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1 **Chapter 2**
2 **Collection, Storage and Use of Human Biological Materials**
3 **In The United States**
4

5 As part of its analysis, the National Bioethics Advisory Commission sought to understand and
6 describe the magnitude, diversity, and use of human biological material collections in the United
7 States. To assist in this task, NBAC commissioned a study to assess the size and characteristics
8 of the existing archives of tissues.¹ In addition, a second study was prepared for NBAC to review
9 the contribution of collections of human biological materials to biomedical research.² This
10 chapter, therefore, will provide information about several aspects of stored human biological
11 materials. The first section, “Collections of Human Biological Materials,” provides information
12 about the number of specimens of human biological material stored in the United States, and the
13 places these material are stored. The second section, “Definitions and Origins of Human
14 Biological Materials,” provides information about who the sources of these biological materials
15 are, why the specimens were originally collected, what identifying information is kept with the
16 specimens, and what type of information is passed under various circumstances on to the
17 researcher. The last section of this chapter, “Uses of Human Biological Materials,” describes the
18 various purposes for which collections of human biological materials have been used in the past
19 and may be used in the future.

¹ These data were collected by Elisa Eiseman, Ph.D., RAND’s Critical Technologies Institute, in response to a request by the NBAC Genetics Subcommittee. The report, *Stored Tissue Samples: An Inventory of Sources in the United States* (available under separate cover), is not meant to be a comprehensive inventory, however it does identify the major sources of stored tissue.

² See David Korn, “Contributions of the Human Tissue Archive to the Advancement of Medical Knowledge and the Public Health” (A report prepared for the National Bioethics Advisory Commission), January 1, 1998.

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1 **PART I: COLLECTIONS OF HUMAN BIOLOGICAL MATERIALS**

2

3 NBAC estimates that there are over 282 million specimens from more than 176.5 million
4 cases of stored human biological materials in the United States, now accumulating at a rate of
5 over 20 million samples per year.³ The size and detail of collections varies considerably, ranging
6 from formal, highly organized repositories to the informal storage of blood or tissue specimens in
7 a researcher's laboratory freezer. Archives of human biological materials range in size from less
8 than 200 to more than 92 million specimens.

9

10 Large collections include archived pathology samples taken over many years during
11 diagnostic and surgical procedures, or at autopsy, and stored cards containing blood spots from
12 newborn screening tests (Guthrie cards) that have been accumulated for a number of years. These
13 samples are stored at military facilities, forensic and other DNA banks,⁴ government laboratories,
14 diagnostic pathology and cytology laboratories, university- and hospital-based research
15 laboratories, commercial enterprises, and non-profit organizations.

16

³ This estimate attempts to count both the numbers of cases from which stored tissues are derived as well as the number of specimens generated from each case. For example, when a patient enters the hospital for a biopsy, the resulting tissue is accessioned in the pathology department as a single case. However, that single biopsy may generate several specimens including a number of slides, a paraffin block, and a frozen sample.

⁴ The term "DNA bank" refers to a facility that stores extracted DNA, transformed cell lines, frozen blood or tissue, or biological samples for future DNA analysis. Specimens are usually stored with some form of individual identification for later retrieval. DNA data banks are repositories of genetic information obtained from the analysis of DNA samples, sometimes referred to as "DNA profiles" The genetic information is usually stored in computerized form with individual identifiers.

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1 The collections of these materials generally fall into the following categories:

- 2 • large tissue banks, repositories and core facilities;
- 3 • samples collected as part of longitudinal studies;
- 4 • tailored collections for research studies requiring unique tissue collections;
- 5 • pathology specimens, after initially collected for clinical purposes;
- 6 • newborn screening tests accumulating in various laboratory sites;
- 7 • forensic DNA banks;⁵
- 8 • umbilical cord blood banks;
- 9 • organ banks;
- 10 • blood banks; and
- 11 • sperm, ovum, and embryo banks.⁶

12

13 Two of the largest tissue repositories in the world, the National Pathology Repository and
14 the DNA Specimen Repository for Remains Identification, are housed within a single institution,
15 the Armed Forces Institute of Pathology (AFIP). These two repositories alone store more than
16 94 million specimens. State newborn screening laboratories collectively have archives totaling
17 more than 13 million individual samples. Finally, the pathology departments at Graduate Medical
18 Education (GME) teaching institutions collectively constitute the largest and oldest stores of

⁵ Only forensic DNA banks set up through state and federal legislation are discussed in this report. The use of human biological materials in other repositories for forensic purposes raises several ethical issues and is not addressed in this report.

⁶ Due to the unique and ethically complex nature of research on gametes and embryos, their use in research is not addressed in this report.

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1 tissue samples in the United States, with some specimens over 100 years old.⁷ Three of these
2 sources—the AFIP National Pathology Repository, GME teaching institution pathology
3 departments, and newborn screening laboratories—represent more than 265.5 million diagnostic
4 and therapeutic specimens from over 170 million cases. Although the tissue repositories
5 supported by the National Institutes of Health (NIH) are not as large as those of AFIP, NIH is
6 one of the largest funders of tissue repositories, providing over \$53 million in Fiscal Year 1996.

7

8 The vast majority of samples currently in storage were originally collected for diagnostic
9 or therapeutic reasons. Although a small percentage of these samples may be used for research,
10 educational, and quality control purposes, the majority is not. These collections are generally
11 referred to as “pathology samples” and have been the primary source of specimens used to date in
12 research. However, samples collected specifically for research are increasingly in demand, as they
13 are more narrowly defined, are often provided with associated clinical data from individual
14 medical records, and are more likely to have been collected with explicit consent to use for
15 research purposes.

16

17 Several repositories have been established specifically for use in research. In addition,
18 several large longitudinal studies collect and bank samples from study participants over

⁷ Graduate Medical Education (GME) programs are the primary means of medical education beyond the four-year medical school training received by all physicians. Usually called residency programs, they are based in hospitals or other health care institutions, some of which do and some of which do not have formal relationships with medical schools. GME teaching institutions include medical schools, the Armed Forces hospitals, Veterans Affairs medical centers, the Public Health Service, state, county and city hospitals, non-profit institutions, and health maintenance organizations.

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1 considerable periods of time. Likewise, a fair amount of current research is simultaneously
2 engaged in creating special collections and contributing to existing banks of human biological
3 material. Collectively, these special research collections now contain more than 2.3 million
4 specimens.

5

6 Other than for diagnostic, therapeutic (e.g., transplantation or transfusion), or research
7 purposes, samples are collected and stored for a variety of other reasons. Blood banks collect
8 approximately 12 million units of blood a year, but only about 20,000 to 40,000 units are stored
9 at any one time. Also, most of the blood collected is used for transfusions, and very little is used
10 for other purposes, such as research and quality control. Organ banks do not collect the same
11 volume of tissue as do blood banks, but are similar in that most of the organs and tissues collected
12 are used for transplants, and very little is available for research purposes. Forensic DNA banks
13 collect and store tissues for use in criminal investigations. The Department of Defense (DOD)
14 DNA Specimen Repository and some commercial DNA banks store DNA samples for remains
15 identification. Sperm, ovum and embryo banks store specimens for anonymous donation or for
16 later use by the individual storing the material. Umbilical cord blood banks also store blood for
17 anonymous donation and later use by families banking their newborn's cord blood. Table 1
18 summarizes sources of stored samples in the United States.

19

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1 **Large Tissue Banks, Repositories, and Core Facilities**

2

3 Large tissue banks and repositories exist in almost every sector of the scientific and
4 medical communities, including the military, the Federal Government, universities and academic
5 medical centers, commercial enterprises, and non-profit organizations. In addition, several
6 universities have established banking facilities to support both their own research as well as
7 collaborations with other universities. These large tissue banks, repositories, and core facilities
8 are a major source of human biological materials used in biomedical research. Representative
9 collections of this type are described below.⁸

10

11 **Military Facilities**

12

13 The military maintains two of the largest tissue repositories in the world. As mentioned
14 previously, the National Pathology Repository and the DOD DNA Specimen Repository for
15 Remains Identification are housed in the AFIP⁹. The AFIP is responsible for maintaining a central
16 laboratory of pathology for consultation and diagnosis of pathologic tissue for DOD, other federal
17 agencies, and civilian pathologists. The AFIP also conducts research in pathology, trains enlisted
18 personnel in histopathology and related techniques, and offers over 50 pathology education
19 courses for medical, dental, and veterinary personnel.

⁸ The complete text of the inventory appears in the commissioned paper prepared by Elisa Eiseman.

⁹ Armed Forces Institute of Pathology (AFIP), <http://www.afip.mil/default.html>

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1 The National Pathology Repository,¹⁰ located at AFIP, is the single largest and most
2 comprehensive collection of pathology material in the world. Since 1917, the Pathology
3 Repository has collected over 2.5 million cases comprising over 50 million microscopic slides, 30
4 million paraffin tissue blocks, 12 million preserved wet tissue specimens, and associated written
5 records. The Pathology Repository currently logs in approximately 50,000 cases annually. In
6 addition, approximately 40,000 cytology cases are sent for primary diagnosis annually, but are not
7 deposited in the repository. Material is stored permanently unless there is a specific request by
8 the contributor or other authorized individual to return or release the material.

