27 custom traditionally involves family members, I

1 thought that, as we had discussed this yesterday and  
2 we were imagining the circumstances with the husband  
3 and with other people, that we said we do not want a  
4 situation in which -- it was Larry's example about  
5 the Samoans, I guess. No, it was somebody else's  
6 example.

7 DR. SHAPIRO: A speaker's.

8 PROFESSOR CAPRON: Okay. That we not assume  
9 that everybody follows any particular tradition. So  
10 it is really the last sentence of that recommendation  
11 which says, which if we revise it, instead of saying  
12 "if", "When a potential subject wishes to involve  
13 family members in the consent discussions, the  
14 research should take appropriate steps to accommodate  
15 this wish," and then we have the statement which is  
16 now -- and this is why I think this is connected to  
17 7, something -- you know, "However, in no case may a  
18 family member's permission replace the requirement of  
19 individual informed consent," and then I wonder if we  
20 say that, do we want simply to emphasize, to follow  
21 that, researchers -- in particular, researchers  
22 should use the same procedures in the informed  
23 consent process for men and women to serve as  
24 subjects.

25 And all that other stuff -- I mean, I find  
26 this language that Diane objected to and that Jim  
27 suggested, moves out of the recommendation, because

1 it does not belong in this recommendation. This  
2 language about you should warn people about the  
3 difficulties or the risks of involving their family  
4 members.

5 We can talk in commentary if we have an  
6 example of where people can be told, in effect, it is  
7 possible that all of that is a custom. If you are  
8 not comfortable, if you would feel better talking  
9 about this without them there, we will, in effect,  
10 protect you and allow that discussion to take place  
11 without them.

12 But (it seems to me) it is paternalistic the  
13 way it reads as a recommendation.

14 DR. SHAPIRO: Okay. I have Steve and  
15 Rhetaugh.

16 PROFESSOR CHARO: And a hand up.

17 DR. SHAPIRO: Trish, Larry and Alta.

18 MR. HOLTZMAN: I would like to thank Diane  
19 for her remarks. I do believe this should be a  
20 report about international research and not about  
21 women's rights. I nevertheless think that there is  
22 something that we need to address here and so let me  
23 use a real live experience.

24 In 1995, we launched a trial looking at  
25 genetic predisposing factors to cardiovascular  
26 disease in a developing country, and, in specific, in  
27 a tribe, okay, which was male dominated. And as we

1 sat down with the IRB and as we talked about what we  
2 were going to need to do to get the consent, it was  
3 our IRB, where our IRB plus the local IRB, you ran  
4 smack into the U.S. regs and these kinds of questions  
5 about how do we go about this, what is a culturally  
6 sensitive way to do this, and there was -- there is  
7 no guidance there as it currently stands.

8 Effectively, we found ourselves having to  
9 ask questions about -- can we depart from what seems  
10 to be the requirements of the current federal  
11 regulation and it specifically came up in terms of  
12 involvement of leadership, but the leadership were  
13 men, and those men were the husbands of the wives who  
14 we wanted to include in the study.

15 And so I do think we need to provide  
16 guidance and we can state certain kinds of ideals  
17 which -- to which we all aspire but that we then have  
18 to be able to be clear about doing it in a way which  
19 acknowledges that different cultures are different  
20 and as long as you are not contributing to  
21 exploitation. And I think to sort of test it, it is  
22 a benefits test, is there going to be a benefit that  
23 would otherwise not be available that is significant  
24 that outweighs the diminution and the rights of the  
25 exploited population or the lesser of the population  
26 that is held at a lesser standard that we can  
27 articulate something like that.

1                   Unfortunately, most of the time that  
2                   population is women.

3                   DR. SHAPIRO:   Rhetaugh?

4                   DR. DUMAS:   I think what we have done -- I  
5                   went back to page 6 and looked at our initial  
6                   recommendations and in Recommendation 1, it speaks to  
7                   informed consent and it says that the standard cannot  
8                   -- may not deviate from the standard but that the  
9                   approach can vary.  And now we are trying to tell  
10                  people how to vary the approach.

11                  I think that we are getting too much into  
12                  details of advice.  We have made that statement and  
13                  we have said that people, in essence, have to figure  
14                  out a way to meet this standard and they can vary  
15                  their approach.

16                  I like the idea that Steve mentioned of  
17                  maybe having some guidance, but I think we are  
18                  getting too specific in making recommendations about  
19                  how this informed consent should be obtained so I  
20                  would like to argue for fewer definitive  
21                  recommendations on the details.

