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1 **Chapter 1**

2 **Overview and Introduction**  
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5           Research using human biological material has the potential to greatly expand our  
6 understanding of human disease and to provide better means of prevention, diagnosis, and  
7 treatment. As a matter of historical record the study of such materials has been a great asset to  
8 advancing biomedical science in ways that have already benefited hundreds of thousands of  
9 individuals. Furthermore, the development of new technologies and advances in biology now are  
10 providing even more effective tools for using this resource to improve our capacity to treat  
11 disease.

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13           Moreover, these technologies are so powerful—even revolutionary—that they also hold  
14 the ability to uncover knowledge about individuals no longer alive and for those yet to be born.  
15 For example, in 1977 scientists at the University of Oxford announced that they had compared  
16 DNA extracted from the molar cavity of a 9,000-year-old skeleton, known as Cheddar Man, to  
17 DNA collected from 20 individuals in the village of Cheddar and established a blood tie between  
18 the skeleton and a schoolteacher who lived just half a mile from the cave where the bones were  
19 found. Similarly, scientists have used enzyme-linked assays to analyze tissues more than 5,000  
20 years old to track the historic spread of diseases such as malaria and schistosomiasis, obtaining  
21 knowledge that can enlighten current efforts to control infectious disease (Egyptian Mummy  
22 Tissue Bank, 1997). The same technologies can be used in persons living today to diagnose

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1 predisposition to conditions such as cancer, heart diseases, and a variety of familial diseases,  
2 which affect millions of individuals. In some cases, prevention or treatment is available once a  
3 diagnosis is made, in other cases it is not, thereby devaluing the usefulness of the diagnosis to the  
4 individual. Human biological materials also constitute an invaluable source of information for  
5 public health planning and programming, through disease surveillance, and studies of disease  
6 incidence and prevalence.

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## 8 **THE RESEARCH VALUE OF HUMAN BIOLOGICAL MATERIALS**

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10         The medical and scientific practice of storing human biological material is more than 100  
11 years old. Human biological collections, which include DNA banks, tissue banks, and  
12 repositories, vary considerably, ranging from formal repositories to the informal storage of blood  
13 or tissue specimens in a researcher's laboratory freezer. Large collections include archived  
14 pathology samples and stored cards containing blood spots from newborn screening tests (Guthrie  
15 cards). These tissue samples are stored at military facilities, forensic DNA banks, government  
16 laboratories, diagnostic pathology and cytology laboratories, university- and hospital-based  
17 research laboratories, commercial enterprises, and non-profit organizations. Archives of human  
18 biological materials range in size from fewer than 200 to more than 92 million specimens.  
19 Conservatively estimated, at least 282 million specimens (from more than 176 million individual  
20 cases) are stored in the United States, and are accumulating at a rate of over 20 million per year

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1 (see chapter 2).

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3 In this report, human biological material is defined to encompass a full range of specimens,  
4 from subcellular structures like DNA, to cells, tissues (e.g., blood, bone, muscle, connective tissue  
5 and skin), organs (e.g., liver, bladder, heart, kidney, placenta), gametes (e.g., sperm and ova),  
6 embryos, fetal tissues, and waste (e.g., hair, nail clippings, urine, feces, sweat, and shed skin  
7 cells).<sup>1</sup> The most common source of these materials is from diagnostic or therapeutic

8 interventions in which tissue or other material is taken to determine the nature and extent of a  
9 disease or diseased tissue. It is routine in these circumstances to retain a portion of the specimen  
10 even after the diagnosis is complete for future clinical medical, research, or legal purposes.

11 Specimens may also be taken during autopsies that are performed to establish the cause of death.

12 In addition, volunteers may donate blood or other tissue for transplantation or research, organs  
13 for transplantation, or they may donate their bodies after death for transplantation of organs or  
14 anatomical studies. Each specimen may be stored in multiple forms, such as slides, paraffin  
15 blocks, formalin-fixed, tissue culture, or extracted DNA. Repositories provide commercial and  
16 noncommercial laboratories with access to samples for medical and research purposes.

