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1 **Chapter 1**

2 **Overview and Introduction**
3
4

5 Research using human biological material continues to have the potential to greatly expand our
6 understanding of human disease and to provide better means of prevention, diagnosis, and
7 treatment. As a matter of historical record the study of such materials has been a great asset to
8 advancing biomedical science in ways that have already benefited millions of individuals.
9 Furthermore, the development of new technologies and advances in biology now are
10 providing even more effective tools for using this resource to improve our capacity to treat
11 disease.

12
13 Moreover, these technologies are so powerful—even revolutionary—that they also hold
14 the ability to uncover knowledge about individuals no longer alive and for those yet to be born.
15 For example, in 1977 scientists at University of Oxford in England announced that they had
16 compared DNA extracted from the molar cavity of a 9,000-year-old skeleton, known as Cheddar
17 Man, to DNA collected from 20 individuals currently residing in the village of Cheddar and
18 established a blood tie between the skeleton and a schoolteacher who lived just half a mile from
19 the cave where the bones were found. Similarly, scientists have used enzyme-linked assays to
20 analyze tissues more than 5,000 years old to track the historic spread of diseases such as malaria
21 and schistosomiasis, obtaining knowledge that can enlighten current efforts to control infectious
22 disease (Egyptian Mummy Tissue Bank, 1997). The same technologies can be used in persons

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1 living today to diagnose predisposition to conditions such as cancer, heart diseases, and a variety
2 of familial diseases, which affect millions of individuals. In some cases, prevention or treatment is
3 available once a diagnosis is made, in other cases it is not, thereby undermining the current
4 usefulness of the diagnosis to the individual. Human biological materials also constitute an
5 invaluable source of information for public health planning and programming, through disease
6 surveillance, and studies of disease incidence and prevalence.

7

8 **THE RESEARCH VALUE OF HUMAN BIOLOGICAL MATERIALS**

9

10 The medical and scientific practice of storing human biological material is more than 100
11 years old. Human biological collections, which include DNA banks, tissue banks, and
12 repositories, vary considerably, ranging from formal repositories to the informal storage of blood
13 or tissues specimens in a researcher's laboratory freezer. Large collections include archived
14 pathology samples and stored cards containing blood spots from newborn screening tests (Guthrie
15 cards). These tissue samples are stored at military facilities, forensic DNA banks, government
16 laboratories, diagnostic pathology and cytology laboratories, university- and hospital-based
17 research laboratories, commercial enterprises, and non-profit organizations. Archives of human
18 biological materials range in size from fewer than 200 to more than 92 million specimens.
19 Conservatively estimated, at least 282 million specimens (from more than 176 million individual

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1 cases) are stored in the United States, and are accumulating at a rate of over 20 million per year
2 (see chapter 2).

3

4 In this report, human biological material is defined to encompass a full range of specimens,
5 from subcellular structures like DNA, to cells, tissues (e.g., blood, bone, muscle, connective tissue
6 and skin), organs (e.g., liver, bladder, heart, kidney, placenta), gametes (e.g., sperm and ova),
7 embryos, fetal tissues, and waste (e.g., hair, nail clippings, urine, feces, sweat, and shed skin
8 cells).¹ The most common source of these materials is from diagnostic or therapeutic
9 interventions in which tissue or other material is taken to determine the nature and extent of a
10 disease or diseased tissue. It is routine in these circumstances to retain a portion of the specimen
11 even after the diagnosis is complete for future clinical, research, or legal purposes. Specimens
12 may also be taken during autopsies that are performed to establish the cause of death. In addition,
13 volunteers may donate blood or other tissue for transplantation or research, organs for
14 transplantation, or they may donate their bodies after death for transplantation of organs or
15 anatomical studies. Each specimen may be stored in multiple forms, such as slides, paraffin
16 blocks, formalin-fixed, tissue culture, or extracted DNA. Repositories provide commercial and
17 noncommercial laboratories with access to samples for medical and research purposes.