22                  DR. SHAPIRO:   Trish?

23                  PROFESSOR BACKLAR:  (Not at microphone.)

24                  DR. SHAPIRO:   Larry?

25                  DR. MIIKE:   Looking back at the discussion  
26                  and particularly Alex's comment about what do we do  
27                  about Recommendation 8.  Actually if we modify what

1 Jim's recommendation was, it was that, you know, this  
2 is the informed consent process, nobody can replace  
3 that, recommendations 7, 8, 9 and 10 all address  
4 those issues. And I would think that 8, 9 and 10  
5 should be commentary following 7 that teases out  
6 these various other types. We talk about  
7 communities. We talk about family members. We talk  
8 about spouses in all of those recommendations and  
9 there should be a discussion about -- here we have a  
10 very simply stated Recommendation 7 and the  
11 discussions continue on about the exception with the  
12 spouse or possibly exception of the spouse, and the  
13 involvement of community members and family members.  
14 These recommendations can easily be turned into a  
15 discussion that follows it.

16 DR. SHAPIRO: Alta?

17 PROFESSOR CHARO: I would like to respond to  
18 a couple of things Diane said because she laid out  
19 quite a number of concerns here.

20 I appreciate the suggestion that the report  
21 is not about women's rights but I think I disagree  
22 about the degree to which the topics of international  
23 research and women's rights actually have a strong  
24 overlap.

25 I think Ruth has worked in the reproductive  
26 health field internationally and probably can give  
27 you better empirical data but my impression from

1 working in reproductive health is that, in large  
2 portions of the world, lack of access to proper  
3 family planning methods or to legal abortion, is the  
4 single leading cause for morbidity and mortality for  
5 women in their prime years.

6 Look at hospital admissions in -- I think it  
7 was -- Peru and you will find that the overwhelming  
8 number have to do with the sequelae of inadequate  
9 reproductive health measures. As a result, although  
10 we are talking about a whole variety of diseases and  
11 conditions that affect people around the world, it  
12 is, I think, surprising to many people to realize how  
13 profoundly reproductive health problems are in the  
14 essence of many women's health problems.

15 It is also a topic on which there is a  
16 unique nexus between women's health and women's  
17 political status within the family and within the  
18 country.

19 I think it is probably naive to imagine that  
20 the situation for women is the same in all countries,  
21 regardless of what gender relations are in the United  
22 States, because people said yesterday we have health  
23 inequities here but it is not the same thing as  
24 health inequities in Uganda. There are degrees of  
25 severity.

26 I also think that without having any --  
27 without disparaging marital relations in general in

1 any particular country, it is possible to say that it  
2 is our position in the United States that  
3 investigators should treat women as individuals in  
4 the same way that we treat men and that, therefore,  
5 their husbands, their fathers and their family  
6 members are not in a position to make decisions for  
7 them nor to be necessarily involved in the decisions  
8 that these women make for themselves with some  
9 extreme exceptions.

10 And that we going to tackle this problem by  
11 looking for every possible way to treat these women  
12 as individuals and that includes allowing those women  
13 to decide when, and if, they want to involve other  
14 family members in the whole process of discussing the  
15 research and deciding whether or not to enroll.

16 I do not think that is really a  
17 disparagement of marital relations. I think it is a  
18 recognition that women can decide for themselves  
19 whether or not their particular marital relations  
20 would be better off with a discussion with their  
21 husbands.

22 Finally on the topic of community leaders, I  
23 find myself concerned that we are slipping into a  
24 discussion in which we are assuming that community  
25 leaders should be able to make decisions that would  
26 affect only one portion of the population and not the  
27 entire population. And on this I actually would

1 dissent, and I understand the need for involvement of  
2 community leaders and I said yesterday why I thought  
3 that they, politically speaking, have a different  
4 position in the world than the spouses or family  
5 members of individual women in terms of speaking for  
6 a whole community of people.

7 But I would be very unhappy if we wound up  
8 with a report that suggests it is appropriate for the  
9 municipal leader of a town that is being approached  
10 for some research to decide that, you know, women  
11 will be treated differently than men or that married  
12 women will be treated differently than unmarried  
13 women.

14 I understand the role of political leaders  
15 in making decisions for all their citizens, but not  
16 in having investigators use the community  
17 consultation with leaders to reinforce the kinds of  
18 inequities that we see at the personal and family  
19 level.

20 DR. SHAPIRO: Thank you very much.

21 Diane?

22 DR. SCOTT-JONES: I want to respond just a  
23 little bit to Alta because she prefaced her remarks  
24 by saying it was a response to me. I really want to  
25 extricate myself from any back and forth about  
26 women's rights because I am not naive, Alta.

27 I do recognize that there are many problems

1 that women face around the world and profound  
2 problems they face right here in the United States of  
3 America, and I think there are ways to bring in  
4 issues related to women in the way, for example, that  
5 Alex has set up this new first chapter.

6 He talks about AIDS and research on AIDS.  
7 In African countries women are more than half the  
8 victims of AIDS, unlike in other parts of the world.