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18 In addition to its future clinical use, a specimen of human biological material can be used  
19 to study basic biology or disease. It can be examined to determine its normal and abnormal

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<sup>1</sup> Due to the unique and ethically complex nature of research on gametes and embryos, their use in research is not addressed in this report.

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1 attributes or it can be manipulated to develop a research tool or potentially marketable product  
2 (OTA, 1987). Just as a clinician will choose a biological sample appropriate to the medical  
3 situation at hand, a researcher's choice of tissue depends on the goals of the research project.  
4 The selected tissue can be used just once, or can be used to generate a renewable source of  
5 material, such as in the development of a cell line, a cloned gene, or a gene marker. In addition  
6 proteins can be extracted or genes isolated from specimens.

7  
8       There is substantial research value in both unidentified material (i.e., not linked to an  
9 individual and his/her medical records), and in material linked to an identifiable person and their  
10 medical record. In the former, the value to the researcher of the human biological material is in  
11 the tissue itself and often the attached medical information, not in the identity of the person from  
12 whom it came. Investigators are often interested in specific types of tissues, for example, cells  
13 from individuals with Alzheimer's disease or specific tumors. In these cases, researchers may not  
14 need the detailed accompanying medical records of the individual from whom the specimen was  
15 obtained.

16  
17       Sometimes, however, it is necessary to know the identity of the source of the sample,  
18 because the value of the material for research depends on linked medical information and the  
19 ability to obtain updated information from the medical records of the source of the sample. In  
20 some longitudinal studies, to determine the validity of a genetic marker as a predictor of disease, it

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1 might be scientifically crucial to be able to link a sample with the medical records of its source.  
2 For example, a study of late-onset Alzheimer's disease linked the presence of the disease with the  
3 apolipoprotein E allele by studying the stored tissues of 58 familial kindreds with a history of  
4 Alzheimer disease and then obtaining autopsy records of those individuals whose tissue revealed  
5 the presence of that allele (Payami, 1996).

6

7 Human biological materials also may be used for quality control in health care delivery,  
8 particularly in diagnostic and pathologic laboratories. Other uses include identification of an  
9 individual, such as in paternity testing, cases of abduction or soldiers missing in action, and  
10 forensic purposes where biological evidence is available for comparison. The advent of  
11 technologies that can extract a wide array of information from these materials, however, has  
12 increased the potential research and other uses of human biological samples that are unrelated to  
13 individual patient care.

14

15 Through the power of new DNA technologies and other new molecular techniques  
16 scientists can potentially turn to millions of stored human biological samples as sources of  
17 valuable scientific, medical, anthropological, and sociological information. This ability means that  
18 human tissue and DNA samples that have been sitting in storage banks for years even a century  
19 could be plumbed for new information to reveal something not only about the individual from  
20 whom the tissue was obtained, but possibly about entire groups of people who share genes,

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1 environmental exposures, racial, ethnic, or even geographic characteristics. Clearly the same is  
2 true for samples of such material that may be collected in the future. DNA samples—whether  
3 already stored or still to be collected—can be used to study genetic variation among people in  
4 populations, to establish relationships between genes and characteristics, such as single gene  
5 disorders, or more generally, to conduct basic studies of the cause and progression of disease, all  
6 with the long-term goal of improving human health. Indeed, currently major research efforts are  
7 underway to establish collections of human DNA for such research purposes. Perhaps the best  
8 known of these is the federally funded Human Genome Project. Now in its 10th year, this  
9 program has entered a phase of large-scale DNA sequencing, in which DNA donors are  
10 contributing to a publicly accessible database. It is expected that the entire human genome will be  
11 mapped and sequenced by 2005 (Collins, 1993).

12

### 13 **GENETIC INFORMATION**

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15 Genetic information is one form of biological or medical information. Like certain other  
16 types of medical information, genetic analyses can reveal sensitive information about an  
17 individual. Further, genetic information concerning an individual can sometimes reveal similar  
18 information about a person's relatives or entire groups of people (Knoppers, 1997).