¹ Due to the unique and ethically complex nature of research on gametes and embryos, their use in research is not addressed in this report.

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1 In addition to its future clinical use, a specimen of human biological material can be used
2 to study basic biology or disease. It can be examined to determine its normal and abnormal
3 attributes or it can be manipulated to develop a research tool or potentially marketable product
4 (OTA, 1987). Just as a clinician will choose a biological sample appropriate to the medical
5 situation at hand, a researcher's choice of tissue depends on the goals of the research project.
6 The selected tissue can be used just once, or can be used to generate a renewable source of
7 material, such as in the development of a cell line, a cloned gene, or a gene marker. In addition
8 proteins can be extracted or DNA isolated from specimens.

9

10 There is substantial research value in both unidentified material (i.e., not linked to an
11 individual and his/her on-going medical records), and in material linked to an identifiable person
12 and their continuing medical record. In the former, the value to the researcher of the human
13 biological material is in the tissue itself and often the attached clinical information about that
14 individual, not in the identity of the person from whom it came. Investigators are often interested
15 in specific types of tissues, for example, cells from individuals with Alzheimer=s disease or
16 specific tumors. In these cases, researchers may not need the detailed accompanying medical
17 records (past or on going) of the individual from whom the specimen was obtained.

18

19 Sometimes, however, it is necessary to know the ultimate identity of the source of the
20 sample, because the value of the material for research depends on linked, on-going medical

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1 information and the ability to obtain updated information from the medical records of the source
2 of the sample. In some longitudinal studies, to determine the validity of a genetic marker as a
3 predictor of disease, it might be scientifically crucial to be able to link a sample with the on-going
4 medical records of its source. For example, a study of late-onset Alzheimer's disease linked the
5 presence of the disease with the apolipoprotein E allele by studying the stored tissues of 58
6 familial kindreds with a history Alzheimer's disease and then obtaining autopsy records of those
7 individuals whose tissue revealed the presence of that allele (Payami, 1996).

8

9 Human biological materials also may be used for quality control in health care delivery,
10 particularly in diagnostic and pathologic laboratories. Other uses include identification of an
11 individual, such as in paternity testing, cases of abduction or soldiers missing in action, and
12 forensic purposes where biological evidence is available for comparison. The advent of
13 technologies that can extract a wide array of information from these materials, however, has also
14 increased the potential research and other uses of human biological samples that are unrelated to
15 individual patient care.

16

17 Through the power of new DNA technologies and other new molecular techniques
18 scientists can potentially turn to millions of stored human biological samples as sources of
19 valuable scientific, medical, anthropological, and sociological information. This ability means that
20 human tissue and DNA samples that have been sitting in storage banks for yearsXeven a

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1 centuryXcould be plumbed for new information to reveal something not only about the individual
2 from whom the tissue was obtained, but possibly about entire groups of people who share genes,
3 environmental exposures, racial, ethnic, or even geographic characteristics. Clearly the same is
4 true for samples of such material that may be collected in the future. DNA samples—whether
5 already stored or still to be collected—can be used to study genetic variation among people, to
6 establish relationships between genes and characteristics, such as single gene disorders, or more
7 generally, to conduct basic studies of the cause and progression of disease, all with the long-term
8 goal of improving human health. Providing information towards this goal is the federally funded
9 Human Genome Project, which expects to map and sequence the entire human genome by 2005
10 (Collins, 1993).

11

12 **GENETIC INFORMATION**

13

14 Genetic information is one form of biological or medical information. Like certain other
15 types of medical information, genetic analyses can reveal sensitive information about an
16 individual. Further, genetic information concerning an individual can sometimes reveal similar
17 information about a person's relatives or entire groups of people (Knoppers, 1997).