9

10 Individual specimens are sent to AFIP for a variety of reasons, such as to obtain a second
11 opinion on a diagnosis, as part of established peer-review and quality assurance programs, by
12 DOD regulation (such as forensic cases and those subject to litigation), or because they are
13 unusual or rare and may be useful to AFIP in its research and education missions. Pathologic
14 specimens stored at the Pathology Repository can be used to study unusual tumors, or as part of a
15 public health surveillance system to study emerging infectious diseases or trends in disease
16 progression. For example, samples in the Repository have been used to identify and date tissues
17 harboring genomic material of the Human Immunodeficiency Virus (HIV) that were obtained
18 before the availability of HIV testing and before the spread of the HIV infection. In addition,
19 cases have been submitted over the years for specific purposes, such as to study a particular

¹⁰ National Pathology Repository , <http://www.afip.mil/repository/welcome.html>

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1 disease, or to answer current and future research questions (for example, illnesses of Gulf War
2 veterans).

3

4 All submitted case material is coded by pathological diagnosis, and is identified by an
5 AFIP accession number. The source name, social security number, date of birth, age, sex, and
6 race are stored if provided by the contributing pathologist. Any medical history provided is also
7 stored. The source address is not routinely provided or stored but is obtained on occasion for
8 follow-up studies. Likewise, the original consent is a matter between the patient and the clinician
9 and is not routinely provided to AFIP by the contributing pathologist. The submitting
10 pathologist's name and address, and the source's surgical identification numbers are also stored.

11

12 The Pathology Repository loans pathologic material for patient treatment, research, or
13 litigation. Requests for loan of material or provision of data for research purposes requires
14 submission and approval of a research protocol. All research protocols using stored materials or
15 data are reviewed by the AFIP's IRB. Requests from individuals or organizations other than the
16 original contributor must be accompanied by a properly executed authorization signed by the
17 patient or designated representative. Research involving patient follow-up, and thus requiring
18 identifying information, is reviewed at a full meeting of the IRB prior to approval. Other than for
19 research protocols involving follow-up, original sources of material are not notified of research
20 results. If an unexpected disease or abnormality is discovered, the contributing pathologist is
21 notified, and it is then up to the pathologist to contact the patient. Otherwise, current AFIP
22 policy requires that material be stripped of identifiers before release to outside investigators.

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1

2 Since June 1992, DOD has required all military inductees, and all active duty and reserve
3 personnel to provide blood and saliva samples for its DNA Specimen Repository at the time of
4 enlistment, re-enlistment, annual physical, or preparation for operational deployment (McEwen,
5 1997). The DNA Repository also contains samples from civilians and foreign nationals who work
6 with the United States military in arenas of conflict. A total of three DNA specimens are
7 collected from each person: one bloodstain card is stored in a pouch in the service member's
8 medical record; another bloodstain card and a buccal swab are stored at the DNA Specimen
9 Repository. The blood is placed on special cards with the service member's Social Security
10 number, date of birth, and branch of service designated on the front side of the card, and a
11 fingerprint, a bar code, and signature attesting to the validity of the sample on the reverse side.
12 DNA will only be extracted from the specimens in the Repository when it is needed for the
13 purpose of remains identification.

14

15 The DOD DNA Specimen Repository for Remains Identification¹¹ is the world's largest
16 DNA bank. As of September 1997, the DNA Repository has received approximately 2 million
17 DNA specimens. Specimens come into the DNA Repository at a rate of 10,000 per day, and the
18 tally is updated every seven seconds. It is estimated that by the year 2001 the DNA Repository
19 will contain approximately 3.5 million samples. All DNA specimens are maintained for 50 years
20 before being destroyed. However, donors may request that their specimens be destroyed

¹¹ Armed Forces DNA Identification Laboratory, <http://www.afip.mil/oafme/dna/afdil.html>

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1 following the conclusion of their military service obligation or other applicable relationship to
2 DOD. The military's policy ensures that specimens can only be used for remains identification
3 and routine quality control except where subpoenaed for the investigation or prosecution of a
4 felony. The specimens cannot be used without consent for any other purpose, such as paternity
5 suits or genetic testing. In addition, the specimens are considered confidential medical
6 information, and military regulations and federal law exist to cover any privacy concerns.

7

8 **National Institutes of Health**

9

10 The National Institutes of Health¹² (NIH) is one of the largest funders of tissue and data
11 resources for basic, applied and clinical research. Some of the institutes at NIH that support
12 tissue banks include the National Cancer Institute (NCI), the National Institute of Allergy and
13 Infectious Disease (NIAID), the National Heart, Lung, and Blood Institute (NHLBI), the
14 National Institute of Mental Health (NIMH), and the National Institute on Aging (NIA).
15 Examples of tissue banking supported by NIH are described below.

16

17 The NCI Cooperative Human Tissue Network (CHTN),¹³ in existence since 1987,
18 provides biomedical researchers with access to fresh surgical or biopsy specimens of normal,
19 benign, pre-cancerous and cancerous human tissues. The CHTN is a tissue collection system and

¹² National Institutes of Health (NIH), <http://www.nih.gov/index.html>

¹³ NCI Cooperative Human Tissue Network (CHTN)
<http://wwwwic.nci.nih.gov:80/chtn/chtnmain.html>

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1 not a tissue bank. Only rare specimens that are difficult to obtain are stored to anticipate future
2 requests. Except for a collection of frozen tissue from rare pediatric tumors, banked specimens
3 are generally not stored for more than one year. Normally, the specimens are obtained
4 prospectively to fill specific researcher requests. Five member institutions coordinate the
5 collection and distribution of tissues across the United States and Canada. Tissues are provided
6 by the CHTN only for research purposes, and cannot be sold or used for commercial purposes.

7

8 During the first nine years of operation, the CHTN has supplied over 100,000 specimens
9 to approximately 600 investigators. Tissues obtained from the CHTN have been used in many
10 areas of cancer research including molecular biology, immunology, and genetics. Researchers
11 have used these tissues to study mutations of proto-oncogenes in human tumors, the role of
12 growth factors in cancer, and to isolate new cancer genes. Over 2,000 publications have resulted
13 from studies using tissues obtained from the CHTN.

14

15 CHTN obtains tissues from routine surgical resections and autopsies of adult and pediatric
16 patients, representing all organ systems, as well as blood and other body fluids. Specimens are
17 collected according to the individual investigator's protocol, and may be preserved as fresh, fixed
18 or frozen tissue, slides, or paraffin blocks. The CHTN was designed for basic research studies not
19 requiring clinical follow-up information. Each specimen is given a unique identifier. A link is
20 kept by the parent institution for quality control purposes. Only minimal demographic data is
21 provided with the specimen to researchers. Other information routinely provided with the
22 specimens includes pathology reports and histological characterization.

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1

2

The NCI-National Action Plan on Breast Cancer (NAPBC) Specimen and Data

3

Information System¹⁴ contains information from 14 breast tissue banks. This database does not

4

represent an exhaustive national listing of all facilities holding breast cancer tissue. However, by

5

centralizing information on biological specimens, it provides access to breast tissue specimens and

6

facilitates collaboration among basic, clinical, and epidemiologic researchers. Cumulatively, the

7

14 breast tissue banks in the NCI-NAPBC database contain more than 130,000 cases of breast

8

cancer-related specimens and data, with banks ranging in size from 48 cases to approximately

9

101,000 cases. A conservative estimate is that there are approximately 240,000 specimens in the

10

database. Samples available to the research and clinical communities include breast tissue, serum,

11

urine, cells, and DNA from patients diagnosed with breast cancer, those at high risk, and

12

unaffected individuals.

13

14

The Transfusion Medicine Branch of NHLBI¹⁵ maintains a contractor-operated Blood

15

Specimen Repository available for use by the scientific community for research related to

16

transfusion-transmitted diseases, other blood disorders, or diseases of the cardiovascular system.

17

The repository, established in 1974, contains approximately 1.5 million well-characterized

18

specimens of serum, plasma, and cells from NHLBI-sponsored studies. Since 1991, the Blood

¹⁴ NCI-NAPBC Breast Cancer Specimen and Data Information System, <http://cancernet.nci.nih.gov/breastdata/contents.htm>

¹⁵ National Heart, Lung, and Blood Institute (NHLBI), <http://www.nhlbi.nih.gov/nhlbi/nhlbi.htm>

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1 Specimen Repository has been storing an average of approximately 300,000 samples per year
2 (National Heart, Lung, and Blood Institute, 1996).

3

4 **Research Universities and Academic Medical Centers**

5

6 Research universities and academic medical centers maintain both formal human biological
7 material banks for distributing samples throughout the research community as well as core
8 facilities to support their own research. For example, the Harvard Brain Tissue Resource Center¹⁶
9 (The Brain Bank) is a centralized repository of post-mortem human brain specimens from both
10 diseased and normal donors. Samples from the bank are distributed for use in research on the
11 brain and nervous system. Since the majority of research requires a very small amount of tissue,
12 each donated brain provides a large number of samples for many researchers. Brain tissue
13 donations are accepted by the Brain Bank from individuals or the parents, siblings and offspring of
14 individuals with severe psychiatric or neurological disorders, as well as from unaffected
15 individuals for comparison.