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20 In some instances, genetic and other biological information can indicate a risk for  
21 developing certain diseases in the future (e.g., predisposition to cancer or likelihood of developing

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1 heart disease). This is also true, of course, for other types of medical information. At present,  
2 however, the detailed information contained in a person's genes is largely unknown to that  
3 person. Moreover, because DNA is stable, stored samples can become the source of increasing  
4 amounts of information as new genes are mapped (Annas, 1995). In the words of Francis Collins,  
5 Director of the National Human Genome Research Institute, "we are hurtling towards a time  
6 where individual susceptibilities will be determinable on the basis of technologies that allow your  
7 DNA sequence to be sampled and statistical predictions to be made about your future risk of  
8 illness" (NBAC transcript, October 4, 1996, pp. 129-130).

9

10 For these reasons, some observers have concluded that genetic information is a unique  
11 form of biological and medical information. They claim that its major distinguishing  
12 characteristics of genetic information are its predictiveness and its implications for individuals  
13 other than the person from which the information was derived (IOM, 1994). Gostin has  
14 suggested that "genomic" data are qualitatively different from other health data because they are  
15 inherently linked to one person (Gostin, 1995).

16

17 Others argue that genetic information is not inherently distinct from other types of medical  
18 information (Murray, 1997). First, other types of medical information may be strongly correlated  
19 with particular diseases. Moreover, infection with a virus has implications for people other than  
20 the person actually infected. Likewise, the health status of a person living in a toxic environment,

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1 such as near the Chernobyl nuclear accident site, has implications for others living in that same  
2 environment. Clearly, many of the concerns that pertain to the misuse of personal genetic  
3 information apply equally to certain other types of personal medical information.

4  
5         Nevertheless, public discourse and concern about the potential availability of personal  
6 genetic information has been intense in recent years, in part because of its early beginnings in  
7 reproductive medicine and family planning, in part because of a history of eugenics and genetic  
8 discrimination, in part because of the unknown power of these new technologies, in part because  
9 of the rapid pace of the Human Genome Project and its associated spin-offs, and in part because  
10 people may fear the lack of any protection from the misuse of this information outside the  
11 research context.

12  
13         Recently scientific and medical organizations have also dedicated a great deal of attention  
14 to the apparent access to and use of genetic information that can be derived from collections large  
15 and small, existing and to be collected, of human biological materials. The growing number of  
16 position statements and recommendations issued by scientific and medical organizations regarding  
17 the use of human biological materials in research reflects this recent focus. Their efforts to work  
18 through complex ethical and policy issues have been valuable and have provided NBAC with an  
19 understanding of the range of positions existing among such organizations.

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1 **GROWING CONCERNS ABOUT THE RESEARCH USE OF HUMAN BIOLOGICAL MATERIAL**

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3           The increasing use of genetic information about individuals has fueled a recent debate  
4 about genetic privacy and discrimination. While medical research is generally considered a public  
5 good and is vigorously supported by the American public, the power of DNA-based technologies  
6 to find an extraordinary amount of detailed information in a single cell raises the specter that  
7 information about individuals will be discovered and used without their consent and possibly to  
8 their detriment. The use of such information may result in potential loss of insurance or  
9 employment, or dramatically affect life choices (Powers 1994: 80-81). Although this type of  
10 information might also be obtained through a variety of other means, DNA analysis is the most  
11 powerful and currently the method of choice.

12

13           The cases often at the center of the debate involve single gene, highly penetrant disorders  
14 of medically severe, or socially stigmatizing natures, which are not symptomatically apparent at  
15 the time of the analysis. In the future, the majority of cases will deal with polygenic, multifactorial  
16 disease whose genetic status will, at best, provide a probabilistic estimate of the likelihood of  
17 disease manifestation. In recent years consumer, scientific and professional groups have begun to  
18 address the issues surrounding the collection and use of human biological materials. (AAMC,  
19 1997; ASHG, 1987; 1997; ACMG, 1995; HUGO, 1998; Pathologists, 1997).