18

19 In some instances, genetic and other biological information can indicate a risk for
20 developing certain diseases (e.g., predisposition to cancer or likelihood of developing heart
21 disease). This is also true, of course, for other types of medical information. At present,

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1 however, the detailed information contained in a person's genes is largely unknown to that
2 person. Moreover, because DNA is stable, stored samples can become the source of increasing
3 amounts of information as new genes are mapped (Annas, 1995). In the words of Francis Collins,
4 Director of the National Human Genome Research Institute, "we are hurtling towards a time
5 where individual susceptibilities will be determinable on the basis of technologies that allow your
6 DNA sequence to be sampled and statistical predictions to be made about your future risk of
7 illness" (NBAC transcript, October 4, 1996, pp. 129-130).

8

9 For these reasons, some observers have concluded that genetic information is a unique
10 form of biological and medical information. They claim that its major distinguishing
11 characteristics of genetic information are its predictiveness and its implications for individuals
12 other than the person from which the information was derived (IOM, 1994). Others believe that
13 the unique nature of an individual's DNA sets it apart from other biological attributes. Gostin, for
14 example, has suggested that "genomic" data are qualitatively different from other health data
15 because they are inherently linked to one person, that is, one's DNA is unique except in the case
16 of identical twins (Gostin, 1995).

17

18 Others argue that genetic information is not inherently distinct from other types of medical
19 information (Murray, 1997). First, other types of medical information may be strongly correlated
20 with particular diseases. Moreover, infection with a virus has implications for people other than

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1 the person actually infected. Likewise, the health status of a person living in a toxic environment,
2 such as near the Chernobyl nuclear accident site, has implications for others living in that same
3 environment. Clearly, many of the concerns that pertain to the misuse of personal genetic
4 information apply equally to certain other types of personal medical information.

5

6 Nevertheless, public discourse and concern about the potential availability of personal
7 genetic information has been intense in recent years, in part because of its early beginnings in
8 reproductive medicine and family planning, in part because of a history of eugenics and genetic
9 discrimination, in part because of the unknown power of these new technologies, in part because
10 of the rapid pace of the Human Genome Project and its associated spin-offs, and in part because
11 people may fear the lack of any protection from the misuse of this information outside the
12 research context.

13

14 Recently scientific and medical organizations have also dedicated a great deal of attention
15 to the appropriate protocols for gaining access to the use of genetic information that can be
16 derived from collections large and small, existing and to be collected, of human biological
17 materials. The growing number of position statements and recommendations issued by scientific
18 and medical organizations regarding the use of human biological materials in research reflects this
19 recent focus (see Chapter 4). Their efforts to work through complex ethical and policy issues

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1 have been valuable and have provided NBAC with an understanding of the range of positions
2 existing among such organizations.

3

4 **GROWING CONCERNS ABOUT THE RESEARCH USE OF HUMAN BIOLOGICAL MATERIAL**

5

6 The increasing use of genetic information about individuals has fueled a recent debate
7 about genetic privacy and discrimination. While medical research is generally considered a public
8 good and is vigorously supported by the American public, the power of DNA-based technologies
9 to find an extraordinary amount of detailed information in a single cell raises the specter that
10 information about individuals will be discovered and used without their consent and possibly to
11 their detriment. The use of such information may result in potential loss of insurance,
12 employment, or dramatically affect life choices (Powers, 1994). Although this type of information
13 might also be obtained through a variety of other means, DNA analysis currently is the most
14 powerful and increasingly will be the method of choice.

15

16 The cases at the center of the current debate usually involve single-gene, highly penetrant
17 disorders of medically severe, or socially stigmatizing natures, which are not symptomatically
18 apparent at the time of the analysis. In the future, however, the majority of cases will deal with
19 polygenic, multifactorial disease whose genetic status will, at best, provide a probabilistic estimate
20 of the likelihood of disease manifestation. In recent years these various concerns have caused

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1 consumer, scientific and professional groups have begun to address the issues surrounding the
2 collection and use of human biological materials. (AAMC, 1997; ASHG, 1987; 1997; ACMG,
3 1995; HUGO, 1998; Pathologists, 1997).