16

17 Another example, the University of California-San Francisco (UCSF) AIDS Specimen
18 Bank, in existence since 1982, has banked over 76,000 specimens and sent out over 82,000
19 samples to researchers worldwide. Specimens include serum, tissue, saliva, cells, and
20 cerebrospinal fluid from HIV-infected individuals. Specimen data are archived on a computerized

¹⁶ Harvard Brain Tissue Resource Center, <http://www.brainbank.mclean.org:8080/into.html>

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1 database. The Bank provides investigators with specimens for basic, epidemiological, and clinical
2 research.

3

4 **Commercial Enterprises**

5

6 Some commercial enterprises maintain human biological material banks for their own
7 proprietary use, while others establish banks for storage and distribution purposes. OncorMed¹⁷
8 and LifeSpan Biosciences, Inc.,¹⁸ are examples of companies that maintain proprietary tissue
9 banks. For example, LifeSpan's Tissue and Disease Bank contains 250,000 normal and diseased
10 human samples. The tissue bank has over 175 different types of tissues from virtually every organ
11 in the body, covering all ages. The tissue bank also includes over 500 different pathologic disease
12 categories such as autoimmune diseases, infectious diseases, degenerative diseases, cancer and
13 benign proliferative diseases, and genetic diseases.

14

15 In contrast, PathServe Human Tissue Bank¹⁹ collects human tissues and organs for sale to
16 the research community. PathServe collects all types of organs and tissues. Tissues are obtained
17 through post-mortem examinations, referrals from transplant banks of nontransplantable organs,
18 and donations by next of kin. PathServe collects specimens from approximately 300 autopsies per
19 year, and each autopsy yields approximately 100 specimens. PathServe has approximately 300

¹⁷ OncorMed, <http://www.oncormed.com>

¹⁸ LifeSpan BioSciences, Inc., <http://www.lsbio.com>

¹⁹ PathServe, <http://www.tissuebank.com/>

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1 specimens stored at any one time, and distributed approximately 30,000 specimens in 1996.
2 PathServe does not maintain a centralized storage facility. Instead, specimens are stored in the
3 morgues of different hospitals.

4

5 **Non-Profit, Non-Educational Organizations**

6

7 There are a variety of non-profit institutions that bank tissues for purposes of storage and
8 distribution. Non-profit institutions, such as the American Type Culture Collection (ATCC), the
9 Coriell Institute for Medical Research, the National Disease Research Institute (NDRI), the
10 Research Foundation for Mental Hygiene, the Rocky Mountain Multiple Sclerosis Center, the
11 National Psoriasis Tissue Bank, the Kaiser Permanente Center for Health Research, and the
12 Hereditary Disease Foundation, receive millions of dollars in federal funding to support their
13 human biological material collections. Examples of other non-profit tissue banks are described
14 below.

15

16 Since its establishment in 1925, ATCC²⁰ has served as an archive of living cell cultures and
17 genetic material for researchers in the biological sciences. The mission of the ATCC is to acquire,
18 authenticate, and maintain reference cell cultures, related biological materials, and associated data,
19 and to distribute these to qualified scientists in government, industry, and education. The ATCC

²⁰ American Type Culture Collection (ATCC), <http://www.atcc.org/>

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1 maintains approximately 2,300 human cell lines as immortalized cultures. In addition, cloned
2 human genes are stored and supplied to the research community by ATCC.

3

4 The Coriell Institute for Medical Research²¹ is a basic biomedical research institution that
5 conducts research on the causes of genetic diseases, including cancer. The Coriell Institute's three
6 missions are research, cell banking, and public education. The largest collection of human cells
7 for research is maintained at the Corriell Institute, and these cells are available to the general
8 scientific community. Seminal research on the genes associated with Huntington's disease, cystic
9 fibrosis, Alzheimer's disease, ataxia telangiectasia and manic depression have used cells from the
10 Coriell collection. Over 35,000 cell lines are currently stored representing approximately 1,000 of
11 the 4,000 known genetic diseases, and more than 60,000 cell lines have been distributed to over
12 40 nations, resulting in over 8,000 research publications. Cultures are established from both
13 blood and skin, and the cells are stored frozen at the Institute. There are approximately three-
14 quarters of a million vials of cells in 37 storage tanks containing liquid nitrogen.

15

16 The National Disease Research Institute (NDRI), founded in 1980, was initially
17 established as a network to obtain human tissue for diabetes research. Since then, it has grown
18 into a center for retrieving and distributing a full range of normal and diseased cells, tissues and
19 organs for biomedical research. NDRI currently provides 140 different types of human tissues
20 obtained from autopsies, eye banks, surgical procedures, and organ retrieval programs. More

²¹ Coriell Institute for Medical Research, <http://arginine.umdj.edu/info.html>

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1 than 130,000 tissues have been retrieved and delivered to over 2000 scientists throughout the
2 United States for use in research on more than 100 different diseases including Alzheimer's
3 disease, amyotrophic lateral sclerosis (ALS), arthritis, asthma, cancer, cataracts, cerebral palsy,
4 Crohn's disease, cystic fibrosis, diabetes, glaucoma, hearing disorders, heart disease, malaria,
5 multiple sclerosis, muscular dystrophy and Parkinson's disease.

6

7 **PATHOLOGY SPECIMENS**

8

9 A large number of human biological materials are collected for diagnostic or therapeutic
10 reasons. These samples are usually sent to a clinical, diagnostic, or pathology laboratory for
11 examination. These laboratories may be located at GME teaching institutions, physicians' offices,
12 community hospitals, or independent laboratories. Most patients sign a general consent stating
13 that after completion of any diagnostic tests, some of the specimen may be saved for research
14 purposes. Although samples are made available for research, educational, and quality control
15 purposes, the vast majority is never used for these purposes.

16

17 To be accredited, laboratories are required to keep pathological specimens for a minimum
18 length of time. The Clinical Laboratory Improvement Amendments of 1988 (CLIA) set forth the
19 conditions that laboratories must meet to be certified to perform testing on human specimens.
20 CLIA stipulates that laboratories must retain cytology slides for a minimum of 5 years,
21 histopathology slides for a minimum of 10 years, and paraffin blocks for a minimum of 2 years
22 (Clinical Laboratory Improvement Amendments, 1996). In addition, some states have regulations

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1 that require retention of pathology specimens for longer periods of time. Once the regulated
2 length of time for storage is met, institutions may continue to store pathology specimens based on
3 the room they have for storage or specific policies of the institution.

4

5 **Pathology Departments at Graduate Medical Education Teaching Institutions**

6

7 Collectively, pathology departments at GME teaching institutions constitute the largest
8 and oldest stores of human biological materials in the United States. GME teaching institutions
9 include medical schools, Armed Forces hospitals, Veterans Affairs medical centers, the Public
10 Health Service, state, county and city hospitals, non-profit institutions, and health maintenance
11 organizations. In 1997, there were 1,687 accredited GME teaching institutions (i.e., sites for
12 clinical training) in the United States (American Medical Association, 1997). Combined, the GME
13 pathology residency programs accession well over 8 million cases per year. In addition, pathology
14 departments at GME teaching institutions without pathology residency programs also accession
15 pathology specimens, but most likely not at the same rate as institutions with pathology residency
16 programs. Most medical school pathology departments store samples indefinitely; some tissues
17 have been archived from 20 to over 100 years. Since most GME teaching institutions retain
18 pathology specimens anywhere from 20 to 100 years, and have been accumulating specimens at a
19 rate of 8 million cases a year for a minimum of 20 years, a conservative estimate is that there are
20 more than 160 million cases stored at GME teaching institutions with pathology residency
21 programs, and with several million more stored at those without pathology residency programs.

22

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1 **Clinical Service and Diagnostic Laboratories**

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3 The majority of clinical service and diagnostic laboratories are not associated with GME
4 teaching institutions. These include laboratories within physicians' offices or community
5 hospitals, and independent laboratories. In 1991, there were approximately 640,000 clinical
6 laboratories and other facilities that perform laboratory tests on human specimens (Department of
7 Health and Human Services, 1991). The number of tissues stored at these laboratories varies
8 greatly, but the minimum storage time is determined by CLIA and state regulations.

9

10 **NEWBORN SCREENING LABORATORIES**

11

12 Archives of newborn screening cards for inborn errors of metabolism (Guthrie Cards)
13 represent an enormous source of banked DNA. Guthrie cards are special filter paper that contain
14 dried blood spots from newborn babies, and contain identifying information, such as the mother's
15 name and address, hospital of birth, baby's medical record number, baby's doctor's name and
16 address. Guthrie cards are used to test newborns for several different diseases, including
17 congenital hypothyroidism, phenylketonuria, galactosemia, hemoglobinopathies (e.g. sickle cell
18 anemia), biotinidase deficiency, homocystinuria, Maple Syrup Urine disease, and cystic fibrosis.
19 Interest in using Guthrie cards for population-wide genetic epidemiological studies has grown,
20 given the stability of DNA in dried blood, and the ability to analyze the DNA in these samples
21 (McEwen and Reilly, 1994).