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1           Media focus on highly contentious cases using biological samples, such as the use of  
2 stored neonatal blood spots for anonymous epidemiological studies of HIV prevalence, and  
3 efforts by the military to establish a DNA databank, have made the issue of research use of human  
4 biological materials a matter of increasing public concern. In the course of its deliberations,  
5 NBAC identified several trends that are contributing to the need for the consideration of a more  
6 comprehensive public policy concerning the use of these biological samples for research purposes:

- 7           • increasing public concern that personal genetic and other medical information could be  
8           used to discriminate against individuals in employment or access to benefits such as  
9           health or life insurance, or could be stigmatizing in some way;
- 10          • growing public concern about privacy of all medical records;
- 11          • increasing awareness in the medical and scientific communities regarding beliefs about  
12          the moral status of bodies and their parts;
- 13          • the emergence of new considerations regarding both the nature of consent to  
14          participate in research protocols and disclosure of results;
- 15          • disagreement among scientific and medical groups about conditions that need to be  
16          satisfied to ensure ethical research, the appropriate use of tissues, requirements for  
17          IRB review, and the nature of the required consent process.

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19 **Concerns about Discrimination and Stigmatization**

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1           There is growing recognition that human biological materials can be analyzed to ascertain  
2 significant amounts of genetic information about the person from whom the sample was obtained.

3           Thus, there is a growing concern that certain genetic and other medical information could be  
4 used to discriminate against individuals in insurance and employment and could be stigmatizing  
5 for individuals and families (Hudson, 1995; NIH-DOE Working Group, 1993).

6  
7           One particular area of concern centers on whether the information that can be obtained  
8 from human biological materials places those who donate samples at unacceptable risk. Such data  
9 might reveal, for example, information about an individual's disease susceptibility (e.g., carrying a  
10 gene that is associated with an increased risk of colon cancer or breast cancer). When there is an  
11 intervention that can be pursued to counteract the increased health risk, such as regular  
12 mammograms, dietary modification, or drug treatment, some might perceive the information  
13 worth receiving and worth the psychological and financial risks associated with the information.  
14 If, however, the analysis reveals information for which no intervention is currently available (e.g.,  
15 susceptibility to Alzheimer's disease), many individuals might perceive the risks of uncovering  
16 such information as outweighing the benefits. In any case, concern may arise when an individual  
17 did not consent, in advance, or show any interest in receiving such information. Many would  
18 agree that finding out about an adverse health status should be done knowingly and willingly since  
19 it can provoke anxiety and disrupt families, particularly if nothing can be done about it and the  
20 finding has potential implications for family members.

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Concern about insurers and employers having access to genetic information has historical bases. In the 1970s several insurance companies and employers discriminated against sickle cell carriers, even though their carrier status did not and would not affect their health. In the absence of guaranteed access to health care or laws that prevent discrimination on the basis of health status there persists a real concern that medical information may be used to deny individuals insurance or jobs (OTA, 1990; NCHGR, 1993). In a recent Harris poll, 86 percent of respondents said they were worried about health and life insurance companies or employers using genetic information to deny them coverage or jobs. In addition to these possible financial harms, research findings about one's future medical status can, in some cases, inflict psychological or social harms.

### **Privacy of Medical Records**

Health care systems increasingly rely on information technology, such as electronic records, to manage and facilitate the flow of sensitive health information. These trends magnify concerns about privacy of certain genetic and other medical information. Recent debates about privacy of medical records and attempts to protect privacy through legislation are evidence of the growing public concern about these issues.