4

5 Media focus on highly contentious cases using biological samples, such as the use of
6 stored neonatal blood spots for anonymous studies of HIV prevalence in a given population, and
7 efforts by the military to establish a DNA databank, have made the issue of research use of human
8 biological materials a matter of increasing public concern. In the course of its deliberations,
9 NBAC identified several trends that are contributing to the need for the consideration of a more
10 comprehensive public policy concerning the use of these biological samples for research purposes:

11

- 12 • increasing public concern that personal genetic and other medical information could be
13 used to discriminate against individuals in employment or access to benefits such as
14 health or life insurance, or could be stigmatizing in some way;
- 15 • growing public concern about privacy of all medical records;
- 16 • increasing awareness in the medical and scientific communities regarding beliefs about
17 the moral status of bodies and their parts;
- 18 • the emergence of new considerations regarding both the nature of consent to
19 participate in research protocols and disclosure of results;

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- 1 • disagreement among scientific and medical groups about conditions that need to be
2 satisfied to ensure ethical research to insure the appropriate use of human biological
3 materials, namely requirements for IRB review and the nature of the required consent
4 process.

5

6 **Concerns about Discrimination and Stigmatization**

7

8 There is growing recognition that human biological materials can be analyzed to ascertain
9 significant amounts of genetic information about the person from whom the sample was obtained.
10 Thus, there is a growing concern that genetic and other medical information could be used to
11 discriminate against individuals in insurance and employment and could be stigmatizing for
12 individuals and families (Hudson, 1995; NIH-DOE Working Group, 1993).

13

14 One particular area of concern centers on whether the information that can be obtained
15 from human biological materials places those who donate samples at unacceptable risk. Such data
16 might reveal, for example, information about an individual's disease susceptibility (e.g., carrying a
17 gene that is associated with an increased risk of colon cancer or breast cancer). When there is an
18 intervention that can be pursued to counteract the increased health risk, such as regular
19 mammograms, dietary modification, or drug treatment, some might perceive the information
20 worth receiving and worth the psychological and financial risks associated with the information.

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1 If, however, the analysis reveals information for which no intervention is currently available (e.g.,
2 susceptibility to Huntingtons disease or Alzheimer’s disease), many individuals might perceive the
3 risks of uncovering such information as outweighing the benefits. In any case, concern may arise
4 when an individual did not consent, in advance, or show any interest in receiving such
5 information. Many would agree that finding out about an adverse health status should be done
6 knowingly and willingly since it can provoke anxiety and disrupt families, particularly if nothing
7 can be done about it and the finding has potential implications for other family members.

8

9 Concern about insurers and employers having access to genetic information has a basis in
10 fact. In the 1970s several insurance companies and employers discriminated against sickle cell
11 carriers, even though their carrier status did not and would not affect their health (ref.) In the
12 absence of guaranteed access to health care or laws that prevent discrimination on the basis of
13 health status there persists a real concern that medical information may be used to deny
14 individuals insurance or jobs (OTA, 1990; NCHGR, 1993). In a recent Harris poll, 86 percent of
15 respondents said they were worried about health and life insurance companies or employers using
16 genetic information to deny them coverage or jobs. In addition to these possible financial harms,
17 research findings about one’s future medical status can, in some cases, inflict psychological or
18 social harms.

19

20 **Privacy of Medical Records**

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1

2 Health care systems increasingly rely on information technology, such as electronic
3 records, to manage and facilitate the flow of sensitive health information. These trends magnify
4 concerns about privacy of certain genetic and other medical information. Recent debates about
5 privacy of medical records and attempts to protect privacy through legislation are evidence of the
6 growing public concern about these issues.