22

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1 A 1994 survey of all newborn-screening programs in all 50 states, the District of
2 Columbia, Puerto Rico, and the Virgin Islands revealed that the majority of laboratories have
3 accumulated less than 500,000 Guthrie Cards over the years. However, one laboratory reported a
4 collection of more than 6 million Guthrie cards. The number of cards currently collected over a
5 1-year period ranged from less than 10,000 in 4 labs to more than 500,000 in 2 populous states
6 (McEwen and Reilly, 1994).

7

8 The trend in most states is to save Guthrie cards for longer and longer periods of time.
9 Forty of the state newborn screening laboratories retain—at least for a short period of time--all
10 the Guthrie cards that they receive through their newborn-screening programs, including those
11 cards that test negative (McEwen and Reilly, 1994). The length of time that Guthrie cards are
12 stored range from several weeks or months to indefinitely (McEwen and Reilly, 1994).

13

14 **FORENSIC DNA BANKS**

15

16 In 1989, the Virginia Division of Forensic Science²² was the first state laboratory to offer
17 DNA analyses to law enforcement agencies, and the first to create a DNA databank of previously
18 convicted sex offenders. By November 1997, 48 states had established forensic DNA data banks
19 to maintain specimens from convicted criminals, especially violent sex offenders and other violent
20 felons (Finn, 1997). The two states without Forensic DNA banks, Vermont and Rhode Island,

²² Virginia Division of Forensic Science, <http://www.state.va.us/~dcjs/forensic/>

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1 are planning legislation to create them (Finn, 1997). In addition, the Federal Bureau of
2 Investigation²³ (FBI) is exploring ways to create a Forensic DNA bank for the District of
3 Columbia (Finn, 1997).

4

5 In addition to collecting specimens from sex offenders and violent felons, a number of
6 states also require samples from juvenile offenders, non-violent felons, such as drug or white
7 collar offenders, and those convicted of misdemeanors (McEwen, 1997). South Dakota requires
8 samples from people merely arrested (not convicted) for a sex offense (Finn, 1997), with several
9 other states considering similar bills (McEwen, 1997). There is also a proposal to establish a
10 federal DNA data bank that would include profiles of people convicted of offenses similar to
11 those covered by most state laws in federal or military courts (McEwen, 1997).

12

13 Convicted offenders are required to provide blood, or in some cases, saliva, either at
14 sentencing or before release from prison. Some states also require samples from people already
15 incarcerated before the law's effective dates. The DNA from these samples is analyzed for its
16 unique identification characteristics. Nationwide, samples from about 380,000 offenders have
17 been collected, mostly in Virginia and California, and about 116,000 samples (30 percent) have
18 been analyzed (McEwen, 1997). These DNA identification profiles are stored, along with the
19 samples themselves, to help identify suspects by matching biological evidence found at crime
20 scenes to state DNA databases.

²³ Federal Bureau of Investigations (FBI), <http://www.fbi.gov/>

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1

2 **UMBILICAL CORD BLOOD BANKS**

3

4 Umbilical cord blood contains stem cells (progenitor cells that produce all other blood
5 cells) which can be used to treat patients with blood diseases, certain genetic disorders, and
6 patients receiving chemotherapy and/or radiation treatment for cancer. In 1988, the first
7 successful human cord blood transplant was performed in a child with Fanconi Anemia using cord
8 blood from a sibling (Gluckman et al., 1989). Since then, over 500 autologous and allogeneic
9 umbilical cord blood transplants have been performed worldwide, with the majority done in the
10 past two to three years (Perdahl-Wallace, 1997).

11

12 Approximately two-thirds of the cord blood transplants have been performed for
13 malignant conditions including acute lymphocytic leukemia, acute myelocytic leukemia, chronic
14 myelogenous leukemia, and neuroblastoma (Wagner et al., 1995). The other one-third have been
15 for a variety of genetic disorders including Hurler and Hunter syndromes, adrenoleukodystrophy,
16 osteopetrosis, severe aplastic anemia, severe combined immunodeficiency, and
17 hemoglobinopathies, such as beta thalassemia and sickle cell anemia (Wagner et al., 1995; Wagner
18 et al., 1996). The majority of transplants have been in children, although a small number of adults
19 have been transplanted as well. However, the Working Group on Ethical Issues in Umbilical
20 Cord Blood recently concluded that “until additional data are obtained regarding safety and
21 efficacy, umbilical cord blood banking and use ought to be considered an investigational
22 technology rather than a proven treatment” (Sugarman et al., 1997).

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Umbilical cord blood is retrieved after a baby is delivered and the umbilical cord is cut, blood is withdrawn from the umbilical cord and placenta with a syringe and then cryogenically stored. In the last few years, privately owned companies have begun offering umbilical cord blood banking services to individuals and families. Private storage companies charge users a one-time fee for the collection, testing and freezing of the blood., as well as an annual fee for storing the blood in liquid nitrogen. The stored cord blood may be withdrawn if illness occurs later in life. In contrast, when parents choose to donate their child’s cord blood to a public bank, they generally pay no fees, but they give up all rights to the sample to help build the public supply of cord blood for use in transplantation and research. In general, expectant mothers who choose to donate their baby's cord blood to public banks are asked to consent to providing medical, ethnic and related information, donating the cord blood for transplantation and/or research, allowing blood to be drawn from the mother for tests including HIV testing, and granting permission to track the newborn's medical history for up to one year. Collectively, private and public cord blood banks store more than 18,000 units of cryopreserved umbilical cord blood. The majority of this stored cord blood is used for transplants. However, both private and public banks do supply some cord blood for research purposes.

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1 **ORGAN BANKS**

2

3 Organ and tissue banks recover, process, store and distribute for transplantation human
4 organs, bone, and tissue. Donations are from people who agree to donate upon their death and
5 families who consent on behalf of the deceased. Some organ and tissue banks may also have
6 tissue available for educational and research purposes. However, the demand for organs, bone
7 and tissue usually exceeds the current supply. Therefore, usually only organs and tissues not
8 suitable for transplantation are available for research.

9

10 **BLOOD BANKS**

11

12 The American Red Cross²⁴ collected approximately 5.8 million blood donations in 1996.
13 The Red Cross represents about half of all United States blood donations, so annually, about 12
14 million units of blood are donated in the United States. The American Red Cross usually
15 maintains about a 3-day supply of fresh blood as well as approximately 20,000 units of frozen
16 blood at any one time. The American Red Cross also maintains the world's largest registry of
17 frozen rare blood. Approximately 1000 units of rare blood a year are supplied to recipients
18 around the globe.

19

²⁴ American Red Cross, [http:// www.redcross.blood](http://www.redcross.blood)

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1 Fresh red blood cells have a shelf life of 21 to 42 days depending on the preservative used,
2 and platelets have a shelf life of 5 days. Plasma can be stored frozen for 1 to 5 years, and frozen
3 whole blood can be stored for at least 10 years. Plasma that can not be transfused is used for
4 making blood derivatives, such as Factor VIII for hemophiliacs, or for making diagnostic
5 reagents.

6
7 Platelets and red cells that expire are sold for research purposes. Researchers are
8 informed that the samples have been found negative for all FDA-required tests, and only by
9 special request, may be provided with the donor's age and gender.

10

11 **PART II: DEFINITIONS AND ORIGINS OF HUMAN BIOLOGICAL MATERIALS**

12

13 In this report, *human biological material* is defined as including everything from
14 subcellular structures like DNA, to cells, tissue (bone, muscle, connective tissue and skin), organs
15 (e.g., liver, bladder, heart, kidney), blood, gametes (sperm and ova), embryos, fetal tissue²⁵, and
16 waste (urine, feces, sweat, hair and nail clippings, shed epithelial cells, placenta). By far, the most
17 common source of such material is patients undergoing diagnostic or therapeutic procedures.
18 Tissue specimens may also be taken during autopsies that are performed to establish the cause of
19 death. In addition, volunteers may donate blood or other tissue for transplantation or research,

²⁵ Due to the unique and ethically complex nature of research on gametes, embryos and fetal tissue, their use in research is not addressed in this report.

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1 organs for transplantation, or their bodies for anatomical studies after death. Each specimen of
2 human tissue may be stored in multiple forms, such as slides, paraffin blocks, formalin fixed,
3 frozen, tissue culture, or extracted DNA.

4

5 **Identifiability of Sample Sources**

6

7 In the debate about research use of human biological materials, the language used to
8 describe the identifiability of research samples varies (see Appendix ___ for further discussion).
9 Previous guidelines and reports have categorized samples by the conditions under which they are
10 stored (with or without identifiers), although current federal regulations permit investigators to
11 access stored samples, make them anonymous by removing identifiers, and then use them in
12 research without seeking consent of the donor (see chapter 4 for further discussion).

13

14 Part of the confusion around the term “identifiable” arises from the fact that people
15 sometimes refer to the state of the information attached to the biological material in the repository
16 and sometimes refer to the information that is sent forward to the researcher. For example, the
17 material might be identified in the repository but no identifying information is forwarded with the
18 research sample sent to the scientist. This distinction has considerable importance because the
19 potential for both benefit and harm is greater when the sample is directly or easily linked to the
20 donor, placing the burden of protection in different places, depending on who has access to the
21 information (e.g., the researcher or the pathologist, or both).