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1           An ongoing concern in medical care and in the protection of research subjects is the  
2 potential invasion of privacy or compromise of confidentiality. Measures to provide appropriate  
3 protections to both individual privacy and for the confidentiality of clinical and research data are  
4 important if research is to continue. When samples are identifiable, that is, linked to the person  
5 who provides them, steps must be taken to ensure protections in the collection, storage, and  
6 collating of data. However, computerized medical records and large informatics databases raise  
7 concerns about who has access to data (i.e., the security of these data bases) and whether data are  
8 linked to individual patient records. Many people distrust computer technology and large,  
9 bureaucratic record keeping systems, and it is widely believed that current confidentiality practices  
10 are insufficient to safeguard medical information. In addition, different cultural and religious  
11 groups may have differing conceptions of what constitutes privacy or confidentiality (Tri-Council,  
12 1997).

13  
14           Many privacy issues can emanate from the analysis of human biological materials since the  
15 information contained in these samples can affect individuals or groups of people. Moreover  
16 many of the privacy concerns arise within the context of "secondary use" of the samples collected.  
17 "Secondary use" means that the samples and the information derived from them are being used or  
18 analyzed for purposes that extend beyond the purpose for which the specimens were originally  
19 collected. For instance, when samples are collected during surgical procedures and used solely  
20 for clinical purposes, the clinical use of these specimens raises very few privacy concerns (beyond

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1 concerns about the confidentiality of the medical record itself, which are by no means trivial).  
2 This is because they are being examined for the primary purpose of determining appropriate  
3 medical care for an individual, and because the custodian of that biological sample does not allow  
4 others access to it. It is only when the use of such specimens extends beyond the original clinical  
5 use that the majority of these privacy issues are raised.

6

## 7 **Moral Status of Bodies and Body Parts**

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9       There is increasing awareness in the medical and scientific communities regarding beliefs  
10 about the moral status of human bodies and their parts (Andrews, 1998). The use of human  
11 biological materials in research can raise ethical and religious issues about the relationships among  
12 body parts, bodies, and self-identity. However, many important ethical and religious traditions do  
13 not provide clear guidance about the ways in which human tissues should be used or obtained.  
14 Although there are variations among them, some Western religious traditions offer some insight  
15 about the significance of the human body, and they generally favor the transfer of human  
16 biological materials as gifts (Campbell, 1997). As such, human tissues would warrant some  
17 measure of respect, which is the basis for excluding human tissues and cells as possible objects of  
18 commerce. But cultural differences can be significant because of the different symbolic nature or  
19 sacrality they attach to specific body parts or tissues.

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## 1 **Nature of Consent to Research Participation**

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3           New considerations have emerged regarding both the nature of the consent to participate  
4 in research protocols and disclosure of results. Informed consent is one mechanism for protecting  
5 individuals from medical and research harms. It is widely accepted and expressed in federal  
6 regulations that informed consent must be obtained for research projects that involve the direct  
7 involvement of research subjects. Researchers are required to disclose the purpose of a study, as  
8 well as potential benefits and risks, before enrolling subjects. For research involving archived  
9 human biological materials, the role of informed consent has been much less clear. The use of  
10 genetic and other new technologies to study human biological materials presents several  
11 problems for the consent process: 1) the full research uses of the material may be unknown and  
12 unanticipated at the time of collection; and 2) the analyses can provide information that may lead  
13 to stigmatization, discrimination, or psychosocial problems for an entire category of persons  
14 defined by shared characteristics (Foster, 1997); or 3) the study may generate ambiguous results,  
15 tantalizing for clinical use but not really ready for application (Reilly, 1980). In addition,  
16 physicians have not customarily sought patients' explicit, informed consent to permit the use of  
17 pathology samples for research purposes; instead, permission to use stored material has been  
18 regarded as implied in obtaining consent for clinical purposes. Once stored, the samples have  
19 been available for research, usually without the knowledge or consent of the sources (Merz,  
20 1997).