7

8 An ongoing concern in medical care and in the protection of research subjects is the
9 potential invasion of privacy or compromise of confidentiality. Measures to provide appropriate
10 protections to both individual privacy and for the confidentiality of clinical and research data are
11 important if research is to continue. When samples are identifiable, that is, linked to the person
12 who provides them, steps must be taken to ensure protections in the collection, storage, and use
13 of the data. However, computerized medical records and large informatics databases raise
14 concerns about who has access to data (i.e., the security of these data bases) and whether or not
15 these data are linked to individual patient records. Many people distrust computer technology and
16 large, bureaucratic record keeping systems, and it is widely believed that current confidentiality
17 practices are insufficient to safeguard medical information. In addition, different cultural and
18 religious groups may have differing conceptions of what constitutes privacy or confidentiality
19 (Tri-Council, 1997).

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1 Many privacy issues can emanate from the analysis of human biological materials since the
2 information contained in these samples can affect individuals or groups of people. Moreover
3 many of the privacy concerns arise within the context of "secondary use" of the samples collected.
4 "Secondary use" means that the samples and the information derived from them are being used or
5 analyzed for purposes that extend beyond the purpose for which the specimens were originally
6 collected (Alpert, 1997). For instance, when samples are collected during surgical procedures and
7 used solely for clinical purposes, the clinical use of these specimens raise very few privacy
8 concerns (beyond concerns about the confidentiality of the medical record itself, which are by no
9 means trivial). This is because they are being examined for the primary purpose of determining
10 appropriate medical care for an individual, and because the custodian of that biological sample
11 does not allow others access to it. It is only when the use of such specimens extends beyond the
12 original clinical use that the majority of these privacy issues are raised. For example, if a sample is
13 used as part of a research study into familial linkage of a specific disease, and the family pedigree
14 is published as a result of the study, an individual might be easily identifiable even without any
15 names attached to the pedigree.

16

17 **Moral Status of Bodies and Body Parts**

18

19 There is increasing awareness in the medical and scientific communities regarding beliefs
20 about the moral status of human bodies and their parts (Andrews, 1998). The use of human

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1 biological materials in research can raise ethical and religious issues about the relationships among
2 body parts, bodies, and self-identity. However, many important ethical and religious traditions do
3 not provide clear guidance about the ways in which human tissues should be used or obtained.
4 Although there are variations among them, selected Western religious traditions offer some
5 insight about the significance of the human body and they generally favor the transfer of human
6 biological materials as gifts (Campbell, 1997). As such, human tissues would warrant some
7 measure of respect, which is the basis often expressed for restricting sales of human tissues and
8 organs. But cultural differences can be significant because of the different symbolic nature or
9 sacrality they attach to specific body parts or tissues (Campbell, 1997).

10

11 **Nature of Consent to Research Participation**

12

13 New considerations have emerged regarding both the nature of the consent to participate
14 in research protocols and disclosure of results. Informed consent is one mechanism for protecting
15 individuals from medical and research harms. It is widely accepted and expressed in federal
16 regulations that informed consent must be obtained for research projects that involve the direct
17 involvement of research subjects. Researchers are required to disclose the purpose of a study, as
18 well as potential benefits and risks, before enrolling subjects. For research involving archived
19 human biological materials, the role of informed consent has been much less clear. The use of
20 genetic and other new technologies to study human biological materials presents several

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1 problems for the consent process—particularly if the material is linked to a specific individual: 1)
2 the full research uses of the material may be unknown and unanticipated at the time of collection;
3 2) the analyses can provide information that may lead to stigmatization, discrimination, or
4 psychosocial problems for an entire category of persons defined by shared characteristics (Foster,
5 1997); and 3) the study may generate ambiguous results, tantalizing for clinical use but not really
6 ready for application (Reilly, 1980). In addition, physicians have not customarily sought patient’s
7 explicit, informed consent to permit the use of pathology samples for specific research purposes;
8 instead, permission to use stored material for other than clinical purposes has been general, that is,
9 granted with the understanding that such use is merely a possibility. Once stored, the samples
10 have been available for research, usually without the knowledge or consent of the sources,
11 particularly if unidentifiable (Merz, 1997).