22

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1 Research samples are often considered to fall within one or the other of two categories: 1)
2 ***identifiable samples*** are those for which the source individual can be identified (more or less),
3 which means the sample can be connected, or linked, to the person from whom it came; and 2)
4 ***unidentifiable samples*** are those for which the source individual cannot be identified at all. The
5 reason one refers to the former as “more or less” identifiable, is because the information content
6 of the research sample varies, from very little information (such as age, race, sex) that,
7 nevertheless, could allow one (perhaps with some difficulty) to link the sample to the person, to a
8 sample that contains a lot of information allowing very easy identification of the person—with or
9 without a name attached—from whom the sample was obtained.

10

11 For purposes of clarity and to facilitate discussion, NBAC adopted the following
12 definitions of the diverse status of human biological materials, depending on whether they are
13 sitting in storage in a repository, or whether some of the material from a repository has been
14 selected for research purposes.

15

16 Repository collections of human biological materials are one of two types:

17

18 ***Unidentified materials*** are those for which identifiable personal information was not
19 collected or, if once collected, is not maintained and cannot be retrieved by the repository.

20

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1 **Identified materials** are those linked to personal information, such that the person from
2 whom the material was obtained could be identified by name, patient numbers, or clear
3 pedigree location.

4
5 Most repositories contain identified materials by virtue of the fact that the vast majority of
6 human biological materials in storage were originally collected with identifying information for
7 diagnostic or therapeutic reasons. Examples of repositories containing identified materials include
8 pathology laboratories and newborn screening laboratories where specimens are collected and
9 stored with identifying information such as the patient's name, hospital identification number
10 and/or social security number. In addition to identifying information, clinical and demographic
11 information are often available with these specimens. In contrast, there are relatively few
12 collections of human biological materials that contain unidentified materials. An example of such
13 a repository is the following:

14
15 *A repository might have collections of specific blood types such as O-positive (O⁺) or*
16 *AB-negative (AB⁻). Donors who have these blood types are asked to contribute to the*
17 *bank based on having these specific blood types, but no information about the donor is*
18 *recorded when the sample is collected except for the blood type. Another example is a*
19 *repository that collects human biological materials, such as brain, pancreas or kidney,*
20 *that were originally collected by a hospital, but are submitted to the repository with no*
21 *identifying information. These specimens may be contributed with corresponding clinical*

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1 *and demographic information, but any information provided with the specimen is not*
2 *enough to identify the individual from whom the specimen was originally collected.*

3

4 **Research samples** are the portions of human biological materials provided to investigators
5 by repositories. Such materials are of at least four types, which are differentiated by the amount
6 of information that is conveyed to the investigator about the person from whom the sample
7 comes. NBAC defines the different types as follows:

8

9 **Unidentified samples**—sometimes termed “anonymous” —are those supplied by
10 repositories from an unidentified collection of human biological materials.

11

12 **Unlinked samples**—sometimes termed “anonymized”—are those supplied by repositories
13 from identified human biological materials without identifiers or codes such that the ability
14 to identify particular individuals via clinical or demographic information supplied with the
15 sample, or biological information derived from the research would be very difficult if not
16 impossible for the investigator, the repository, or a third party.

17

18 **Coded samples**—sometimes termed “linked” or “identifiable” —are those supplied by
19 repositories from identified materials with a code rather than a name or any other personal
20 identifier such as a patient number, where the repository (or its agent) retains information
21 linking the code to particular human materials or where the extent of the clinical or

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1 demographic information provided with the sample is sufficient that the investigator, the
2 repository, or a third party could link the biological information derived from the research
3 with material from a particular person or a very small group of identifiable persons.

4
5 **Identified samples** are those supplied by repositories from identified materials with a
6 personal identifier (such as a name or patient number) sufficient to allow the biological
7 information derived from the research to be linked directly, by the researcher, with the
8 particular person from whom the material was obtained.

9
10 By definition, unidentified samples can only come from collections of unidentified
11 materials. Because of the scarcity of truly anonymously collected human biological materials, few
12 research samples are unidentifiable. An example of a researcher's use of unidentified samples
13 follows:

14
15 *A researcher studying malaria needs O⁺ blood to grow the malaria parasite. The*
16 *researcher recruits donors with O⁺ blood to donate a unit of blood. The researcher only*
17 *needs to know the blood type of the donors and needs no identifying information from the*
18 *donors. When the blood is collected, the researcher gives each vial a number, but keeps*
19 *no record of which unit of blood came from each donor. The researcher places all of the*
20 *blood that is collected in storage until there is enough blood stored to perform the*
21 *planned experiments.*

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1 Collections of identified materials may be provided to researchers as unlinked, coded, or
2 identified samples. The use of unlinked samples in research is a fairly common occurrence.
3 Unlinked samples are used when there is a one-time need for tissue and clinical/demographic
4 information. Because there is no link maintained between the sample and the individual from
5 whom it came, neither the researcher nor the repository knows which sample came from which
6 source. Therefore there is no way to go back to get more information about the source or to get
7 another piece of the same sample. For example:

8

9 *A researcher at a university is studying a mutation of a gene that may be associated with*
10 *prostate cancer. The researcher needs 100 samples of prostate tumors with*
11 *accompanying clinical information such as the size of the tumor. The researcher does*
12 *not need any other information about the individual from whom the tumor was removed.*
13 *The researcher contacts the pathology department at the university and requests the*
14 *samples. The pathologist pulls 100 samples from the pathology archives, records in a*
15 *separate file the medical records number of the selected samples, removes any identifying*
16 *information, gives each sample a new unique identifier, and gives the samples to the*
17 *researcher. There is no link maintained between the sample and the individual from*
18 *whom it came. This means that neither the researcher nor the pathologist knows which*
19 *sample came from which patient. (Although a record of the group of 100 samples used is*
20 *retained by the pathologist.)*

21

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1 Another common category of samples used in research is coded samples. Coded
2 samples are used when a researcher anticipates the need to obtain additional medical
3 information about the source, to provide information to the source, or to get additional
4 samples over time. For coded samples, the identification of the individual is not provided.
5 Instead, each sample is given a unique identifier, and a link is kept by the repository for
6 quality control purposes. The link also provides a one-way flow of information from the
7 repository to the researcher. Coded samples allow researchers to obtain follow-up data on
8 treatment, recurrence, and survival. An example of the use of coded samples in research
9 follows:

10
11 *A researcher studying systemic lupus erythematosus (SLE) wants to know if there is some*
12 *way to predict if a patient will go on to need a kidney transplant. The researcher uses*
13 *frozen serum from patients with SLE that have been stripped of identifiers and coded for*
14 *research purposes. During the course of this research, a unique (e.g., serological)*
15 *marker is found that may be predictive of rapidly progressive kidney disease. The*
16 *researcher wants to determine if there is a connection between the newly discovered*
17 *marker and patients requiring a kidney transplant. Therefore, the researcher wants to*
18 *receive follow-up information about each patient, particularly information relating to*
19 *time to renal failure and need for dialysis and/or kidney transplant.*

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1 The last category of research samples is identified samples. Identified samples are used
2 when the research involves continual sample collection and/or clinical follow-up or when the
3 researcher has direct contact with the research subject. With identified research samples, the
4 investigator can go back directly to the source of the sample and request additional information.
5 For example:

6
7 *A researcher is investigating the genetic causes of psoriasis. The researcher identifies*
8 *patients with psoriasis or psoriatic arthritis through medical records and requests*
9 *samples of skin biopsies from the pathology laboratory. After the researcher completes*
10 *the experiments on the skin biopsies, the patients and their families are contacted to*
11 *further participate in the research by providing blood samples. This allows the*
12 *researcher to perform linkage analysis to try to localize genes that may play a role in*
13 *psoriasis.*

14

15 **Need to Identify Source for Research or Clinical Purposes**

16

17 For research samples that are identified or coded, there are several possible reasons for an
18 investigator to want to go back to the source either to gather additional clinical or biological
19 information or to provide potentially valuable therapeutic information to the individual.

20

21 Increasingly genetic research requires that there be sufficient phenotypic (i.e., clinical)
22 information accompanying the genotypic (i.e., DNA-based) information obtained from the

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1 biological material. Thus, investigators stratify populations according to their research value and
2 then intensively investigate a smaller subset. As smaller subpopulations of interest are identified,
3 clinical investigators are likely to need more clinical information about the population being
4 studied. This will require some mechanism for information retrieval. With coded research
5 samples, the “trustee” of the sample has the ability to gather more data for the investigator. With
6 identified research samples, the investigator can go back directly and request additional
7 information. The possibility that the investigator, or an agent of the investigator, will contact the
8 source (or the source’s physician) for additional information should be discussed in the consent
9 process (see chapters 4 and 5).