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According to the federal regulations governing research with human subjects (45 C.F.R. 46) research with stored DNA and tissue has been exempted from review by Institutional Review Boards (IRBs) and from requirements for prior informed consent when:

- 1) the samples are existing at the time the research is proposed; and
- 2) either the sources are publicly available or information is recorded by the investigator in such a manner that subjects cannot be identified, directly or through identifiers linked to the subjects

Alternatively, research with stored, identifiable samples conducted in a manner such that the source of the specimen can be identified may be permitted by an IRB with a waiver or modification of informed consent if *all* of the following conditions are met:

- 1) The research presents only minimal risk to subjects;
- 2) The waiver of consent will not adversely affect the rights or welfare of subjects;
- 3) The research could not practicably be carried out without the waiver; and
- 4) The subjects will be provided with information about their participation afterwards, when appropriate.

Contention surrounds the question of who defines and determines what constitutes “minimal risk” (Merz, 1996). Some analysts believe that certain genetic research (e.g., on a

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1 genetic predisposition to a stigmatizing disease, such as alcoholism or schizophrenia) surpasses  
2 minimal risk and should, therefore, not qualify for expedited, nor be exempt from, IRB review  
3 (Clayton, 1996). Because in such cases the perceived risks appear to be significant, many  
4 observers, including some consumer and scientific groups, have called for increased attention to  
5 the consent process pertaining to human DNA and tissues. (ref.)  
6

7         How specific do the consent documents need to be with respect to samples collected in a  
8 clinical context? How detailed should disclosure be about the intended purposes of subsequent  
9 research studies with stored tissues? How much information should be provided to patients in  
10 clinical settings about the possibility of post-diagnostic research on stored tissue samples? These  
11 questions are likely to have different answers depending on whether the sample has already been  
12 collected or if it will be collected in the future, and whether the sample was taken as part of  
13 medical treatment or a research protocol. It stands to reason that a person's rights and interests  
14 are only truly protected if that person has some form of control over her/his removed tissue. That  
15 control may be best achieved by an improved consent process, but can rarely be absolute.  
16

17         Informed consent is a process, the effectiveness of which has been widely debated, and  
18 many agree can be improved. Discussions about its relative value in clinical and research settings  
19 are by no means unique to genetics or the issue of human biological materials. What people are  
20 told, what they understand, and what they remember when consent is sought is likely to vary as

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1 much when providing DNA or tissue as when consenting to medical interventions. When human  
2 biological material is stored, people may not understand, for example, that it might be used for  
3 research unrelated to their own disease status. When told a sample is being kept “for research,” a  
4 patient may believe the samples will be used only for research related to his or her own condition.  
5 Patients may not realize that federal regulations require that specimens be stored for a certain  
6 length of time. In most cases, the repositories where samples are stored were designed for a  
7 particular purpose, and the protocols and procedures might not have addressed issues regarding  
8 access, destruction, or future uses of the materials, such as for research (Merz, 1997). Finally, the  
9 use of human biological materials raises subtle but significant distinctions in the applicability of  
10 federal regulations, the review of research protocols, and obtaining consent, if the sources of  
11 materials can be patients, volunteer research subjects, or cadavers. In addition, determining  
12 whether a person is a patient or research subject is relevant, for example, in determining the  
13 applicability of federal regulations governing federally funded research using human biological  
14 materials (OTA, 1987).

15  
16 Finally, research information may have implications for families, groups, and others. For  
17 example, because certain genetic research may reveal information about the family and community  
18 of the person whose materials are studied, informed consent becomes more complex and takes on  
19 new meaning. Recently, the concept of community consultation in research with human subjects  
20 has received increasing attention. NBAC heard testimony from the National Institute of Allergy

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1 and Infectious Diseases about the essential nature of community involvement in NIAID's AIDS  
2 clinical trials.<sup>2</sup> Representatives of the community of participants in those research studies  
3 participated in the entire research process, from the formulation of ideas through the design of the  
4 studies, recruitment at a community level, and the execution and analysis of the research itself. It  
5 was concluded that such participation provided invaluable benefits to the research.