12

13 According to the federal regulations governing research with human subjects (45 C.F.R.
14 46), research with stored DNA and tissue has been exempted from review by Institutional Review
15 Boards (IRBs) and from requirements for prior informed consent when:

- 16 1) the samples are existing at the time the research is proposed; and
17 2) either the sources are publicly available or information is recorded by the
18 investigator in such a manner that subjects cannot be identified, directly or through
19 identifiers linked to the subjects

20

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1 Alternatively, research with stored, identifiable samples conducted in a manner such that
2 the source of the specimen can be identified may be permitted by an IRB with a waiver or
3 modification of informed consent if *all* of the following conditions are met:

- 4 1) The research presents only minimal risk to subjects;
- 5 2) The waiver of consent will not adversely affect the rights or welfare of subjects;
- 6 3) The research could not practicably be carried out without the waiver; and
- 7 4) That subjects will be provided with information about their participation
8 afterwards, when appropriate.

9 Contention surrounds the question of who defines and determines what constitutes
10 “minimal risk.” (Merz, 1996). Some analysts believe that certain genetic research (e.g., on a
11 stigmatizing genetic predisposition to a disease, such as alcoholism or schizophrenia) surpasses
12 minimal risk and should, therefore, not qualify for expedited, nor be exempt from, IRB review
13 (Clayton, 1996). Because in such cases the perceived risks appear to be significant, many
14 observers, including some consumer and scientific groups, have called for increased attention to
15 the consent process pertaining to human DNA and tissues. (ref.)

16

17 How specific do the consent documents need to be with respect to samples collected in a
18 clinical context? How detailed should disclosure be about the intended purposes of subsequent
19 research studies with stored tissues? How much information should be provided to patients in
20 clinical settings about the possibility of post-diagnostic research on stored tissue samples? These

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1 questions are likely to have different answers depending on whether the sample has already been
2 collected or if it will be collected in the future, and whether the sample was initially taken as part
3 of medical treatment or a research protocol. It stands to reason that a person's rights and
4 interests are only truly protected if that person has some form of control over her/his removed
5 tissue, especially if it remains identifiable. That control may be best achieved by an improved
6 consent process but can rarely be absolute.

7

8 Informed consent is a process, the effectiveness of which has been widely debated, and
9 many agree can be improved. Discussions about its relative value in clinical and research settings
10 are by no means unique to genetics or the issue of human biological materials. What people are
11 told, what they understand, and what they remember when consent is sought is likely to vary as
12 much when providing DNA or tissue as when consenting to medical interventions. When human
13 biological material is stored, people may not understand, for example, that it might be used for
14 research unrelated to their own disease status. When told a sample is being kept "for research," a
15 patient may believe the samples will be used only for research related to his or her own condition.
16 Patients may not realize that federal regulations require that specimens be stored for a certain
17 length of time. In most cases, the repositories where samples are stored were designed for a
18 particular purpose, and the protocols and procedures might not have addressed issues regarding
19 access, destruction, or future uses of the materials, such as for research (Merz, 1997). Finally, the
20 use of human biological materials raises subtle but significant distinctions in the applicability of

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1 federal regulations, the review of research protocols, and obtaining consent, if the sources of
2 materials can be patients, volunteer research subjects, or cadavers. In addition, determining
3 whether a person is a patient or research subject is relevant, for example, in determining the
4 applicability of Federal regulations governing federally funded research using human biological
5 materials (OTA, 1987).

6

7 Finally, information obtained through research may have implications for families, groups,
8 and others. For example, because certain genetic research may reveal information about the
9 family and community of the person whose materials are studied, informed consent becomes more
10 complex and for some it takes on new and broader meaning. Recently, the concept of community
11 consultation in research with human subjects has received increasing attention. NBAC heard
12 testimony from the National Institute of Allergy and Infectious Diseases (NIAID) about the
13 essential nature of community involvement in NIAID's AIDS clinical trials.² Representatives of
14 the community of participants in those research studies participated in the entire research process,
15 from the formulation of ideas through the design of the studies, recruitment at a community level,
16 and the execution and analysis of the research itself. It was concluded that such participation
17 provided invaluable benefits to the research.