10

11 There might also be circumstances in which an investigator wants to provide information
12 to the sample source, whether directly or indirectly. An example is an investigator who discovers
13 new information that leads to a better diagnosis of a clinical condition, an effect of a previously
14 administered therapy, or a misdiagnosis that might have important implications for the health of an
15 individual source. Another example is the discovery of an infectious agent and its public health
16 implications. In both of these examples, there have been compelling arguments made supporting
17 the investigator’s duty to contact the source. In cases where the implications of a finding are not
18 as clear, that is, where findings are preliminary or where there is no effective intervention
19 available, contact is less desirable and more controversial because of the possibility that people
20 could act on these findings, however tentative and conditional, in a way that may result in harm.

21

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1 **PART III: USES OF HUMAN BIOLOGICAL MATERIALS**

2

3 Once removed, human biological materials may serve many beneficial purposes, including
4 clinical care, forensic determinations, identification of individuals, and research use. The most
5 familiar and widespread use of such materials is in the diagnosis and treatment of illness. Another
6 common use of human biological materials is for quality control purposes in diagnostic and
7 pathologic laboratories. Human tissue is also used for medical and biological research, and for
8 medical education and training. Other uses include the identification of a person, such as in
9 paternity testing and cases of abduction or soldiers missing in action, and forensic purposes in
10 crime cases where biological evidence is available.

11

12 In the examples described below, there is tremendous variability in the identifiability of the
13 samples used depending on the research purpose. In some cases, such as the study of the
14 Hantavirus, it was not necessary to identify the individuals who served as the sources of the
15 stored samples. For other types of research, such as the studies of families with a high prevalence
16 of mental illness where extensive information on demographics, diagnosis, and family history was
17 crucial, the ability to identify the source of the sample may be necessary.

18

19 **Forensic Use of Human Biological Materials**

20

21 The DNA Identification Act of 1994 (Pub. L. No. 103-322, 1994 HR 3355, 108 Stat.
22 1796, 210304), a federal law enacted in 1994 as part of the Omnibus Crime Control Law, created

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1 a national oversight committee to develop guidelines for DNA forensics and established a 5-year,
2 \$40 million grant program to assist state and local crime laboratories in developing or improving
3 forensic DNA testing capabilities. The DNA Identification Act also formally authorized the FBI
4 to establish the Combined DNA Index System²⁶ (CODIS) for law enforcement identification
5 purposes (TWGDAM, 1989). CODIS is a national computer network containing DNA profiles
6 of convicted offenders, unknown suspects, and population samples (which are used for statistical
7 purposes only). Using CODIS, federal, state, and local law enforcement agencies are able to
8 compare DNA profiles from crime scenes to DNA profiles of felons in the CODIS database.

9

10 DNA identification profiles prepared from samples from convicted criminals have already
11 proven to be a valuable resource for tracing biological material found at crime scenes to felons
12 with prior convictions. By February 1997, forensic DNA databanks had achieved over 200 cold
13 hits linking serial rape cases or identifying suspects by matching DNA extracted from biological
14 evidence found at a crime scene to that of a known offender whose DNA profile was in the
15 databank. The power of DNA testing lies not only in its ability to implicate an individual in a
16 crime, but also to exonerate innocent individuals by ruling them out as suspects.

17

²⁶ Forensic Science Research and Training Center, <http://www.fbi.gov/lab/report/research.htm>

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1 **Use of Human Biological Materials for Identification**

2

3 Another use of human biological materials is the identification of a person, such as in the
4 case of paternity testing, and cases of abduction or soldiers missing in action. For example, the
5 DOD DNA Specimen Repository for Remains Identification, along with the Armed Forces DNA
6 Identification Laboratory (AFDIL), comprises the DOD DNA Registry. The purpose of the DNA
7 Registry is to identify the remains of soldiers killed in combat or missing in action.

8

9 Recently, the AFDIL performed mitochondrial DNA (mtDNA) analysis on samples taken
10 from the skeletal remains of the Vietnam Unknown, which had been exhumed from the Tomb of
11 the Unknown at Arlington National Cemetery. This mtDNA profile was then compared to
12 mtDNA samples from living relatives of those deceased service members thought to have been in
13 the area at the time. On June 30, 1998, the Pentagon announced that the remains of the
14 memorial's Vietnam War soldier belong to Air Force pilot Michael J. Blassie, bringing closure to a
15 26-year ordeal for the Blassie family, who had been uncertain about the fate of their relative.

16

17 **Research Use of Human Biological Materials**

18

19 Historically, the science of pathology has led the way in the investigation of the
20 mechanisms of disease causation by proceeding progressively from whole organs and tissues to
21 cells, and then from the subcellular to the supramolecular and molecular manifestations of disease
22 expression (Rosai, 1997).

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1

2 The range of medical benefits already obtained through the use of stored biological
3 samples is impressive.²⁷ For example,

4

5 In 1953 autopsies of young American soldiers killed in the Korean conflict revealed that
6 atherosclerosis begins at a much earlier age than was previously thought and that blockage
7 of arteries can be far advanced in the absence of symptoms; this research contributed to
8 findings concerning diet and exercise which have had a major public health impact in this
9 country, evidenced by a significant reduction in coronary artery disease (Enos, 1953;1955;
10 Solberg,1983; Strong, 1986).

11

12 In the late 1960s the study of samples of tissue from an unusual tumor of the vagina led to
13 the discovery that a non-steroidal estrogen hormone diethylstilbestrol (DES), then
14 commonly given to women during pregnancy, is carcinogenic (Herbst
15 1970;1971;1974;1981).

16

17 Thirty years ago a series of studies on tissue samples of precancerous lesions of the uterine
18 cervix led to the routine use of Pap smears, which have played an important role in the
19 early diagnosis and more successful treatment of cervical cancer. (Herbst
20 1970;1971;1974;1981; Younge, 1949).

²⁷ For a survey of such benefits, see David Korn, "Contribution of the Human Tissue Archive to the Advancement of Medical Knowledge and the Public Health" (A report to the National Bioethics Advisory Commission), January 1, 1998.

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1 Analysis of tissue from autopsies of persons in certain occupations, such as chemical
2 manufacturing and uranium mining, have established causal links between exposure to
3 environmental substances and certain diseases, including a cancer of the liver known as
4 hepatic angiosarcoma and cancer of the bronchial epithelium (Creech, 1974; Falk, 1981;
5 Dannaher, 1981; Popper, 1978; Regelson, 1968; Roth, 1957).

6
7 The analysis of autopsied lung tissue from smokers played a major role in establishing that
8 smoking causes lung cancer, that the risk of cancer increases with the duration of
9 exposure to the chemicals contained in cigarette smoke, and that precancerous changes in
10 the bronchial epithelium can be reversed by cessation of smoking (Auerbach, 1962; 1979;
11 Flehinger, 1984; Frost, 1984).

12
13 As the science and knowledge of human disease have progressed, researchers have
14 developed or co-opted in steady succession the newest in scientific tools and methodologies.
15 Novel insights and expanded knowledge of agents and mechanisms of disease causation have
16 attracted a broader representation of the biomedical research community, including
17 immunologists, virologists, and geneticists, to the vast and valuable resource of human biological
18 materials for investigating human disease.

19
20 The tools used to analyze biological specimens have evolved from studies of morphology,
21 to light and electron microscopy, to sophisticated histochemical approaches to probe the chemical
22 composition of tissues, to the development of antibodies and gene probes. These tools have

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1 revolutionized diagnostic and experimental pathology, as well as biomedical research. For
2 example, with appropriately tagged antibodies, it is possible to identify with great precision the
3 presence, location, or absence of specific protein molecules, and thereby begin to understand the
4 differences between normal tissues and pathological lesions.

5

6 In the past 30 years we have entered the era of molecular and genetic medicine. To
7 understand the chemistry and genetics of normal biological functions and their pathological
8 arrangements, molecular biologists and pathologists increasingly collaborate to define disease
9 entities and their patterns of expression on the basis of pathologic criteria. All new methods for
10 the study of disease, whether they be monoclonal antibodies, new molecular genetic technologies,
11 or others yet to come, ultimately must be interpreted and validated with reference to known
12 disease entities and appropriate controls. That process frequently requires that the methods be
13 developed and evaluated with authenticated pathologic materials.

14

15 **The Value of Human Biological Materials to Cancer Research**

16

17 Pathology specimens have been invaluable resources for much cancer research. The
18 availability of large archives of carefully documented and clinically correlated specimens permits
19 the direct, much more rapid and less expensive approach of applying new detection technologies
20 directly to existing specimens. To try to initiate new prospective studies for each new promising
21 candidate gene for each of the many varieties of human cancer would not only be extraordinarily
22 costly in dollars and human effort, but would require study periods of many years, or even

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1 decades. In contrast, being able to apply such new technologies to archival materials, where
2 clinical course, therapeutic response and outcome are already known, can save time and money,
3 to say nothing of human suffering.

4
5 Recent progress in elucidating the initiation and progression of cancer has been most
6 dramatic and gratifying in the area of colorectal cancer (Lenauer, 1997). During the past decade
7 at least five specific genetic changes have been found that seem to constitute a progressive
8 pathway from normal to neoplastic colon tissues. Some of these revelations have been derived in
9 subsets of patients with known hereditary forms of colorectal cancer, while others appear more
10 generally to be present in those without known patterns of familial inheritance. At least one of
11 these genetic changes, the inactivation of the p53 gene, is known to occur, at least at times, in the
12 germline, while the others appear to be exclusively of somatic origin (Kinzler, 1991a; 1991b;
13 1996).