6  
7         The Centers for Disease Control and Prevention (CDC) has recognized the growing role  
8 of community involvement in public health initiatives, establishing a Committee for Community  
9 Engagement to consider a growing body of literature reflecting the experiences of those involved  
10 in engaging individuals and organizations in communities across the country. While community  
11 engagement increasingly has become a basic element of health promotion, health protection, and  
12 disease prevention, to date the only formalized procedures for seeking community involvement in  
13 research with human subjects exist in federal regulations governing informed consent procedures  
14 when research subjects are enrolled in studies under emergent circumstances. These regulations  
15 pertain to: (1) research subject to regulations codified by the Food and Drug Administration  
16 (FDA) and carried out under an FDA investigational new drug application (IND) or device  
17 exemption (IDE) (see Title 21 C.F.R. Part 50); and (2) research for which the Secretary of Health  
18 and Human Services has waived the general requirements for informed consent (at 45 C.F.R.  
19 46.116(a), (b), and 46.408). The regulations provide for consultation (including, where  
20 appropriate, consultation carried out by the IRB) with representatives of the communities in

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<sup>2</sup> Presentation by John Y. Killen, M.D., Director of the NIAID Division of AIDS, to NBAC on December 9, 1997.

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1 which the research (or clinical investigation, in the case of the FDA regulations) will be conducted  
2 and from which the subjects will be drawn. Moreover, public disclosure of plans for the research  
3 and its risks and expected benefits is required of investigators prior to initiation of the research.  
4 Finally, public disclosure of information regarding the study is required following its completion.

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### 6 **Conflicting Guidance Regarding Research Use of Human Biological Materials**

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8         There is disagreement among scientific and medical groups about the conditions that need  
9 to be satisfied to ensure the ethical research use of tissues, requirements for IRB review, and the  
10 nature of the required consent process.

11

12         With the great promise that new scientific developments hold and the increased value and  
13 importance of human biological material, comes greater responsibilities for scientists and policy  
14 makers. The scientific community often disagrees about how to balance the dual goals of public  
15 health and medical research and individual privacy and dignity. Within the past few years, many  
16 professional societies have issued policy statements on the appropriate use of these materials in  
17 the context of genetic research, while clinicians and bioethicists have written articles that propose  
18 very different methods of addressing these issues an indication that consensus on how to resolve  
19 the challenges that genetic analysis raises has been difficult to achieve.

20

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1           A consensus must strike a balance between the desire to increase knowledge and the  
2           necessity of appropriately protecting individual interests. Some see it as a dialectic between two  
3           positions. On the one hand there are those who think that emphasis should be placed on the  
4           distinctive importance of personal and familial information, the right of personal choice about the  
5           use of one's body and the information inherent in the materials taken from it, and the necessity of  
6           being able to exercise a measure of control over the research that can be done with one's DNA  
7           and tissues. On the other hand are those who think that in an era of increasing professional and  
8           legal regulations and emphasis on individual autonomy, renewed consideration must be given to  
9           the invaluable and often irreplaceable research resource, the inestimable societal and individual  
10          benefits that have been gained by means of biomedical research done with these samples, the  
11          responsibility, explicit or implied, that an individual has to contribute to this common good, and  
12          the serious threat posed to the continuation of these research efforts by unnecessarily restrictive  
13          policies.

14

#### 15   **ABOUT THIS REPORT**

16

17           In response to its original charge to consider "issues in the management and use of genetic  
18           information, including but not limited to human gene patenting," NBAC formed a Genetics  
19           Subcommittee. The subcommittee met for the first time in December 1996 to set priorities for the  
20           upcoming year and chose initially to pursue three topics: 1) the research use of human biological

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1 material; 2) genetic privacy and genetic discrimination; and 3) gene patenting. The research use  
2 of human biological material was chosen as the first topic because the issue is relatively well  
3 defined, clearly important, and the focus of a great deal of current interest.

4

5 There are three basic premises underlying the framework of analysis used by the  
6 Commission in the development of its recommendations:

7 X First, research use of human biological materials is essential to the advancement of science  
8 and human health. Therefore, it is crucial that there be permissible and clearly defined  
9 conditions under which such materials can be used.