18

² Presentation by John Y. Killen, M.D., Director of the NIAID Division of AIDS, to NBAC on December 9, 1997.

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1 The Centers for Disease Control and Prevention (CDC) has recognized the growing role
2 of community involvement in public health initiatives, establishing a Committee for Community
3 Engagement to consider a growing body of literature reflecting the experiences of those involved
4 in engaging individuals and organizations in communities across the country. While community
5 engagement increasingly has become a basic element of health promotion, health protection, and
6 disease prevention, to date the only formalized procedures for seeking community involvement in
7 research with human subjects exist in federal regulations governing informed consent procedures
8 when research subjects are enrolled in studies under emergent circumstances. These regulations
9 pertain to: (1) research subject to regulations codified by the Food and Drug Administration
10 (FDA) and carried out under an FDA investigational new drug application (IND) or
11 investigational device exemption (IDE), (see Title 21 C.F.R. Part 50); and (2) research for which
12 the Secretary of Health and Human Services has waived the general requirements for informed
13 consent (at 45 C.F.R. 46.116(a), (b), and 46.408). The regulations provide for consultation
14 (including, where appropriate, consultation carried out by the IRB) with representatives of the
15 communities in which the research (or clinical investigation, in the case of the FDA regulations)
16 will be conducted and from which the subjects will be drawn. Moreover, public disclosure of
17 plans for the research and its risks and expected benefits is required of investigators prior to
18 initiation of the research. Finally, public disclosure of information regarding the study is required
19 following its completion.
20

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1 **Conflicting Guidance Regarding Research Use of Human Biological Materials**

2

3 There is disagreement among scientific and medical groups about the conditions that need
4 to be satisfied to ensure the ethical research use of tissues, particularly with respect to
5 requirements for IRB review, and the nature of the required consent process.

6

7 With the great promise that new scientific developments hold and the increased value and
8 importance of human biological material, comes greater responsibilities for scientists and policy
9 makers. From available public statements it seems that the scientific community often disagrees
10 about how to insure the appropriate respect for persons as well as their biological material and yet
11 to also benefit health and medical research. Within the past few years, many professional societies
12 have issued policy statements regarding their views on these issues and on the appropriate use of
13 these materials in the context of genetic research. The sheer variety of thoughtful approaches
14 suggested is an indication that consensus on how to resolve the difficult challenges that genetic
15 analysis raises has been difficult to achieve.

16

17 A stable consensus must strike a balance between the desire to increase knowledge and the
18 necessity of appropriately protecting individual interests. Some see it as a dialectic between two
19 positions. On the one hand there are those who think that emphasis should be placed on the
20 distinctive importance of personal and familial information, the right of personal choice about the

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1 use of one's body and the information inherent in the materials taken from it, and the necessity of
2 being able to exercise a measure of control over the research that can be done with one's DNA
3 and tissues. On the other hand are those who think that in an era of increasing professional and
4 legal regulations and emphasis on individual autonomy, renewed consideration must be given to
5 the invaluable and often irreplaceable research resource, the inestimable societal and individual
6 benefits that have been gained by means of biomedical research done with these samples, the
7 responsibility, explicit or implied, that an individual has to contribute to this common good, and
8 the serious threat posed to the continuation of these research efforts by unnecessarily restrictive
9 policies. In the extreme these latter opinions could lead to a certain kind of totalitarianism.

10

11 **ABOUT THIS REPORT**

12

13 In response to its original charge to consider "issues in the management and use of genetic
14 information, including but not limited to human gene patenting," NBAC formed a Genetics
15 Subcommittee to address such issues. The subcommittee met for the first time in December 1996
16 to set priorities for the upcoming year and chose initially to pursue three topics: 1) the research
17 use of human biological material; 2) genetic privacy and genetic discrimination; and 3) gene
18 patenting. The research use of human biological material was chosen as the first topic because the
19 issue is relatively well defined, clearly important, and the focus of a great deal of current interest.