14
15 Research on the role of the p53 gene was enabled by the availability of a large human
16 tissue repository containing various forms and stages of colorectal cancers, as well as blood
17 specimens from the same patients. The tissue archive consisted largely of typically fixed and
18 embedded specimens, but in addition the scientists benefited immensely from a large collection of
19 frozen samples (Fearon, 1987; 1990; Goelz, 1985; Vogelstein, 1988; 1989).

20
21 There are countless examples in which investigators have used archival collections of
22 human tissues to search for specific chromosomal and genetic abnormalities of pathogenetic

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1 interest. For example, a recent effort is attempting to decipher the genetics of prostate cancers,
2 the most common cancer in American men and a significant cause of cancer morbidity and
3 mortality (Smith, 1996). The goal of this new multi-institutional project is to differentiate the
4 various forms of prostate cancer, determine the most effective methods of treatment for each, and
5 eventually find a cure. The research is dependent on the availability of carefully characterized
6 tissue samples of prostate cancers and close correlation with clinical data to establish the natural
7 history of the tumors and their responses to different therapeutic strategies.

8

9 **Screening Human Biological Materials Archives to Track Viruses**

10

11 Stored biological samples can be valuable resources during public health emergencies,
12 when investigators are trying to identify or track an emerging virus. For example, in 1993 healthy
13 young people began mysteriously dying in the Four Corners area of the American Southwest from
14 a form of pneumonia. Within months the Hantavirus was identified as the culprit. The rapid
15 solution of this public health mystery can be attributed to many sources, including a suspicious
16 clinician, an epidemiologist, observant Navajo elders, and two human tissue archives. One archive
17 was that of the Centers for Disease Control and Prevention (CDC), containing vast libraries of
18 viruses, viral proteins, and serum specimens from around the world. The second archive held
19 pulmonary tissues from the autopsied victims of this strange new disease. The CDC archive
20 permitted initial serological screening tests, from which arose the first suggestion that a
21 Hantavirus might be involved. The initial screens were followed by tests of autopsy tissue
22 samples with specific Hantavirus monoclonal antibodies, and ultimately, the tissue samples were

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1 exposed to Hantavirus genetic probes that revealed the presence and tissue distribution of viral
2 genetic material. These molecular tools permitted identification of the local deer mouse as the
3 host of the pathogenic Hantavirus. Studies of older human autopsy tissue established that the
4 virus was, in fact, not a new variant but a fairly old virus with a well-established symbiotic
5 relationship with the mice in the region that must have been disturbed in some way so as to initiate
6 human infections (Wrobel, 1995).

7

8 **Human Tissue as a Singular Resource in Brain Research**

9

10 Sometimes use of biological materials is the only way to study certain aspects of human
11 disease, for example, in studies of certain diseases of the brain and central nervous system.
12 Currently there are no accurate animal or tissue culture models for many common diseases of the
13 human brain, including brain tumors and most of the primary neurodegenerative diseases (e.g.,
14 Alzheimer's disease, Parkinson's disease, Amyotrophic Lateral Sclerosis, or Multiple Sclerosis).
15 Moreover, neurological samples, particularly of the brain, are often inaccessible.

16

17 Until relatively recently, most brain tumor research was conducted with animal models, or
18 with cultured immortalized brain cell lines. Over the last five years, several studies have
19 correlated genetic alterations in human brain tumors with the degree of malignancy and prognosis.
20 These studies relied on frozen samples and specially fixed samples of human brain cancers to
21 assess gene amplification, gene deletions, gene mutations, and cell cycle parameters. Many

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1 insights into the pathobiology of brain tumors are emerging from these studies (Blessed, 1968;
2 Masliah, 1991; Masters, 1989; Raine, 1997; Will, 1996).

3

4 **Longitudinal Studies**

5

6 Longitudinal studies, in which the same group of individuals is studied at intervals over a
7 period of time, often collect large numbers of specimens that can be used for both retrospective
8 (i.e., looking back at data and trends over time) and current or future research. Several well-
9 known longitudinal studies have been conducted over the years, including the Physicians' Health
10 Study, the Nurses' Health Study, and the Framingham Heart Study. Other large longitudinal
11 studies include the Health Professionals Follow-up Study, Mr. Fit, and the Family Heart Study.

12

13 As an example, the NIH Women's Health Initiative (WHI) is a 15-year research program,
14 concluding in the year 2005, which focuses on the major causes of death, disability and impaired
15 quality of life in postmenopausal women. The overall goal of WHI is to reduce coronary heart
16 disease, breast and colorectal cancer, and osteoporosis in postmenopausal women through
17 prevention, intervention, and risk factor identification. The study will involve over 164,500
18 women of all races and socioeconomic backgrounds ages 50 to 79. The women are enrolled in
19 either a clinical trial or an observational study and will be followed for 8 to 12 years, during which
20 they will provide multiple blood samples. Participants sign a consent form that states that the
21 collection of blood samples is for use in future research, which may include genetic research, and
22 participants will not be informed of any test results. Participants may opt out of having their

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1 samples used for genetic research, if they so desire. Participants' charts contain identifying
2 information including name, Social Security number, address and telephone number, and are bar-
3 coded. Blood samples are labeled with matching barcodes to link them back to the charts. All
4 study records are kept indefinitely for analysis and follow-up.

5

6 The NIH-sponsored Bogalusa Heart Study,²⁸ at the Louisiana State University, has been
7 ongoing since 1972 and is the longest and most detailed study of children in the world. The
8 purpose of the study is to understand the environmental and hereditary aspects of early coronary
9 artery disease, essential hypertension, and cardiovascular risk factors in African American and
10 Caucasian children in the semi-rural community of Bogalusa, Louisiana. In addition, over 160
11 substudies have been conducted including special studies on socioeconomic evaluations, blood
12 pressure, lipid levels, genetics, exercise, heart murmurs, and pathology. Knowledge gained in the
13 study has been applied to develop, test and evaluate methods for cardiovascular risk intervention.
14 The research involves longitudinal observations of more than 14,000 children and young adults,
15 some of whom will be followed until 38 years of age.

16

²⁸ Bogalusa Heart Study, <http://www.mcl.tulane.edu/cardiohealth/bog.htm>

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1 **Relying on Stored Samples for Locating Genes**

2

3 The human genome is the complete set of genetic instructions that set in motion the
4 development of an individual. Though the DNA of any two people is roughly 99.9 percent
5 identical, the variation in this last tenth of a percent is the source of human biological diversity.
6 Inherited susceptibility to various diseases—which occurs when a gene fails to give correct
7 instructions for a trait or function—is one small part of this diversity.²⁹ Researchers search for
8 genes by constructing finer and finer maps of known gene locations and functions or by
9 comparing DNA of individuals with a given disease or trait to those who do not have that disease
10 or trait.

11

12 The first phase of identifying a disease-related gene is the collection of diagnostic
13 information and blood samples from an appropriate set of affected individuals and their relatives.
14 Typically, blood samples are drawn from family members, and the blood cells are immortalized so
15 they can be grown continuously in the laboratory. These immortalized cells, called cell lines, can
16 then be used to make DNA in unlimited quantities, allowing many different researchers access to
17 this resource. The art of this collection phase is in identifying appropriate families. At this stage,
18 having valid and definitive criteria that accurately determine a particular diagnosis or trait may

²⁹ Some research aims specifically to document human genetic variation, such as the Human Genetic Diversity Project of the National Institutes of Health. This project relies on stored blood samples collected as part of the National Health and Nutrition Examination Survey (NHANES). No identifying information is provided with the blood samples used in the study.

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1 make the difference between success and failure. The actual research designs selected in molecular
2 genetics studies and the selected participants are closely allied.

3

4 Linkage studies are widely used to detect and locate genes that determine susceptibility to
5 certain disorders, and are often based on the identification of large, densely affected families so
6 that the inheritance patterns of known sections of DNA (called “markers”) can be compared to
7 the family’s transmission of the disorder. If a known marker can be correlated with the presence
8 or absence of the disorder, this finding narrows the location of the suspect gene. Great strides in
9 linkage analysis, including laboratory and statistical methods, are increasing the power of this
10 method and decreasing its cost.

11

12 Linkage-disequilibrium studies in isolated populations capitalize upon the likelihood that
13 the susceptibility genes for a particular disorder probably came from one or a few founding
14 members. Whether the isolation of the population is geographic or cultural, there are fewer
15 individuals in the community's genealogies and therefore fewer variations of the disease genes
16 within the population. This limited variation makes the search for genetic association with a
17 disease easier. In addition, the groups of markers that surround each of these susceptibility genes
18 are likely to have the same limited variation, which further simplifies gene identification.

19

20 Association studies depend on the investigator hypothesizing that a specific gene or genes
21 may influence the disorder. In this type of study, the investigator examines whether those people

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1 with the disorder have a different version of the gene than those without the disorder among
2 related or unrelated individuals.