10 X Second, the rapidly advancing Human Genome Project and associated technologies, and  
11 the application of a molecular-based approach to understanding human disease have raised  
12 new issues of autonomy and medical privacy. These issues have relevance to all areas of  
13 medical research, not solely genetic research, using human biological materials.

14 X Third, there is disagreement within the scientific community about the nature of risks and  
15 levels and types of protections needed to ensure that biological samples can be used in  
16 research with minimal harms for those whose materials are used.

17

## 18 **Framework for Analysis**

19

20 The Commission organized its assessment of the conditions under which research using

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1 human biological materials should be permitted around five considerations: 1) whether the  
2 samples were already collected and stored, or are to be collected in the future; 2) the conditions  
3 under which the samples were/are collected (e.g., clinical versus research setting); 3) whether the  
4 sample used can be linked by anyone to the donor by the information provided with the sample; 4)  
5 whether the risks posed by the research affect individuals, communities, or both; and 5) the types  
6 of protections that might be employed to protect against harms (specifically, coding and  
7 encryption schemes, individual consent, community consultation, and prior review and approval  
8 by Institutional Review Boards).

9

## 10 **Organization of the Report**

11

12 To assist it in its deliberations NBAC reviewed relevant scientific, ethical, religious, legal,  
13 and policy literature, commissioned scholarly papers on several topics relevant to its tasks, and  
14 invited members of the public and representatives of professional and consumer organizations to  
15 provide written and verbal testimony (see Appendix B). In addition, NBAC posted staff drafts of  
16 this report on its website ([www.bioethics.gov](http://www.bioethics.gov)) and solicited public comments.

17

18 To date, there has been a paucity of information concerning acquisition, use, and storage  
19 of human biological materials; there is no central database that captures information about stored  
20 samples. To assist in its review, NBAC commissioned a study to assess the magnitude and

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1 characteristics of the existing archives of DNA and tissues. Chapter 2 describes what is known  
2 about storage and use of such materials, including where they are stored, the size of collections,  
3 and the sources and uses of the material. It also provides background on the various research  
4 uses of human biological materials and provides a schema for classifying the status of human  
5 biological materials according to their linkage to the source.

6

7 NBAC believed that any set of recommendations in this area must be informed by certain  
8 ethical considerations. Chapter 3 reviews several of these considerations necessary for  
9 deliberations about policy for biological samples. It aims to articulate in a systematic way the  
10 various kinds of moral considerations that ought to be taken into account when developing  
11 policies about the collection, storage, and use of human biological materials.

12

13 Chapter 4 describes NBAC's interpretation of the existing federal regulations governing  
14 use of human biological samples in research. When NBAC began its review of the use of human  
15 biological materials in research, it was aware that a number of scientific and medical organizations  
16 had done thoughtful work on the issue. A number of these organizations have developed  
17 position statements and recommendations that reflected their efforts to work through the many  
18 ethical and policy issues the topic raises. To gain an understanding of the range of positions that  
19 exist among organizations which have carefully considered this subject, NBAC conducted a  
20 comparative analysis of these statements as they applied to the issue of protections for the

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1 appropriate use of human biological materials in research. This analysis is found in Appendix D.

2

3 Chapter 5 synthesizes the various policy issues that emerge from the preceding chapters  
4 and offers recommendations for the future.

5

6 Finally, it is important to note that the Commission valued the input from members of the  
7 American public, those who are not clinicians, medical researchers, or ethical experts, regarding  
8 the used of human biological materials. In addition to hearing public testimony at each of its  
9 meetings on this topic, NBAC convened six discussion forums held across the country to get a  
10 sense of what some Americans believe and feel about uses of such samples, the ethical obligations  
11 of those who may learn significant health risk information from the samples, and privacy  
12 protections. Input from all these sources assisted the Commission as it deliberated. Findings from  
13 the forums are summarized in Appendix A.

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