9 There are many ways to bring in issues  
10 related to women but I think I stand firm in my view  
11 of this presentation of women in these  
12 recommendations. I also like Bernie's statement  
13 earlier that, cultures change over time and I think  
14 that we should keep that in mind when we talk about  
15 cultural differences, especially when we are placing  
16 ourselves in a superior cultural position to other  
17 countries because cultures not only vary over time  
18 but they are not monolithic in any one point in time  
19 so you could go to Kenya or Uganda, the countries  
20 where there are just enormous problems with AIDS.  
21 But you could find many educated women who might see  
22 these issues in exactly the same way we do and you  
23 would find some people in that country who are not  
24 educated who would be very much like uneducated  
25 people in this country in their views.

26 So I just hope we will be cautious when we  
27 talk about cultural difference because people use

1 that sometimes in sort of a superficial way. We  
2 should keep in mind that cultures change over time.  
3 They are constantly changing and they are not --  
4 there is not cultural uniformity within any given  
5 country at any one point in time.

6 DR. SHAPIRO: I think the report already  
7 contains a considerable amount of information that  
8 leads to Bernie's conclusion. Bernie's suggestion  
9 that, in fact, things are not as different in many  
10 cases as one could imagine and, therefore, making up  
11 these caricatures are not always very useful and  
12 helpful and are counterfactual, and we ought to be  
13 very, very careful about that.

14 And while we ought to say nothing about the  
15 superiority of what we do compared to what other  
16 people do, we still have to decide what we feel  
17 obligated to do. We cannot decide what other people  
18 feel obligated to do but we can decide what we feel  
19 obligated to do and that is our responsibility here.

20 Just two more comments here and then we are  
21 going to have to try to summarize where we are and  
22 see where we go next.

23 Carol and then Bernie.

24 Carol, did you have -- I am sorry. I  
25 thought you had a hand up. I apologize.

26 Bernie?

27 DR. LO: I want to go back to Recommendation

1 8. I want to support Jim's suggestion that -- I  
2 think it was Jim who said that the operative thing  
3 is, if the potential subject wishes to involve family  
4 members in the consent discussion, researchers should  
5 take appropriate steps. And I think that is what we  
6 want to say.

7 In line 16 I would suggest we change "adhere  
8 to" to something else. Either "sensitive to or  
9 respectful of." I think the point is we need -- the  
10 researcher should be cognizant of the cultural issues  
11 and not assume that things will work in another  
12 country the way one might assume they work here, but  
13 not necessarily to adhere to those local customs but  
14 to help the participant ascertain whether the  
15 participant herself or himself, I guess, adheres to  
16 those customs and then to help that participant find  
17 a way of working out a consent process that seems  
18 personally appropriate.

19 DR. SHAPIRO: Alex?

20 PROFESSOR CAPRON: Could I respond on that?  
21 Actually, Bernie, it was my suggestion -- and as I  
22 thought about it, unlike the notion that I have no  
23 personal autonomy because I am a patient and expect  
24 someone else to make the decisions for me, the notion  
25 of involving one's family in this process, I do not  
26 think is very culturally specific. I mean it seems  
27 to me that, what we have heard about is that it

1 occurs so commonly, that I would prefer if we not  
2 link that to culture or custom and simply say when a  
3 potential subject wishes to involve family members in  
4 the consent process the research should take  
5 appropriate steps to accommodate this wish. And  
6 should just recognize it as --

7 DR. SHAPIRO: I agree with that. I think  
8 Bernie does, too.

9 PROFESSOR CAPRON: Yes.

10 DR. SHAPIRO: I mean, I agree with that and  
11 we ought to be sensitive to that. I think Bernie  
12 probably agrees also.

13 DR. LO: Yes, that is fine.

14 PROFESSOR CAPRON: Drop all that  
15 culture/custom language entirely and just go to that  
16 operative thing at the end of that.

17 DR. SHAPIRO: Okay. We are going to have to  
18 end our discussion on this here for this morning  
19 since we have guests who are here that need to  
20 address us on other topics.

21 I think it is -- I mean, I think from the  
22 discussion we can draft recommendations here which  
23 would, I think, be acceptable to the commission. I  
24 am a little unclear on one issue and that is whether  
25 we should -- and I am going to take that under  
26 advisement for the moment. And if any of you feel  
27 strongly about it, please let me know.

1           And that is whether we should deal with the  
2 issue specifically with respect to diseases or issues  
3 that affect women only. And I do not want to take  
4 any more discussion on this right now but that is  
5 something which I would like to hear from you about  
6 either later today or by e-mail or something as we go  
7 through and redraft this chapter.

8           I am going to suggest that we take a ten  
9 minute break right now and then we will move on to  
10 ethical and policy issues in the oversight of human  
11 subjects research.

12           We have obviously some unfinished business  
13 with respect to the International Report. We will  
14 have to think carefully about just how to proceed on  
15 those aspects. We have Chapter 5 and also some of  
16 the material that Alex -- yes, Larry?

17           DR. MIIKE: And we have not discussed  
18 Chapter 4, which was my main concern in my e-mail  
19 topics.

20           DR. SHAPIRO: Yes. All right. Let's take a  
21 ten minute break.

22           (Whereupon, at 9:47 a.m., a break was  
23 taken.)

24   \* \* \* \*