3

4 Pinpointing the likely genetic anomaly in linkage and linkage-disequilibrium studies can
5 only occur once an investigator narrows the search to a fairly small region in the genome. That
6 “small” region, however, may still be large enough to contain DNA that codes for dozens of
7 traits, and the investigator must now choose which parts of the region to study further. Because
8 the Human Genome Project is well on the way to identifying the location of all genes, this
9 mapping of the human genome will greatly simplify the identification of possible susceptibility
10 genes. Once the genes in a narrow DNA region are cataloged, they may each be tested and the
11 susceptibility gene identified.

12

13 An example of use of DNA repositories in linkage studies is the National Institute of
14 Mental Health’s (NIMH) Genetics Initiative, begun in 1989.³⁰ The goal of this special, large-scale
15 initiative in molecular genetics is to collect data from enough families to find the genes that
16 influence the onset of selected mental disorders. In addition, the Initiative enabled the
17 establishment of a national repository of demographic, clinical, diagnostic, and genetic data from
18 individuals with bipolar disorder, schizophrenia, or Alzheimer's disease to aid researchers in
19 identifying factors responsible for these disorders.

20

³⁰ See the National Institute of Mental Health at <http://www.nimh.nih.gov/>

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1 Diagnosis, family history, and DNA samples were collected using identical procedures
2 across multiple sites. The collecting researchers were given a 12-month proprietary period for
3 analyzing their data, at the end of which the data were made available to other qualified
4 investigators. The repository contains information on 862 individuals with Alzheimer's disease,
5 432 individuals with bipolar disorder, and 270 individuals with schizophrenia.

6

7 These researchers founded a resource that is in high demand. Requesting investigators
8 receive a file of demographic and diagnostic variables necessary for genetic analysis, with
9 accompanying documentation, access to DNA samples, a code manual listing additional clinical
10 and demographic data, and pedigree drawings.

11

12 Although there are numerous additional investigator-initiated studies, some have not been
13 able to recruit the necessary number of participants. Determining the necessary number is
14 problematic since such estimates are specific to the underlying mode of genetic transmission,
15 which is unknown. The more complex the transmission pattern, the larger the study must be.
16 Researchers who began collecting 10 years ago would have thought that 100 to 200 affected
17 individuals and relatives would have been adequate. Now that multiple susceptibility genes are
18 hypothesized, much larger samples than previously expected are necessary.

19

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1 **Research Requiring Unique Tissue Collections**

2

3 Most researchers using human biological materials have relied on specimens from
4 pathology laboratories or existing tissue banks. However, some research studies require
5 specialized samples, i.e., with specific biological, clinical, or demographic characteristics, and
6 therefore must create a unique collection, which might have limited appeal to the broad research
7 community but high value to a small group of investigators.

8

9 For example, the University of Southern California AIDS-Malignancy Clinical Trials
10 Consortium (AM-CTC) helps design, develop, and conduct clinical trials of novel agents to be
11 used against AIDS-related malignancies. In addition, the AM-CTC stores tumor tissue and other
12 relevant biologic materials that have been obtained from patients participating in their trials. As
13 another example, Stanford University is investigating the role of environmental toxicants and
14 genetic susceptibility factors in the etiology of Amyotrophic Lateral Sclerosis (ALS). It has a
15 specialize collection of samples from patients with ALS.

16

17 Another example are the health examination surveys conducted by the Centers for Disease
18 Control and Prevention (CDC). Since 1960, the National Center for Health Statistics (NCHS) of
19 the CDC has conducted 7 health examination surveys of the population of the United States, the
20 National Health Examination Surveys (NHES) Cycles 1, 2 and 3, the National Health and
21 Nutrition Examination Surveys (NHANES) I, II and III, and the Hispanic Health and Nutrition
22 Examination Survey (HHANES). The surveys are designed to assess periodically the health and

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1 nutritional status of children and adults in the United States through interviews and direct physical
2 examinations. The surveys employ interviews to answer questions about demographics,
3 socioeconomic status, dietary habits and health-related issues, and physical and dental
4 examinations, which include physiologic assessments and laboratory tests. Blood samples are
5 collected as part of the physiologic assessments, and placed in storage banks after laboratory tests
6 are completed.

7

8 Cumulatively, all of the CDC's health examination surveys have analyzed and banked
9 samples from more than 85,000 participants. The most recent survey, NHANES III³¹, conducted
10 between 1988 and 1994, performed laboratory tests on approximately 29,314 people of all races
11 aged one year and older from 81 counties in 26 states. Some of the 30 topics investigated in the
12 NHANES III included high blood pressure, high cholesterol, obesity, second-hand smoking, lung
13 disease, osteoporosis, HIV/AIDS, hepatitis, *helicobacter pylori*, immunization status, diabetes,
14 allergies, growth and development, anemia, dietary intake, antioxidants, and nutritional blood
15 measures. The NHANES I analyzed blood and urine samples from 23,808 study participants, and
16 NHANES II analyzed 20,322 samples. The HHANES was a one-time survey conducted from
17 1982 to 1984 that provided data on 11,653 people of Hispanic origin.

18

³¹ National Health and Nutrition Examination Survey (NHANES),
<http://www.cdc.gov/nchswww/about/major/nhanes/nhanes.htm>

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1 **Community-Based Studies to Determine Gene Frequency**

2

3 Certain diseases, particularly those with strong genetic components, are often found to be
4 more common in groups that share similar characteristics, whether they be genes, environmental
5 exposures, or lifestyles. For example, in the category of genetic disorders, Sickle Cell Anemia is
6 predominantly found in African Americans, Cystic Fibrosis in Caucasians, particularly of
7 European descent, Tay Sachs in individuals of Ashkenazi Jewish descent, and thalassemia in
8 Mediterranean populations. These are all autosomal recessive disorders, requiring two defective
9 genes for manifestation of the disorder, meaning otherwise healthy carriers (people with one
10 defective gene, and one normal gene) can only pass the disorder to their children by mating with
11 another carrier (and even then the odds in each pregnancy of passing on the disorder are 1 in 4).
12 The likelihood of two carriers producing offspring is greater in populations that are
13 geographically, politically, socially, or culturally isolated or segregated.

14

15 In the 1980s there was growing evidence that there might be a genetic component to
16 breast cancer. In 1990, researchers had determined that mutations in a gene, labeled BRCA1, and
17 later another gene, BRCA2, cause inherited forms of breast and ovarian cancer. Knowing that
18 breast cancer runs in families, investigators collected data on women whose mothers,
19 grandmothers, or sisters had the disease (Easton, 1993; Tonin, 1995; add refs). Characteristic
20 mutations were found in Ashkenazi Jews. In one study, investigators aimed to estimate the risk of
21 breast and ovarian cancer in the Ashkenazi Jewish population through relatively simple assays to
22 determine the frequency of these mutations (Struewing, 1997). They enlisted the participation of

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1 5,331 Jewish men and women over the age of 20 living in the Washington, D.C. area.
2 Participants provided family histories and blood samples. Participants were told at the beginning
3 of the study that they would not be informed of the results of the test. The scientists found that
4 over 2 percent of Ashkenazi Jews in the study population carried mutations in the BRCA1 or
5 BRCA2 gene, conferring increased risks of breast, ovarian, and prostate cancer (Struewing,
6 1997). In comparison, less than one percent of the non-Jewish population carry a mutated
7 BRCA1 and BRCA2 gene (Whittemore, 1997).

8

9 **CONCLUSIONS**

10

11 This chapter described the large volume of pathology specimens that exists in the United
12 States at this time, and it also provided examples of how these materials have been and continue
13 to be invaluable resources for a wide variety of studies aimed at understanding the etiology and
14 progression of disease, the effects of viral and environmental impacts on health, and for finding
15 genes that might be responsible for the underlying mechanisms of disease.

16

17 Many of the specimens sitting in repositories will never be used in research. Many
18 research studies will rely on large numbers of unidentified research samples to investigate the
19 basic mechanisms of health and disease, or to screen samples for evidence of disease,
20 environmental insult, or responsiveness to potential therapeutic agents. Other studies will rely on
21 research samples that are at least somewhat identifiable. That is, an investigator might initially
22 request samples with no linking data and later request additional clinical data linked to the sample.

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1 In still other cases, the research might require that the investigator know who provided the
2 sample, or the sample source might even be a patient, as well as a research subject, of the
3 scientist. How human biological materials are used in research and the extent to which research
4 samples can be linked to their sources are critical considerations when trying to determine risks
5 and necessary protections.

6

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1 **Table 1. Stored Human Biological Materials in the United States**

2

3	Type of Repository	# of cases	# of specimens	Cases/Year
4	Large Tissue Banks,			
5	Repositories, and	>2.6 million	>96 million	364,825
6	Core Facilities			
7				
8	Longitudinal	>263,500	>263,500	
9	Studies			
10				
11				
12	Pathology	>160 million	>160 million	>8 million
13	Specimens			
14				
15	Newborn Screening			<10,000 to
16	Laboratories	>13.5 million	>13.5 million	>50,000
17				
18	Forensic DNA	380,000	380,000	
19	Banks			
20				
21	Umbilical Cord			
22	Blood Banks	18,300	18,300	
23				
24	Organ Banks		>75,500	>75,500
25				

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1	Blood Banks			
2			~12 million	~12 million
3	Grand Total	>>176.5 million	>>282 million	>20 million
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