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1 There are three basic premises underlying the framework of analysis used by the
2 Commission in the development of its recommendations:

3 C First, research use of human biological materials is essential to the advancement of science
4 and human health. Therefore, it is crucial that there be permissible and clearly defined
5 conditions under which such materials can be used.

6 C Second, the rapidly advancing Human Genome Project and associated technologies, and
7 the application of a molecular-based approach to understanding human disease have raised
8 new issues of autonomy and medical privacy. These issues have relevancy to all areas of
9 medical research, not solely genetic research, using human biological materials.

10 C Third, there is disagreement within the scientific community about the nature of risks to
11 individuals and levels and types of protections needed to ensure that biological samples
12 can be used in research with minimal harms for those whose materials are used.

13

14 **Framework for Analysis**

15

16 The Commission organized its assessment of the conditions under which research using
17 human biological materials should be permitted around five considerations: 1) whether the
18 samples were already collected and stored, or are to be collected in the future; 2) the conditions
19 under which the samples were/are collected (e.g., clinical versus research setting); 3) whether the
20 sample used can be linked by anyone (or any combination of people) to the donor; 4) whether the

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1 risks posed by the research affect individuals, communities, or both; and 5) the types of
2 protections that might be employed to protect against harms (specifically, coding schemes,
3 individual informed consent, community consultation, and prior review and approval by
4 Institutional Review Boards).

5

6 **Organization of the Report**

7

8 To assist it in its deliberations NBAC reviewed relevant scientific, ethical, religious, legal,
9 and policy literature, commissioned scholarly papers on several topics relevant to its tasks, and
10 invited members of the public and representatives of professional and consumer organizations to
11 provide written and verbal testimony (see Appendix B). In addition, NBAC posted staff drafts of
12 this report on its website (www.bioethics.gov) and solicited public comments.

13

14 To date, there has been a paucity of information concerning acquisition, use, and storage
15 of human biological materials; there is no central database that captures information about stored
16 samples. To assist in its review, NBAC commissioned a study to assess the magnitude and
17 characteristics of the existing archives of DNA and tissues. Chapter 2 describes what is known
18 about storage and use of such materials, including where they are stored, the size of collections,
19 and the sources and uses of the material. It also provides background on the various research

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1 uses of human biological materials and provides a schema for classifying the status of human
2 biological materials according to their linkage to the source.

3

4 NBAC believes that any set of recommendations in this area must be informed by certain
5 ethical considerations. Chapter 3 reviews several of these considerations necessary for
6 deliberations about policy for the research use of biological samples. It aims to articulate in a
7 systematic way the various kinds of moral considerations that ought to be taken into account
8 when developing policies about the collection, storage, and use of human biological materials.

9

10 Chapter 4 describes the existing federal regulations governing use of human biological
11 samples in research. When NBAC began its review of the use of human biological materials in
12 research, it was aware that a number of scientific and medical organizations had done thoughtful
13 work on the issue. A number of these organizations have developed position statements and
14 recommendations that reflected their efforts to work through the many ethical and policy issues
15 the topic raises. To gain an understanding of the range of positions that exist among
16 organizations which have carefully considered this subject, NBAC conducted a comparative
17 analysis of these statements as they applied to the issue of protections for the appropriate use of
18 human biological materials in research. This analysis is also found in Chapter 4.

19

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1 Chapter 5 synthesizes the various policy issues that emerge from the preceding chapters
2 and offers recommendations for the future.

3

4 Finally, it is important to note that the Commission valued the input from members of the
5 American public, those who are not clinicians, medical researchers, or ethical experts, regarding
6 the used of human biological materials. In addition to hearing public testimony at each of its
7 meetings on this topic, NBAC convened seven discussion forums held across the country to get a
8 sense of what some Americans believe and feel about uses of such samples, the ethical obligations
9 of those who may learn significant health risk information from the samples, and privacy
10 protections. Input from all these sources assisted the Commission as it deliberated. Findings from
11 the forums are summarized in Appendix A.

12

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